OTTAWA ORTHOPAEDICS QUARTERLY

Let us *Move* You!
Notre vie n'est que *mouvement*!

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"Learn from yesterday, live for today, hope for tomorrow"

~Albert Einstein



Steven R. Papp MD MSc FRCSC
Head, Division of Orthopaedic Surgery
University of Ottawa

As I reflect on our division, I certainly see a very strong past that has been the building blocks of today. If we consider our trainees and our new surgeons, I have no doubt our future looks bright.

I think this is a fitting quote as we just celebrated the 60th birthday of the Division of Orthopaedic Surgery. At our recent annual Hans K. Uhthoff Research Day, it was great to hear from one of our most generous alumni, ***Dr. Don Johnson***, as he reflected on the many "giants" from our past. It was truly a great evening to celebrate. I want to send a very special message to ***Johanne Samson*** who will be retiring at the end of this year. Thank you so much for taking care of all of us Johanne! Enjoy your retirement!

In this edition of our newsletter, I want to acknowledge all the great accomplishments of our division over the past few months. Congratulations to Dr. ***Braden Gammon*** on receiving the Jacques Robichon Award for Exemplary Service in our division. You will see of course many other award winners listed below which acknowledge many individuals and their dedication to our division. Our annual Uhthoff day was a great evening celebrating our graduates. Congratulations to ***Dr. Zoe Mack*** for being awarded the top research prize.

Recognition of our surgeons comes in many forms, but academic promotion is a true accomplishment. Congratulations to ***Dr. George Grammatopoulos*** and ***Dr. Geoffrey Wilkin*** on their academic promotions this year. As you are all aware, our research machine continues to impress. Our research team, including ***Katie McIlquham***, ***Meaghan Dufresne*** and ***Kaitlyn Chambers***, are a key to the success of this program. Their creativity shined when their collaboration earned them the ***Most Clinically Impactful Project Award*** at the "Cosmos Datathon". I want to thank them for their dedication to our division. Our division has of course many other research accomplishments to celebrate.

As I informed everyone at this month's Grand Rounds, I will be stepping down as Division Head in the very near future to explore a new opportunity. It has been an absolute privilege to work in this role and represent the unbelievably talented people in our division. In particular, I want to thank ***Dr. Geoffrey Dervin and Dr. Paul Beaulé*** for their insight, ***Dr. Peter Lapner, Dr. Karl-André Lalonde and the Executive Committee members*** for their support during my time as Division Head. It was personally a fulfilling five years for me. I am very hopeful and excited for the future. I know the best is yet to come!

The annual Hans K. Uhthoff Research Day was held on May 15, 2026 with Visiting Professor Dr. Laurie Hiemstra from Banff Sport Medicine Clinic

We welcomed medical students, residents, fellows, faculty and alumni to the Civic Amphitheatre for our annual Hans K. Uhthoff Research Day.

Dr. Hiemstra is a Fellowship trained orthopaedic surgeon working in Banff, Canada. She holds a Clinical Professor appointment at the University of Calgary. Her clinical focus is on patellofemoral instability and ACL reconstruction.

Dr. Hiemstra made history as the first woman to serve as President of the Canadian Orthopaedic Association (2022-2023). She has published over 80 peer-reviewed papers and is a national and international speaker.



From left to right: Dr. Hesham Abdelbary, Alumna Dr. Meaghan Marien, Dr. Robert Feibel, Visiting Professor Dr. Laurie Hiemstra, Dr. Magdalena Tarchala, Division Head Dr. Steven Papp, Program Director Dr. Kevin Smit, Dr. Manisha Mistry, Dr. Ebrahim Alawadhi, Dr. Abdulaziz AlDakhil

"Hans K. Uhthoff Research Day Highlights"

Our congratulations to all winners!

Resident Best Paper - First Prize: Dr. Zoe Mack

"Thumb TMC Arthroplasty: A Biomechanical Study of Optimal Cup Positioning"



From left to right: Program Director Dr. Kevin Smit, Dr. Zoe Mack,
Director of Resident Research Dr. Brad Meulenkamp, Visiting Professor Dr. Laurie Hiemstra

Resident Best Paper - Second Prize: Dr. John Peter Bonello

"Postoperative Opioids Following Ambulatory Orthopaedic Fracture Surgery: Are We Overprescribing?"



From left to right: Program Director Dr. Kevin Smit, Dr. John Peter Bonello,
Visiting Professor Dr. Laurie Hiemstra, Director of Resident Research Dr. Brad Meulenkamp

Resident Best Paper – Third Prize: Dr. Emmitt Hayes

"Use of Patient Reported Outcomes and Performance Based Outcomes in Hip Arthroplasty – Are There Different Recovery Trajectories between Hip Resurfacing and Total Hip Arthroplasty?"

