

# CURRICULUM VITAE

## **Dr. Manisha Mistry, MD, MSc, FRCSC**

**Assistant Professor, The University of Ottawa Department of Surgery  
Orthopaedic Hand & Wrist Surgeon, Division of Orthopaedic Surgery  
Ottawa, Ontario, Canada**

### PROFESSIONAL CERTIFICATION & LICENSURE

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| <b>2019-Present</b> | <b>Fellow of the Royal College of Surgeons of Canada (FRCSC)- Orthopaedic Surgery</b>                |
| <b>2019-Present</b> | <b>Independent Practice License</b><br>College of Physicians and Surgeons of Ontario<br>103221       |
| <b>2020-Present</b> | <b>American Board of Orthopaedic Surgeons (ABOS)<br/>Board Eligible</b><br>ABOS Exam Part I Complete |

### POSTGRADUATE SURGICAL TRAINING

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| <b>2020-2021</b>  | <b>Clinical Fellowship</b><br>University of Western Ontario<br><i>Roth McFarlane Hand &amp; Upper Limb Centre, St. Joseph's Health Care, London, Ontario, Canada</i><br>Hand & Upper Extremity Surgery |
| <b>2019- 2020</b> | <b>Clinical Fellowship</b><br><i>University of Toronto</i><br><i>Sunnybrook Health Sciences Centre Toronto, Ontario, Canada</i><br>Upper Extremity & Trauma Surgery                                    |

**MANISHA MISTRY, MD, MSc, FRCSC**

**2014-2019**

**Residency: Orthopedic Surgery**

*University of Ottawa*

*The Ottawa Hospital Ottawa, Ontario, Canada*

Division of Orthopaedic Surgery

**GRADUATE EDUCATION**

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**2020-2022**

**Master of Science (MSc), Surgery**

*University of Western Ontario, London, Ontario, Canada*

Department of Graduate Studies

Thesis Topic: Use of 4-dimension computed tomography in analysis of carpal kinematics.

**UNDERGRADUATE EDUCATION**

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**2010- 2014**

**Medical Doctor (MD)**

*University of Western Ontario, London, Ontario, Canada*

Undergraduate Medical Education

Schulich School of Medicine and Dentistry

**2006-2010**

**Honours Bachelor of Medical Science (BMSc. Hon)**

*University of Western Ontario, London, Ontario, Canada*

Honours Specialization Physiology

Dept of Physiology and Pharmacology Graduated

Dean's List

**MANISHA MISTRY, MD, MSc, FRCSC**

**ACADEMIC APPOINTMENTS**

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**2021 - Present**                      **Assistant Professor**  
*The University of Ottawa Department of Surgery*  
*Ottawa, Ontario, Canada*

**HOSPITAL APPOINTMENTS**

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**2021 - Present**                      **Associate Staff**  
Orthopaedic Hand & Wrist Surgeon  
*The Ottawa Hospital*  
*Ottawa, Ontario, Canada*

**PROFESSIONAL MEMBERSHIPS**

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- Ontario Medical Association (OMA)
- Canadian Medical Association (CMA)
- College of Physicians and Surgeons of Ontario (CPSO)
- Fellow of the Royal College of Surgeons of Canada
- Medical Council of Canada (MCC)
- Canadian Orthopaedic Association (COA)
- Canadian Shoulder and Elbow Society (CSES)
- Orthopaedic Trauma Association (OTA)
- AO North America Trauma & Hand
- American Society for Surgery of the Hand (ASSH)
- American Association for Hand Surgery (AAHS)
- Wrist Evaluation Canada (WECAN)
- Ontario Orthopaedic Association (OOA)

**MANISHA MISTRY, MD, MSc, FRCSC**

**COURSES & CERTIFICATIONS**

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| <b>2022</b> | <b>AONA Advanced Upper Extremity Trauma and Flaps Course</b><br>Tampa, Florida, USA                                      |
| <b>2018</b> | <b>Canadian Shoulder Elbow Society Residents' Course</b><br>Ottawa, Ontario, Canada                                      |
| <b>2016</b> | <b>AO Trauma Advanced</b><br>AO Foundation<br>Orlando, Florida United States   |
| <b>2015</b> | <b>Advanced Trauma Life Support Provider</b><br>Trauma Association of Canada Ottawa, Ontario, Canada                     |
| <b>2014</b> | <b>AO Trauma Basics</b><br>AO Foundation<br>Markham, Ontario, Canada   |
| <b>2014</b> | <b>Advanced Cardiac Life Support (ACLS) Provider</b><br>Heart and Stroke Foundation of Canada<br>London, Ontario, Canada |

**MANISHA MISTRY, MD, MSc, FRCSC****PUBLICATIONS**

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- 2013** V.A. Roach, **M.R. Mistry**, & T.D. Wilson. Spatial visualization ability and laparoscopic skills in novice learners: evaluating stereoscopic versus monoscopic visualizations. *Anatomical Sciences Education*. 2013. E-Published October 17<sup>th</sup>.
- 2013** **M. Mistry**, V.A. Roach, & T.D. Wilson. Application of stereoscopic visualization on novice laparoscopic skill acquisition. *Journal of Surgical Education*. 2013. 70(5):563-570.

