
J WHITCOMB POLLOCK MD MSc FRCSC
CURRICULUM VITAE

a) NAME:

POLLOCK, J WHITCOMB, Orthopaedic Surgeon, Associate Professor University of Ottawa

b) DEGREES AND CREDENTIALS:

- 2006-2008 **Upper Extremity Fellowship, Hand and Upper Limb Clinic (HULC)**
St. Joseph's Hospital, University of Western Ontario, London ON, Canada
- April 2008 **Master of Science in Medical Biophysics: Orthopaedic Biomaterials and Biomechanics**
Advisors: Graham JW King MD, MSc, FRCSC and James A. Johnson PhD
Masters Thesis: Coronoid Fractures and Associated Elbow Instability
Schulich Medicine and Dentistry, University of Western Ontario, London ON, Canada
- 2001-2006 **Residency in Orthopaedic Surgery**
Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
- May 2001 **Doctorate of Medicine**
Faculty of Medicine, University of Ottawa, Ottawa ON, Canada
- May 1997 **Bachelor of Science in Kinesiology**, with distinction
Faculty of Kinesiology, University of Western Ontario, London ON, Canada

c) EMPLOYMENT / APPOINTMENTS**HOSPITAL PRIVILEGES**

- 2008-pres **Orthopaedic Surgeon, The Ottawa Hospital**
Subspecialty Shoulder and Elbow Surgery, Ottawa ON, Canada
- 2009-pres **Orthopaedic Surgeon, Children's Hospital of Eastern Ontario**
Subspecialty Shoulder and Elbow Surgery, Ottawa ON, Canada
- 2009-pres **Orthopaedic Surgeon, The Temiskaming Hospital**
Subspecialty Shoulder and Elbow Surgery, New Liskeard ON, Canada
- 2010-pres **Orthopaedic Surgeon, Kemptville District Hospital**
Subspecialty Shoulder and Elbow Surgery, Kemptville ON, Canada

HOSPITAL / UNIVERSITY POSITIONS

- 2023-pres **Associate Professor**
Faculty of Medicine, University of Ottawa, Ottawa ON, Canada
- 2025-pres **Clinical Fellowship Director, Division of Orthopaedic Surgery**
The Ottawa Hospital, University of Ottawa, Ottawa ON, Canada
- 2024-pres **Director of Education, Division of Orthopaedic Surgery**
The Ottawa Hospital, University of Ottawa, Ottawa ON, Canada
- 2020-2025 **Director of Health and Wellness, Department of Surgery**
The Ottawa Hospital, Ottawa ON, Canada
- 2008-2023 **Assistant Professor**
Faculty of Medicine, University of Ottawa, Ottawa ON, Canada

OTHER PROFESSIONAL POSITIONS

2025-pres	President Elect , Canadian Shoulder and Elbow Society (CSES)
2023-pres	Treasurer , Canadian Shoulder and Elbow Society (CSES)
2021-pres	Medical Director, Ottawa RedBlacks Professional Canadian Football League (CFL)
2019-pres	Head Team Physician / Head Orthopaedic Surgeon, Ottawa RedBlacks Professional Canadian Football League (CFL)
2016-pres	Orthopaedic Surgeon, Carleton University Sports Medicine Clinic Carleton University, Ottawa ON, Canada
2014-pres	Orthopaedic Surgeon, Ottawa Sports and Entertainment Group (OSEG) Ottawa RedBlacks Football CFL, Ottawa 67's Hockey OHL, Ottawa Fury Soccer NASL
2014-2019	Team Orthopaedic Surgeon, Ottawa RedBlacks Professional Canadian Football League (CFL)

d) ACADEMIC HONOURS AND AWARDS

TEACHING / MENTORSHIP AWARDS

Sept 2023	Helping Hand Mentorship Award Awarded to a staff that is always available, approachable and provides support and guidance to the residents. Voted by orthopaedic surgery residents. Division of Orthopaedic Surgery, Ottawa ON, Canada
Sept 2022	Synthes Silver Femur Mentorship Award For exemplary mentorship, leading by example, and creating a safe environment for learning and letting peers grow. Voted by orthopaedic surgery staff and residents. Division of Orthopaedic Surgery, Ottawa ON, Canada
May 2012	Excellence in Teaching Department of Surgery, Faculty of Medicine, University of Ottawa, Ottawa ON, Canada
June 2011	Teacher of the Year: Orthopaedic Surgery Training Program Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
May 2006	Orthopaedic Surgery Resident Teaching Award University of Ottawa, Ottawa ON, Canada