"Value of MRI in Predicting Labral Management in Patients Undergoing Peri-Acetabular Osteotomy for Dysplasia"

"Advanced Statistic, Pitch Tracking, and Machine Learning Prediction of Ulnar Collateral Ligament Ruptures in Major League Baseball Players"



From left to right: Program Director Dr. Kevin Smit, Dr. Emmitt Hayes,
Visiting Professor Dr. Laurie Hiemstra, Director of Resident Research Dr. Brad Meulenkamp

Fellow Best Paper – First Prize: Dr. Jonas Declercq

"Influence of Dynamic Spinopelvic Parameters on Outcome Scores in Total Hip Arthroplasty"



From left to right: Program Director Dr. Kevin Smit, Dr. Jonas Declercq,
Director of Resident Research Dr. Brad Meulenkamp, Visiting Professor Dr. Laurie Hiemstra

Fellow Best Paper – Second Prize: Dr. Ahmed Alghamdi

"Preoperative Bone Optimization with Bisphosphonates Reduces the Local Fragility Index in Pediatric Neuromuscular Scoliosis: A Retrospective Comparative Cohort Study."



From left to right: Program Director Dr. Kevin Smit, Dr. Ahmed Alghamdi, Director of Resident Research Dr. Brad Meulenkamp, Visiting Professor Dr. Laurie Hiemstra

Best Poster – Dr. Khaled Skaik

"Achilles Tendon Ruptures in National Football League Players: Return to Play and Performance Impact"



Gala and Awards Ceremony for Graduating Residents

Following the research day, we held a wonderful evening of celebration to mark the graduation of our 5th year residents, recognize research prize winners and celebrate the 60th anniversary of our division. The evening featured highlights of faculty achievement, ongoing research, and our fellowship program.



From left to right: Dr. Karl-André Lalonde, Graduating Residents Dr. Erik Locke, Dr. Nicholas Nucci, Dr. Nicholas Tubin, Dr. Emmitt Hayes, Dr. Zachary DeVries, Dr. Kenneth Lukas, Program Director, Dr. Kevin Smit





Jacques Robichon Award for Exemplary Service in Orthopaedic Care: Dr. Braden Gammon



Dr. Steven Papp and Dr. Braden Gammon

Anatomy Cup: Dr. Emmitt Hayes



Dr. Emmitt Hayes and Dr. Kevin Smit

Staff Teaching Award: Dr. Geoffrey Wilkin



Dr. Steven Papp, Dr. Geoffrey Wilkin, Dr. Kevin Smit

Fellow Teaching Award: Dr. Cameron Elgie



Dr. Brad Meulenkamp, Dr. Karl-André Lalonde, Dr. J Pollock, Dr. Cameron Elgie, Dr. Wade Gofton

Resident Teaching Award: Dr. Matthew Macciacchera



Dr. Kevin Smit and Dr. Matthew Macciacchera

Let Us Move You Award

Orthopaedic Surgical Education Team

"To a group of individuals who have contributed to improving patient care and quality, education and/or research as part of our University of Ottawa Orthopaedic Program."



Dr. Kevin Smit, Nadia Campolo, Sylvia Behrens, Dr. Steven Papp

Absent: Laura Gerridzen, Kayla Hyndman, Christine Seabrook, Taryn Thibault

Merv Letts Award for Scholarly Achievement

Dr. Zachary DeVries, Dr. Emmitt Hayes, Dr. Hamid Nessek



Dr. Emmitt Hayes, Dr. Kevin Smit, Dr. Zachary DeVries



Dr. Hamid Nessek

Andry Nicholas Sports Award: Dr. Benjamin Raymond



Dr. Benjamin Raymond and Dr. Kevin Smit

Recognition of Senior Administrative Assistants

Johanne Samson – 14 years of service

Executive Administrator



Dr. Steven Papp, Johanne Samson, Dr. Joel Werier, Dr. Paul Beaulé

Sherri Nugent (CHEO)

7 years of service

Administrative Assistant to Drs. Carsen, Kerrigan, Seth and Tarchala



Ashley West

4 years of service

Administrative Assistant to Drs. Matache and Pickell



Melanie Hall

3 years of service

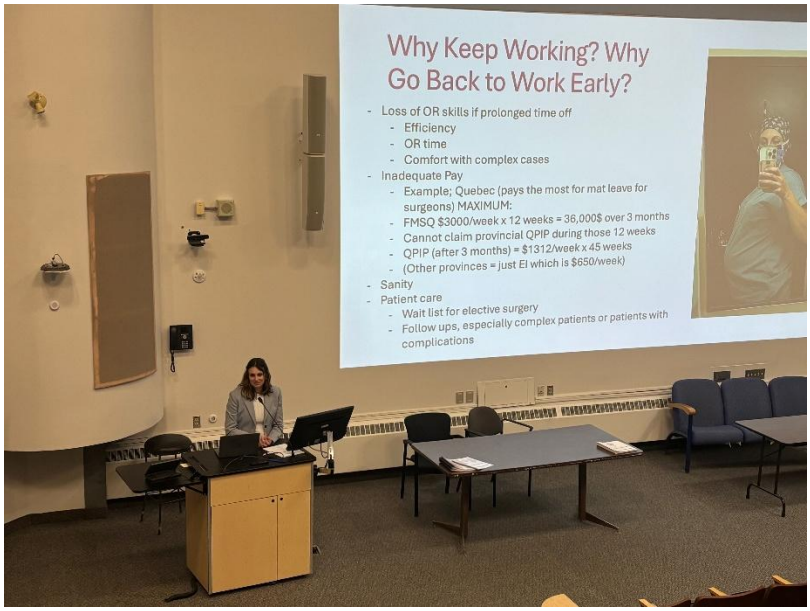
Administrative Assistant to Drs. Dervin and Garceau