**PRESENTATIONS**

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- 2022** **Ontario Orthopaedic Association Annual Scientific Meeting:**  
Invited Speaker: Management of Elderly Distal Radius Fractures
- 2022** **uOttawa PGME Trauma Surgery Orientation**  
Invited Speaker: MSK Trauma
- 2022** **Canadian Orthopaedic Association Annual General Meeting**  
Poster Presentation: Analysis of four different annular ligament reconstructions to restore radial head stability in anterior monteggia fractures. *Vannitamby KD, Fleet CT, Van Osch JN, Mistry M, Johnson J & King GJW.*
- 2022** **Canadian Orthopaedic Association Annual General Meeting**  
Poster Presentation: Effect of overcorrection of ulnar angulation on radial head stability in anterior monteggia fractures. *Vannitamby KD, Fleet CT, Van Osch JN, Mistry M, Johnson J & King GJW.*

**MANISHA MISTRY, MD, MSc, FRCSC**

- 2022**                      **uOttawa Division of Orthopaedic Surgery Grand Rounds**  
Speaker: Diversity in Orthopaedic Surgery: Acknowledging Desparities and Moving Towards Equity in Our Specialty
- 2022**                      **uOttawa Division of Orthopaedic Surgery Grand Rounds**  
Speaker: Ideologies for Contemporary Hand and Wrist Care
- 2021**                      **Canadian Orthopaedic Association Annual General Meeting**  
Podium Presentation  
Inadequate proximal screw fixation increases risk of mechanical failure following plate fixation of diaphyseal humerus fractures. **Mistry M, Tat J, Hussain R, Sheth U & Nam D.**
- 2020**                      **University of Toronto Fellows' Research Day**  
University of Toronto, Division of Orthopaedic Surgery  
Oral Presentation  
Failure characteristics following plate fixation of humeral shaft fractures. **Mistry M, Tat J, Hussain R, Sheth U & Nam D.**
- 2019**                      **Canadian Orthopaedic Residents Association (CORA) Meeting**  
Canadian Orthopaedic Association General Meeting 2019, Montreal QC  
Oral Presentation  
The influence of post-operative capillary blood glucose management on reoperation for infection following total joint arthroplasty. **Mistry M, Dobransky J, Malcolm JM & Feibel RJ.**

**MANISHA MISTRY, MD, MSc, FRCSC****2018****Collins Day**

Department of Surgery, The University of Ottawa  
Ottawa, ON

-Department of Surgery at the University of Ottawa,  
annual research day.

Poster Presentation:

The influence of post-operative capillary blood glucose management on reoperation for infection following total joint arthroplasty. **Mistry M, Dobransky J, Malcolm JM & Feibel RJ.**

**2016****Canadian Orthopaedic Association Annual General Meeting**

Vancouver, British Columbia Poster

Presentation:

T1rho advanced cartilage mapping correlates with surgical outcome of patients treated for cam-type femoroacetabular impingement. *Beaule PE, Andwanger H, Melkus G, Mistry M, & Rakhra K.*

**2015****Collins Day**

Department of Surgery, The University of Ottawa  
Ottawa, ON

-Department of Surgery at the University of Ottawa,  
annual research day.

Poster Presentation:

T1rho mapping in hip cartilage: a two-year follow-up after joint preserving surgery in hips with femoroacetabular impingement. **Mistry M, Andwanger H, Melkus G, Rakhra K & Beaule PE.**

**2015****Hans K. Uthoff Day**

The Department of Orthopaedic Surgery, The  
University of Ottawa  
Ottawa, ON

-Department of Orthopaedic Surgery annual research  
day.

Podium Presentation:

T1rho mapping in hip cartilage: a two-year follow-up after joint preserving surgery in hips with femoroacetabular impingement.

**MANISHA MISTRY, MD, MSc, FRCSC**

- 2013**                      **Experimental Biology 2013; American Association of Anatomists General Meeting** *Boston, Mass.*  
-Annual general meeting of the American Association of Anatomists. Poster Presentation: Application of stereoscopic visualization on novice laparoscopic skill acquisition. *Mistry M, Roach V & Wilson TD.*
- 2011**                      **CSTAR Interprofessional Surgery & Anesthesia School**  
*Canadian Surgical Technologies and Advanced Robotics (CSTAR)*  
*London Health Sciences Centre*  
*London, Ontario*  
-Hands on surgery and anesthesia training symposium.