RESEARCH AWARDS

May 2026	1st Place Resident Paper, Hans K. Uhthoff Research Award Resident Research Co-Supervisor Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada.
May 2025	1st Place Resident Paper, Hans K. Uhthoff Research Award Resident Research Co-Supervisor Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada.
May 2025	1st Place Fellow Paper, Hans K. Uhthoff Research Award Fellow Research Co-Supervisor Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
May 2023	1st Place Fellow Paper, Hans K. Uhthoff Research Award Awarded by Dr. Carlo Bellebarba Fellow Research Co-Supervisor

Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada

- June 2022 **Top Resident Research Paper 2022 COA Annual Meeting**
Selected by the Ontario Orthopaedic Association
Co-Investigator
- June 2021 **1st Place Fellow Paper, Hans K. Uhthoff Research Award**
Awarded by Dr. Jay Keener
Fellow Research Co-Supervisor
Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
- June 2021 **1st Place Resident Paper, Hans K. Uhthoff Research Award**
Awarded by Dr. Jay Keener
Resident Research Supervisor
Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada.
- May 2021 **American Shoulder and Elbow Society Top Ten Scientific Paper**
Awarded by the British Elbow and Shoulder Society
Co-Investigator
- April 2017 **2nd Place Research Paper, Hans K. Uhthoff Research Award**
Awarded by Dr. M. Glazebrook
Resident Research Supervisor
Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
- May 2014 **W.E. Collins Research Award, Department of Surgery Best Clinical Paper**
Awarded by Dr. J.B. Putnam Jr.
Resident Research Supervisor
Department of Surgery, University of Ottawa, Ottawa ON, Canada
- May 2014 **1st Place Research Paper, Hans K. Uhthoff Research Award**
Awarded by Dr. P. Schoenecker
Resident Research Supervisor
Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
- May 2013 **1st Place Research Paper, Hans K. Uhthoff Research Award**
Awarded by Dr. Wilkinson
Resident Research Supervisor
Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
- April 2012 **1st Place Research Paper, Hans K. Uhthoff Research Award**
Awarded by Dr. R. Rampersaud
Resident Research Supervisor
Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
- June 2011 **2nd Place Research Paper, Hans K. Uhthoff Research Award**
Awarded by Dr. P. Guy
Resident Research Supervisor
Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
- 2007-2008 **Medical Biophysics Western Graduate Research Scholarship (\$4,100)**
Department of Medical Biophysics, University of Western Ontario, London ON, Canada
- 2007-2008 **Schulich Graduate Scholarship for Medical Research (\$2,350)**
Department of Medicine, University of Western Ontario, London ON, Canada
- Feb 2007 **Graduate Thesis Research Award (\$1,125)**
Department of Medical Biophysics, University of Western Ontario, London ON, Canada
- May 2005 **Best Senior Resident Paper, W.E. Collins Research Award**
Awarded by Dr. J. Bonjer
Department of Surgery, University of Ottawa, Ottawa ON, Canada
- Apr 2005 **2nd Place Research Paper, H.K. Uhthoff Research Award**

- Awarded by Dr. C. Fisher
Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
- May 2004 **Best Junior Resident Paper, W.E. Collins Research Award**
Awarded by Dr. E. Schemitsch
Department of Surgery, University of Ottawa, Ottawa ON, Canada
- Apr 2004 **Best Resident Research Paper, Hans K. Uhthoff Research Award**
Awarded by Dr. H. Kreder
Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada

OTHER DISTINCTIONS/AWARDS

- 2024 Service Recognition Award: 15 years of dedicated service. Children's Hospital of Eastern Ontario (CHEO), Ottawa ON, Canada
- 2007-2008 **Canadian Fellowship for New Faculty Award (\$40,000)**
Awarded to an individual pursuing subspecialty training and planning to return to the University of Ottawa to help develop and promote academic medicine.
University of Ottawa, Ottawa ON, Canada
- Mar 2007 **Canadian Fellowship for New Faculty Educational Grant (\$5,000)**
University of Ottawa, Ottawa ON, Canada
- 2006-2007 **Canadian Fellowship Competition Award (\$45,000)**
Awarded to an individual pursuing subspecialty training and planning to return to the University of Ottawa to help develop and promote academic medicine. Ottawa ON
- Mar 2006 **Canadian Fellowship Competition Educational Grant (\$5,000)**
University of Ottawa, Ottawa ON, Canada
- Mar 2006 **Royal College of Physicians and Surgeons of Canada Traineeship Grant (\$2,000)**
Provided for personalized professional development to fellows of the RCPSC
- Apr 2004 **Andry Nicholas Award, Orthopaedic Resident Leadership Award**
University of Ottawa, Ottawa ON, Canada
- 1997-2001 **Rotation Honours and Distinctions, Faculty of Medicine, UOttawa**
Immunology, Cardiovascular, Musculoskeletal, Nervous System, Mind, Gastroenterology, Medicine, Psychiatry, Pediatrics, Ambulatory, Surgery
- Apr 2000 **Gold Medal (highest overall grade average)**
Faculty of Kinesiology, University of Western Ontario, London ON, Canada
- Sept 1997 **University Western Ontario In-Course Scholarship - Academic Achievement**
Faculty of Kinesiology, University of Western Ontario, London ON, Canada
- 1994-1997 **Dean's Honours List**
Faculty of Biology and Faculty of Kinesiology, University of Western Ontario