The 4th Edition of the Ottawa Orthopaedics Alumni Update was held on May 16, 2026 followed by our annual Ottawa Orthopaedic Open Golf Tournament

We thank our co-chairs ***Dr. Manisha Mistry and Dr. J Pollock*** for a very successful event and our alumni speakers, ***Dr. Laurie Hiemstra, Dr. Alexandra Bunting, Dr. Alan Giachino, Dr. Meaghan Marien, Dr. Meaghan Rollins*** and faculty members ***Dr. Paul Beaulé, Dr. Karl-André Lalonde, Dr. James Jarvis, Dr. George Grammatopoulos and Dr. Philippe Phan*** for their participation.



Dr. Alexandra Bunting

The Ottawa Orthopaedic Open Golf Tournament was held at the Gatineau Golf and Country Club

The golf outing offered a chance to reconnect with colleagues and enjoy some friendly competition outside the hospital. Thank you to everyone who joined us and helped make the day a success.



The Department of Surgery's Collins Research Day was held on May 22, 2026

Dr. Zoe Kerhoulas received one of the ***Farid Shamji Awards for Outstanding Resident*** **Teacher**.

Dr. Stephanie Antoniades was awarded the ***Graeme Barber Best Clinical Research Presentation*** for her project titled "*The Use of Indwelling vs Intermittent Catheterization in Hip Fracture Patients – A Pilot Feasibility Randomized Control Study*"

Congratulations to all!



Dr. Zoe Kerhoulas



Dr. Stephanie Antoniades

6th Annual Michael Cochran Softball Memorial Cup took place on September 3, 2026 at the Brewer Park Baseball Diamond

"It was a difficult battle but the staff team was victorious as expected" said Dr. Matthew Coyle. It was a fun afternoon with some post-game great conversation over food.





First Canadian Cosmos Datathon held at The Ottawa Hospital on June 5, 2026

Teams were asked to prepare and present a project using Cosmos data over the one-day workshop.

Several members of the ortho research team, ***Katie McIlquham, Meaghan Dufresne, and Kaitlyn Chambers***, attended the workshop and teamed up with ***Dr. Yuqi Gu*** (anesthesia) to prepare a project that won the award for Most Clinically Impactful Project titled *"Hip Fractures: Impact of Peripheral Nerve Blocks on Patient Outcomes in Elderly Population"*.



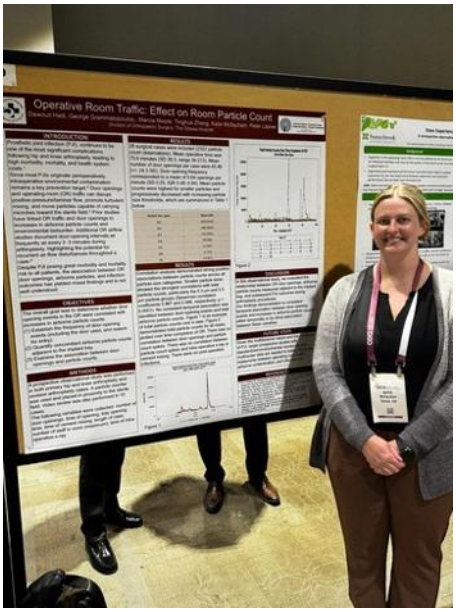
From left to right: Kaitlyn Chambers, Meaghan Dufresne, Dr. Yuqi Gu, Katie McIlquham

Canadian Orthopaedic Association Annual Meeting was held from June 10-13, 2026 in St. John's, Newfoundland

The meeting brought together orthopaedic surgeons, researchers and trainees from across Canada to share research, discuss advances in care and connect with colleagues across the profession.

Congratulations to all surgeons who were selected to present 17 posters, 11 podium presentations, 4 rapid-fire presentations and chosen to participate in 3 symposiums, one workshop and one instructional course lecture (ICL).





Katie McIlquham



Dr. Nagi Mikhail, Dr. Blake Power, Dr. John Peter Bonello

New Website for Implant-Associated Infection Work

Did you know that we now have a new website for the IMPLANT Program, a translational research initiative led by ***Dr. Hesham Abdelbary***? The focus is on improving the prevention, diagnosis, and treatment of implant-associated infections.

The website address is: www.impact-program.ca.



"Developing and translating innovative research into new ways to prevent, diagnose and treat implant-associated infections is critical to improving patient care, clinical outcomes and quality of life"
– Dr. H. Abdelbary



Drs. Pollock, Feibel, Kim and Lalonde attended the 4th Edition of Current Trends in Orthopaedics in Alsace, France from September 27 to October 3, 2026.

They are already looking forward to the next one in Puglia, Italy in 2028 and encourage all to sign up for this fantastic event!

5th Annual Ottawa Musculoskeletal (MSK) Research Symposium took place on October 23, 2026

A successful MSK research symposium was held at The Ottawa Hospital General Campus bringing together researchers, clinicians, and trainees.