**CONTINUING EDUCATION/CONFERENCES**

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- 2022**                      **Ontario Orthopaedic Association Annual Scientific Meeting**  
Toronto, Ontario, Canada
- 2022**                      **ASSH Annual General Meeting**  
Boston, Mass, USA
- 2022**                      **AASH Annual General Meeting**  
Virtual Forum
- 2020**                      **Canadian Arthroscopy Meeting**  
Virtual Forum (COVID Pandemic)
- 2020**                      **Ontario Orthopaedic Association General Meeting 2020**  
Virtual Forum (COVID Pandemic)



**MANISHA MISTRY, MD, MSc, FRCSC**

- 2020**                      **Orthopaedic Trauma Association General Meeting**  
Virtual Forum (COVID Pandemic)
- 2020**                      **Canadian Orthopaedic Association General Meeting**  
Virtual Forum (COVID Pandemic)
- 2019**                      **Ontario Orthopaedic Association General Meeting 2019**  
Toronto, Ontario, Canada
- 2019**                      **Canadian Orthopaedic Association General Meeting**  
Montreal, Quebec, Canada
- 2019**                      **Canadian Orthopaedic Resident Forum**  
Canadian Orthopaedic Association Calgary, Alberta, Canada
- 2019**                      **Orthopaedic Resident Review in Reconstruction**  
Canadian Orthopaedic Resident Review  
Toronto, Ontario, Canada
- 2019**                      **Orthopaedic Resident Review in Pediatrics**  
Canadian Orthopaedic Resident Review  
Toronto, Ontario, Canada
- 2018**                      **Orthopaedic Resident Review in Trauma**  
Canadian Orthopaedic Resident Review  
Toronto, Ontario, Canada
- 2018**                      **American Association of Orthopaedic Surgeons Annual General Meeting 2018**  
New Orleans, Louisiana, United States
- 2018**                      **4<sup>th</sup> Biennial National Capital Knee Symposium**  
Ottawa, Ontario, Canada
- 2015**                      **11<sup>th</sup> Symposium of Joint Preserving and Minimally Invasive Surgery of the Hip**  
Ottawa, Ontario, Canada

**MANISHA MISTRY, MD, MSc, FRCSC****DIRECT TRAINEE SUPERVISION****FELLOWS**

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**2022-2023**Dr Alenko Sakanovic – Ottawa Hand and Wrist  
Collabroative Combined Fellowship**RESIDENTS**

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**2019-2020 –  
University of  
Toronto**Dr. Valarie Lemieux – PGY3 Orthopaedic Surgery  
Dr. Rafi Husain – PGY3 Orthopaedic Surgery  
Dr. Ahmed AlKhalifa – PGY 3 Orthopaedic Surgery  
Dr. Hayley Spurr – PGY3 Orthopaedic Surgery  
Dr. Lenny Radomski – PGY3 Orthopaedic Surgery  
Dr. James Lee – PGY3 Orthopaedic Surgery  
Dr. Jong (John) Lee – PGY3 Orthopaedic Surgery  
Dr. Amy Behman - PGY4 Orthopaedic Surgery  
Dr. James Campbell - PGY1 Orthopaedic SurgeryDr. Zachary Lim – PGY5 Orthopaedic Surgery Dr.  
Hilary Felice – PGY5 Orthopaedic Surgery  
Dr. Samuel Grant – PGY1 Orthopaedic Surgery  
Dr. Joseph DiMichele – PGY2 Orthopaedic Surgery  
Dr. Samuel Yoon – PGY2 Orthopaedic Surgery Dr.  
Jimmy Tat – PGY2 Orthopaedic Surgery  
Dr. Jonathan Lex – PGY1 Orthopaedic Surgery  
Dr. Celina Nahanni – PGY1 Orthopaedic Surgery  
Dr. Kyle Raask – PGY1 Orthopaedic Surgery