The event featured a wide range of research from across the University of Ottawa, Carleton University, CHEO, and the Ottawa Hospital Research Institute (OHRI), highlighting the exciting work happening across Ottawa's MSK research community.

This year's invited guest speaker was ***Dr. Timothy Wright***, an internationally recognized scientist who has spent his career at the Hospital for Special Surgery (HSS) in New York. Working closely with surgeons and engineers, Dr. Wright has focused on research and development to improve care for patients with orthopaedic conditions. His talk, "*Translational Research in a Specialty Hospital: The HSS Department of Biomechanics*," explored the role of translational research in connecting engineering, science, and clinical practice to improve patient care.

The symposium featured 24 abstracts and presentations on a variety of MSK-related topics, along with talks from:

Dr. Jean-Philippe St-Pierre, University of Ottawa
"*Exploring the Potential of EVs for Drug Delivery into the Joint*"

Dr. Allison Clouthier, University of Ottawa
"*Assessing Dynamic Patellofemoral Function Through Advanced Imaging and Personalized Models*"

Dr. Husein Moloo, The Ottawa Hospital
"*Planetary Health and Research"*

Dr. Andrew Seely, The Ottawa Hospital
"*Bringing AI-Based Monitoring to the Bedside: Tribulations and Trials*"

A highlight of the day was recognizing the outstanding research presented through the symposium's abstract and oral presentation competition.

Congratulations to this year's winners:

First Prize: Ahona Deb

Supervisor: Dr. Kevin Smit, CHEO

"*Does Failed Vertebral Body Tethering Compromise Subsequent Posterior Spinal Fusion?"*

Second Prize: Meaghan Dufresne

Supervisor: Dr. Patrick Ippersiel, University of Ottawa

"*Can a Single Inertial Measurement Unit Characterize Recovery Following Total Hip Arthroplasty*?"

Third Prize: John Peter Bonello

Supervisor: Dr. Simon Garceau, The Ottawa Hospital

"*Orthopaedic Patient Research Recruitment: In-Clinic Recruitment Methods Are More Effective Compared to Out-of-Clinic Methods*"

Thank you to our invited speaker, presenters, abstract award winners, and everyone who helped make the 5th annual Ottawa MSK Research Symposium a success. It was a great opportunity to connect with colleagues, learn about new research, and celebrate the strength of MSK research across Ottawa.



Mario Lamontagne PhD, Guest Speaker Timothy Wright PhD, Dr. George Grammatopoulos, Dr. Peter Lapner



Guest Speaker Timothy Wright PhD, Kaitlyn Chambers, Dr. George Grammatopoulos, Mario Lamontagne PhD, Dr. Peter Lapner



Guest Speaker Timothy Wright PhD, Ahona Deb, Dr. George Grammatopoulos, Dr. Peter Lapner, Mario Lamontagne PhD



Hawkesbury Robotic Arm profiled by CBC Radio

The Hawkesbury and District General Hospital is advancing its surgical program with the addition of a robotic surgical arm. The hospital hopes the technology will help in continuing to develop its surgical practices and remain competitive. This innovative technology enhances surgical precision and consistency, directly reducing postoperative pain and inflammation, and supporting improved patient recovery.

Watch Radio-Canada's report for a closer look at the new equipment.

CANADIAN ARMED FORCES CORNER WITH CDR. CHRISTOPHER KENNEDY



Promotion of Major Alenko Šakanović

Major Šakanović was promoted to Lieutenant Colonel on September 18, 2026 by Colonel Paul Charlebois at the Canadian Forces Health Services Centre Ottawa.

Bravo Zulu to LCol Šakanović! Well deserved!



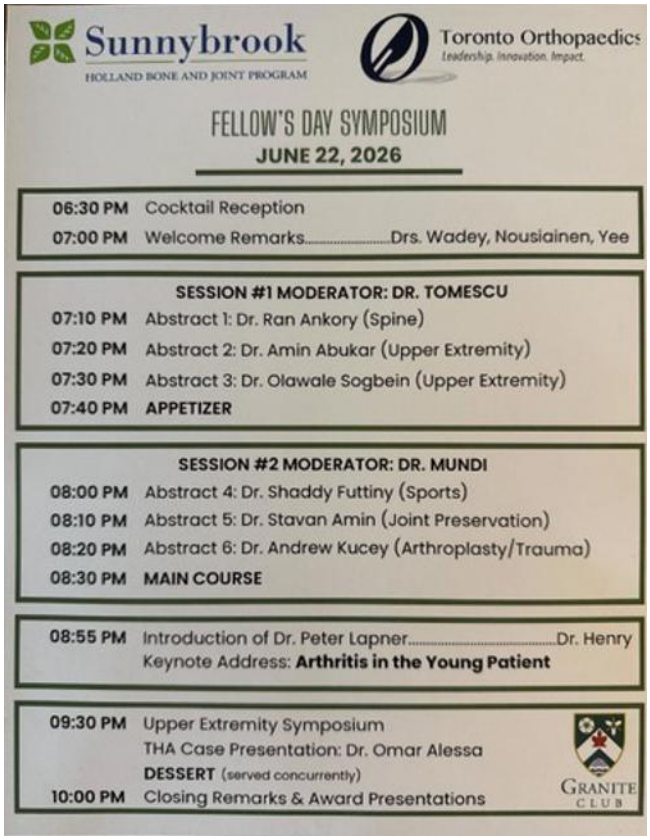
Colonel Paul Charlebois, Lieutenant Colonel Alenko Šakanović



Dr. Lapner attended the University of Toronto research day

Dr. Peter Lapner served as Visiting Professor at the University of Toronto's annual Fellows' Research Day.





Our congratulations to the following faculty members on their promotions



Dr. Geoffrey Wilkin MD, FRCSC
Associate Professor of Surgery



George Grammatopoulos MBBS, DPhil (Oxon), MRCS, FRCS (Tr & Orth)
Professor of Surgery

We would like to extend a warm welcome to our three new faculty members



Dr. Nuno Alves Batista

Spine Surgeon



Dr. Marie Claude Magnan

MSK Oncology Surgeon



Dr. Taylor Woolnough

Trauma Surgeon

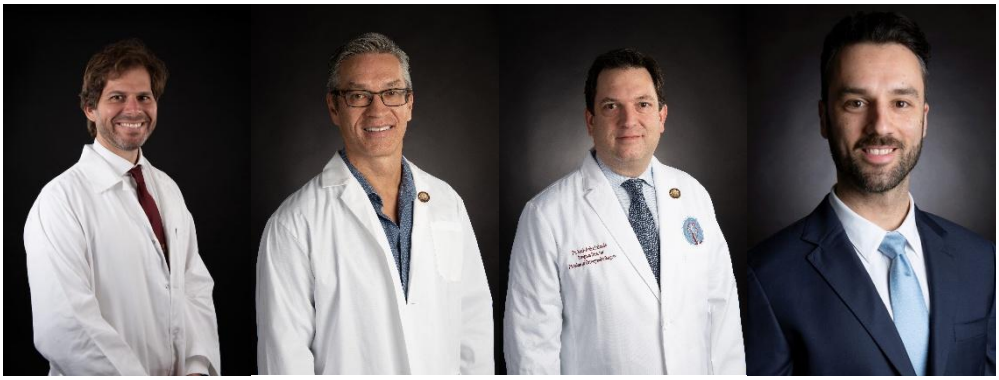
Gratitude Award Program

We would like to acknowledge the following faculty members who exemplified excellent care for their patients and received a Gratitude Award in the last year.

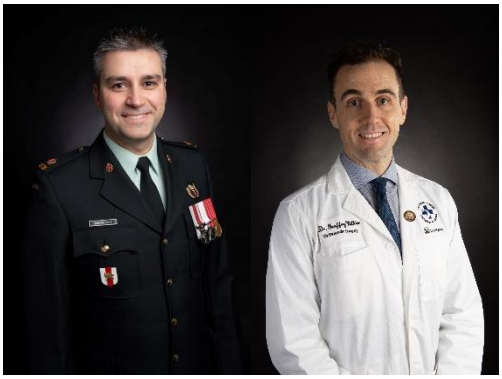
Keep up the great work everyone!



Dr. Hesham Abdelbary *Dr. Geoffrey Dervin* *Dr. Robert Feibel* *Dr. Simon Garceau*



Dr. George Grammatopoulos *Dr. Paul Kim* *Dr. Karl-André Lalonde* *Dr. Bogdan Matache*



Dr. Alenko Šakanović *Dr. Geoffrey Wilkin*

Foot and Ankle Visiting Professor
Dr. Warren Latham, Scarborough Health Network
April 30, 2026



Shoulder and Elbow Visiting Professor
Dr. Ivan Wong, Dalhousie University
June 4, 2026

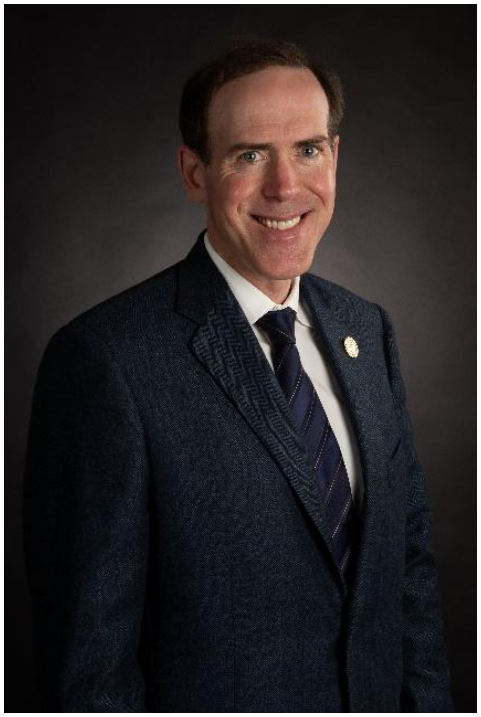


First row from left to right: Dr. Zoe Mack, Dr. Tanya Cierson, Dr. Karen Jiang, Visiting Professor Dr. Ivan Wong, Dr. J Pollock, Dr. Steven Papp, Dr. Peter Lapner