**MANISHA MISTRY, MD, MSc, FRCSC****2020-2021 –  
University of  
Western Ontario**

Dr. Yousif Atwan – PGY4 Orthopaedic Surgery  
 Dr. Silvio Ndoja – PGY1 Orthopaedic Surgery  
 Dr. Rhiannon Tracey – PGY1 Orthopaedic Surgery  
 Dr. Aaron Chen – PGY2 Orthopaedic Surgery  
 Dr. Eric Mitchell – PGY1 Plastic Surgery  
 Dr. Kirk Vannitamby – PGY1 Orthopaedic Surgery  
 Dr. Alexandra Munn – PGY4 Orthopaedic Surgery  
 Dr. Kitty Wu – PGY5 Plastic Surgery  
 Dr. Kathleen Nelligan – PGY5 Plastic Surgery  
 Dr. Spencer Chambers – PGY4 Plastic Surgery  
 Dr. Jennifer Cape – PGY2 Plastic Surgery  
 Dr. Jesse Hackett- PGY4 Plastic Surgery  
 Dr. Geoffery Masschelein PGY2 Plastic Surgery  
 Dr. Katie Garland, PGY3 Plastic Surgery  
 Dr. Stacy Fan, PGY3 Plastic Surgery  
 Dr. Jason Koppert, PGY1 Orthopaedic Surgery  
 Dr. Kristin Barton, PGY2 Orthopaedic Surgery  
 Dr. Kirk Vannitamby, PGY1 Orthopaedic Surgery  
 Dr. Aaron Chen, PGY2 Orthopaedic Surgery

**2021-2022-  
University of Ottawa**

Dr. Paul Gauthier – PGY5 Orthopaedic Surgery Hand and Wrist Rotation  
 Dr. Rashed AlAhmed- PGY5 Orthopaedic Surgery. Hand and Wrist Rotation  
 Dr. Abdulla Alduwaisan PGY 4 – Orthopaedic Surgery Hand and Wrist Rotation  
 Dr. Lindsay Bjornson - PGY1 Plastic Surgery. Offservice Rotation  
 Dr. Jonathan Howatt – PGY5 Orthopaedic Surgery  
 Dr. Brendon Bitoiu – PGY1 Plastic Surgery. Offservice Rotation  
 Dr. Zoe Rubin – PGY4 Orthopaedic Surgery. Hand and Wrist Rotation  
 Dr. William Hadden – PGY4 Orthopaedic Surgery. Hand and Wrist Rotation  
 Dr. Marie-Claude Magnan – PGY3 Orthopaedic Surgery. Hand and Wrist Rotation  
 Dr. Nicole Laskowsky- PGY1 Family Medicine. Offservice Rotation

**MANISHA MISTRY, MD, MSc, FRCSC**

**2022/2023** Dr. Luke Beaton – PGY5 Orthopaedic Surgery.  
Hand and Wrist Rotation  
Dr. Ramandeep Bullar- PGY4 Orthopaedic  
Surgery. Hand and Wrist Rotation  
Dr. Jacob Weirathmeuller – PGY1 Plastic Surgery.  
Offservice Rotation

**MEDICAL STUDENTS**

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**2022/2023** Emma Grigor, MS4 – University of Ottawa. UGME  
Elective  
Selina Xiangzu Dong MS4 – University of Ottawa.  
UGME Elective

**OTHER ROLES/PROJECTS**

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**2022- Present** **Division of Orthopaedic Surgery AFP Committee  
Member**  
*The University of Ottawa*  
Management and distribution of AFP funding for the  
Division of Orthopaedic Surgery

**2021- Present** **Division of Orthopaedic Surgery Website  
Committee**  
*The University of Ottawa*  
Oversee and guide creation and refresh of new  
Orthopaedic Surgery Website

**2021-Present** **OHAWC Member**  
*The Ottawa Hospital Divisions of Orthopaedic and  
Plastic Surgery*  
Creation and delivery of combined academic and  
clinical hand and wrist care in the Ottawa Region

**2020-2021** **Chief Administrative Fellow**  
*Roth/McFarlane Hand and Upper Limb Centre*  
-Fellow scheduling and administrative organization

**MANISHA MISTRY, MD, MSc, FRCSC****2019- 2020****Toronto Orthopaedics Fellowship Committee***Fellow Representative*

- Ongoing evaluation of current programs and evolution of future fellowship programs offered through the Division of Orthopaedic Surgery

**2015- 2017****Ottawa Orthopaedic Bootcamp***Co-Organizer*

-Responsible for development and delivery of curriculum for PGY1 Orthopaedic Surgery residents. 1 week course reviewing essential topics in preparation for beginning orthopaedic residency including but not limited to: AO trauma principles, casting, traction, anesthesia considerations, surgical approaches and cadaver lab session. Three-year term.

**2014- 2016****Surgical Foundations Committee Member***Resident Representative*

-Committee including program directors, surgical foundations directors and resident representatives, responsible for the development and execution of Surgical Foundations curriculum to PGY1 and PGY2 surgical residents. Two-year term.

**AWARDS**

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**2013****American Association of Anatomists /ASE  
Student/Postdoctoral Education Research Poster  
Presentation Award FINALIST***Experimental Biology 2013 Conference, Boston Mass.*

-Awarded to a graduate/professional with outstanding poster presentation presented at EB 2013 in the field of anatomic education.