James P. McAuley Adult Reconstruction Visiting Professor
Dr. James Howard, Western University
October 21, 2026



First row from left to right: Dr. Anna-Lee Pilicicchio, Dr. Robert Feibel, Dr. Alexandra Marshall, Dr. Abigail Bowley, Dr. Zoe Mack, Dr. Paul Kim, Dr. Karen Jiang, Visiting Professor Dr. James Howard, Dr. Tanya Cierson, Dr. Zoe Kerhoulas, Dr. Sophie Zarb, Dr. Geoffrey Dervin

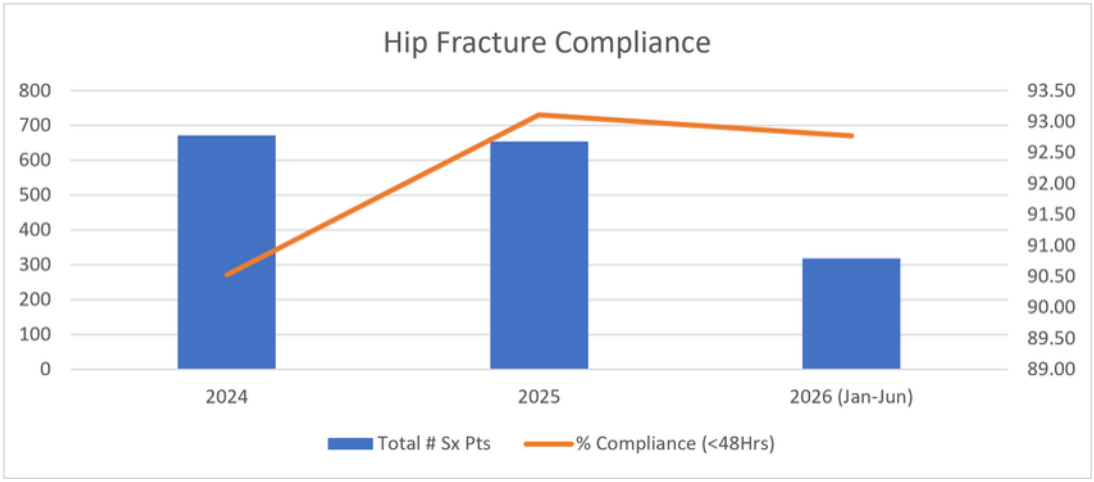


The Division of Orthopaedic Surgery continues to strive for world class patient care, with Patient Safety and Quality Improvement at the forefront.

Several initiatives are underway to ensure continuous quality improvement. Key highlights are listed below:

Hip Fracture Compliance

Surgery < 48 hours update: We are currently at 92.8% (data up until June 2026) and are performing in the top tier of Canadian academic hospitals for this metric. We will continue to review this annually to ensure we are not only meeting but exceeding the national standard.



Venous Thromboembolism Prophylaxis in Hip Fracture Patients Update

Hip fracture post-operative anticoagulation has been standardized based on an SOP we developed in 2025 with pharmacy and thrombosis. Regular audits are ongoing to ensure consistency and compliance with the SOP.

Medication Errors and Reconciliation on Admission

It is of utmost importance that we ensure accurate verification and ordering of home medications for our patients. If home medications cannot be verified, we have been referring patients to pharmacy as a backstop. We have added clear documentation to our handoff tool in the EMR as well as the consult notes to ensure clear communication within our team as well as with collaborators.

VTE Prophylaxis in Non-Hip Fracture Trauma Patients

We are updating and standardizing VTE prophylaxis across all non-hip fracture trauma patients. We are working closely with colleagues in Thrombosis, Pharmacy, Trauma, Anesthesia, and Emergency. The TRiP Cast score is a validated tool used to calculate thrombosis risk. We will be instituting the score to help guide appropriate prophylaxis for at-risk patients.

Prosthetic Joint Infections: Role of Glycemic Control

We are currently investigating the role of perioperative glycemic control on patients with elevated A1C. Given the increased risks of wound complications and prosthetic joint infections with associated increases in healthcare costs in patients with diabetes undergoing total joint arthroplasty, it is essential to better understand whether perioperative glycemic control mitigates the risk of infection in patients with elevated A1C. Once completed, this study will inform a future QI initiative to further decrease the risk of prosthetic joint infections in our patients.

Congratulations to ***Dr. Hesham Abdelbary and Mariam Taha PhD*** on their recent FRONT PAGE publication in JBJS titled *"Harnessing the Biologic Power of Bacteriophages to Improve the Treatment of Periprosthetic Joint Infection. Barriers and Future Directions"*.



PUBLICATIONS

1: **Outcomes of Conservative Versus Surgical Treatment of Adolescent Pelvic and Hip Avulsion Fractures: A Systematic Review and Meta-Analysis.**
Author(s): Molina LL, Block AM, **Carsen S,** Crepeau AE, Stavinoha TJ, Chau MM, Nepple JJ
PRiSM Hip Research Interest Group.J Pediatr Orthop. 2026 May 6. doi: 10.1097/BPO.0000000000003305. Online ahead of print. PMID: 42084198.

2: **Fragility Fractures of the Pelvis in the Elderly: Protocol for an International Prospective Multicentre Observational Cohort Study.**
Author(s): Rommens PM, Joeris A, Boudissa M, Della Rocca GJ, Fang C, Hartel MJ, Ijpma FF, Link BC, Nasir A, Pieroh P, Shiota N, **Wilkin G,** Wagner D.
BMJ Open. 2026 Sep 17;16(9):e120446. doi: 10.1136/bmjopen-2026-120446. PMID: 42754272 Free PMC article.

3: **Radiological Diagnosis of Suspected Scaphoid Fractures in Children: A Systematic Review**
Author(s): Chen MX, Lamanna D, Livock H, **Smit K, Carsen S,** Cheung K.
Plast Surg (Oakv). 2025 Mar 21;34(2):245-252. doi: 10.1177/22925503251322521. eCollection 2026 May. PMID: 40130002. Free PMC article..

4: **Rivaroxaban Then Aspirin vs. Aspirin Alone after Total Hip or Knee Arthroplasty.**
Author(s): Shivakumar S, Matino D, Zukor D, Kahn SR, Vincent G, Mundi R, Vendittoli PA, Refaei M, Bohm E, Tanzer M, Pelet S, Richardson G, Powell J, Ikesaka R, Douketis J, Ward S, **Kim P**, Mann S, Pleasance S, Cormier J, Andreou P, Matheson K, Theriault C, West C, Anderson D, Gross PL; EPCAT III Trial Investigators.N.
Engl J Med. 2026 Jul 12. doi: 10.1056/NEJMoa2603649. Online ahead of print. PMID: 42437501.

5: **Survivorship of Femoroacetabular Impingement Surgery at Mean 10-Year Follow-up: A Prospective, Multicenter Cohort Study.**
Author(s): Nepple JJ, Hood H, Kim YJ, **Beaulé P**, Sierra R, Millis M, Robben Z, Drain C, Clohisy JC; ANCHOR Study Group.
J Bone Joint Surg Am. 2026 Jun 3;108(11):860-866. doi: 10.2106/JBJS.25.01341. Epub 2026 Apr 13. PMID: 41973826.

6: **Lateral Extra-articular Procedures Decrease Rates of Graft Failure and Positive Pivot Shift in Primary Anterior Cruciate Ligament Reconstruction: A Systematic Review and Meta-Analysis.**
Author(s): Macciacchera M, Nucci N, Hayes E, Zhang T, **Pickell M, Matache BA.**
Arthroscopy. 2026 Sep;42(9):1810-1821. doi: 10.1002/arj.70413. Epub 2026 Jul 21. PMID: 42478643.

7: **Fibrin-Based Scaffold Augmentation During Meniscal Repair May Enhance Healing and Functional Outcomes: A Systematic Review**
Author(s): Skaik K, Kahlon H, Bouchard MD, Vivekanantha P, Belzile EL, **Matache BA**, Abouali J**.**
AM J Sports Med. 2026 Jun3;54(12):3635465261440395. doi: 10.1177/03635465261440395. Online ahead of print.

8: **To Fix or Replace? A Systematic Review and Meta-Analysis on Surgical Management of Acetabular Fractures in the Elderly.**
Author(s) Brady TT, Bera SR, **Grammatopoulos G**, Adamczyk AP.
J Arthroplasty. 2026 Jun;41(6):1913-1923. doi: 10.1016/j.arth.2025.10.029. Epub 2025 Oct 17. PMID: 41106706.

9. **Prolonged Symptom Duration is Associated With Inferior Quality of Life Outcomes After Surgery for Degenerative Cervical Myelopathy: A Multicenter Cohort Study From the Canadian Spine Outcomes and Research Network.**
Author(s): Levett JJ, McIntosh G, Dea N, Evaniew N, Urquhart JC, Cadotte DW, **Phan P**, Attabib N, Jacobs WB, Paquet J, Christie SD, Wang Z, Nataraj A, Hall H, Manson N, Glennie RA, Bailey CS, Fisher CG, Rampersaud RY, Weber MH.
Spine (Phila Pa 1976). 2026 May 15;51(10):684-691. doi: 10.1097/BRS.0000000000005506. Epub 2025 Sep 17. PMID: 40960045.

10: **Outcome of Patients With Mild Degenerative Cervical Myelopathy Treated Nonoperatively: An Observational Study From the Canadian Spine Outcome and Research Network**
Author(s): Kögl N, Evaniew N, McIntosh G, Jacobs WB, Cadotte DW, Paquet J, Wilson JR, Hall H, Singh S, Weber MH, Nataraj A, Attabib N, Rampersaud RY, **Phan P**, Christie SD, Fisher CG, Small C, Bailey CS, Manson N, Wang Z, Glennie A, Soroceanu A, Dea N.
Neurosurgery. 2026 Jul 1;99(1):60-67. doi: 10.1227/neu.0000000000003803. Epub 2025 Oct. 15. PMID: 41090907.

11: **Femoral Nerve Palsy in Brace Treatment for Developmental Dysplasia of the Hp : Incidence and Outcomes in a Prospective International Cohort.**
Author(s): Schaeffer EK, Wang AWT, Hu J, Nguyen V, Sankar WN, Williams N; Global Hip Dysplasia Study Group; Mulpuri K, Aarvold A,
Aroojis A, Bade D, Bavan L, Benaroch T, Castañeda P, Clarke N, Dodwell E, Donnan L, Dulai S, Gardner R, Grigoriou E, Herrera-Soto J. Hopper N, Jaremko J, Kelley S, Kim H, Krishnamoorthy V, Matheney T, Mulpuri K, Patwardhan S, Price C, Pun S, Reidy M, Sahu C, Sankar W, Schaeffer E, Shah H, **Smit K**, Thacker M, Upasani S, Williams N, Yihua G, Zhang Z.
Bone Joint J. 2026 Jun 1;108-B(6):840-846. doi: 10.1302/0301-620X.108B6.BJJ-2025-1550.R1. PMID: 42219184.

12: **Social and Economic Factors and Disparities in Pediatric Trauma Care: A Systematic Review and Meta-Analysis.**
Author(s): Gnanvi JE, Freire G, Yanchar N, Beaulieu E, Tardif PA,
Adadja J, Bérubé M, Macpherson A, Pike I, Zemek R, Gagnon I
Carsen S, Gabbe B, Gnanou S, Duval C, Moore L.
Acad Pediatr. 2026 Apr;26(3):103185. doi: 10.1016/j.acap.2025.103185. Epub 2025 Nov 12. PMID: 41238112.

13: **Minimal and Substantial Improvement Thresholds for Oxford Scores Following Primary Hip and Knee Replacement Based on Patient Satisfaction.**
Author(s): Valsamis EM, Dufresne M, Chambers K, **Lapner P, Beaulé P, Grammatopoulos G.**
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The Annual Orthopaedic Bootcamp: Building Skills

The annual Orthopaedic Bootcamp was a big success, led by ***Dr. Zoe Mack, Dr. Curtis Ostertag and Dr. Tanya Cierson*** with support from staff and our industry colleagues. Our new residents spent the week learning through lectures and practical labs, mixed in with some end of day bonding.









Fellowship Recognition

We thank all our fellows for their hard work and dedication and wish them all the best in their careers.



First row from left to right: Dr. Jain Praveen, Dr. Abdulaziz AlDakhil, Dr. Salah Hammouche, Dr. Marie-Claude Magnan, Dr. Stephanie Antoniades, Dr. Ahmed Alghamdi, Dr. Mohamad Bakhaidar, Dr. Raed Almousa, Dr. Yazeed AlShoaibi, Dr. Hüseyin Bilgehan Çevik,

Second row from left to right: Dr. Mohammed Alghamedi, Dr. Ran Dan Lin, Dr. Abdulrahman Alzahrani, Dr. Jonas Declercq, Dr. Andrew Kusek, Dr. Cameron Elgie, Dr. Muadh Alzeedi, Dr. Vincent Leopold, Dr. Ahmed AlMulhim

Absent: Dr. Ahmed Ahmed, Dr. Abdulaziz, AlHawas, Dr. Corinne Aillerie, Dr. Daniel Lobos, Dr. Duy Phan, Dr. Petros Rougas, Dr. Mary Sun

Introducing our fellows...



Dr. Alexandre Hardy, Comprehensive Knee Fellow

Dr. Hardy grew up in Val-D'Or and Quebec City. A multisport athlete, he always had a keen interest in the musculoskeletal systems and biomechanics. He finally ended up doing medical school and playing football at the Université de Montréal. He then went to the Université Laval for his residency and completed a master's degree in biomedical sciences.

He is doing the comprehensive knee fellowship and aim to focus his practice on complex knee preservation and reconstruction procedures.

When he is not at the hospital, you will find Dr. Hardy doing all kinds of sports from skiing to surfing or hanging out with his friends and family.

Dr. Muteb Alqhtani, Foot and Ankle Fellow



Dr. Alqhtani is a Saudi orthopedic surgeon with a strong interest in sports medicine, foot and ankle surgery, and lower-extremity reconstruction. He graduated from King Saud University with first-class honors and completed his orthopaedic residency in Riyadh, where he graduated among the top residents nationally.

He subsequently completed a Sports Medicine and Arthroscopy Fellowship at St. Mary's Hospital at McGill University, in Montreal.

He is currently completing a Foot and Ankle and Lower Extremity Reconstruction Fellowship at the University of Ottawa where he is further developing his expertise in complex foot and ankle reconstruction and limb preservation. Following his fellowship, he will return to Riyadh to practice at Security Forces Medical City, a leading and rapidly expanding healthcare institution in Saudi Arabia.

Happy Retirement Dr. Fleuriau-Château!

Dr. Philip Fleuriau-Château graduated in 1998 from the Orthopaedic Surgery Residency Program at the University of Ottawa. He has been an orthopaedic surgeon at the Montfort Hospital since 2000 and retired in July 2026. A retirement party was held in his honour at Host India where colleagues and old acquaintances came together to celebrate this occasion.

Please join us in wishing Dr. Fleuriau-Château well as he starts a new chapter in his life. Wishing you endless days of relaxation and adventure ahead!



Dr. Philip Fleuriau-Château and Dr. Paul Beaulé