e) PROFESSIONAL and SCHOLARLY ACTIVITIES

PROFESSIONAL ACTIVITIES

INTERNATIONAL

- 2025-pres DePuy Synthes Consultant – Global Shoulder Arthroplasty Advisory Board
- 2024-pres Pendopharm Consultant
- 2023-pres Arthrex Consultant, Shoulder and Elbow Surgery
- 2021-pres ConMed Consultant, Shoulder and Elbow Surgery

NATIONAL

2025-pres	President Elect, Canadian Shoulder and Elbow Society (CSES)
2025-pres	Co-Chair – Annual ConMed Canadian Fellowship Forum (CFF)
2024-pres	Ontario Lead - Shoulder Arthroplasty, Canadian Joint Registry (CIRR)
2023-pres	Treasurer, Canadian Shoulder and Elbow Society (CSES) Executive Committee, Canadian Shoulder and Elbow Society (CSES)
2023-pres	Member of the Canadian Shoulder Arthroplasty - Joint Registry Advocacy Group
2022-2023	Committee Member, Canadian Orthopaedic Association CME Committee
2021-pres	Executive Member, CSES Guideline Management Oversight Committee Canadian Shoulder and Elbow Society
2020-2022	Coordinator, Monthly Complex Shoulder and Elbow Cases Mobile App Canadian Shoulder and Elbow Society
2019-2023	Education Director, Canadian Shoulder and Elbow Society (CSES) Executive Committee, Canadian Shoulder and Elbow Society (CSES)
2019-pres	Consultant, Canadian Football League (CFL) Medical Committee
2016-19	Membership Director, Canadian Shoulder and Elbow Society (CSES) Executive Committee, Canadian Shoulder and Elbow Society

LOCAL

2024-pres	Director of Education, Division of Orthopaedic Surgery The Ottawa Hospital, Ottawa ON, Canada
2020-pres	Director, Health and Wellness Committee, Division of Orthopaedic Surgery The Ottawa Hospital, Ottawa ON, Canada
2020-pres	Staff Representative, Health and Wellness Committee Division of Orthopaedic Surgery Residency Training Program The University of Ottawa, Ottawa ON, Canada
2017-2018	Division of Orthopaedic Surgery Representative, OR Committee Department of Surgery, The Ottawa Hospital, Ottawa ON, Canada
2017-2022	COS Director - Division of Orthopaedic Surgery, General Campus Department of Surgery, The Ottawa Hospital, Ottawa ON, Canada
2016-2018	Elected Representative Member, Executive Committee Division of Orthopaedic Surgery, The Ottawa Hospital, Ottawa ON, Canada
2016-2018	Orthopaedic Surgeon Representative, Regional Block Program Committee The Ottawa Hospital, Ottawa ON, Canada
2016-2017	Member, Patient Experience – Surgery Advisory Committee Department of Surgery, The Ottawa Hospital, Ottawa ON, Canada
2010-pres	Member, Orthopaedic Residency Training Program Division Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
2005	Member, Orthopaedic Current State Analysis Team Member Enhance EPR, Clinical Process Redesign, The Ottawa Hospital, Ottawa ON
2003-pres	Instructor, Advanced Trauma Life Support (ATLS) Ottawa ON, Canada
2004	Instructor/Facilitator: MSK Problem Based Learning, Faculty of Medicine University of Ottawa, Ottawa ON, Canada

ACADEMIC EVENT ADMINISTRATION

2026	Planning Committee, Current Trends in Orthopaedic Surgery. Alsace, France. Sept 27-Oct 3, 2026
2026	Co-Chair, Planning Committee , Canadian Shoulder and Elbow Society (CSES) Meeting, 16 th International Congress on Shoulder and Elbow Surgery. Vancouver BC, Canada, Sept 21, 2026
2025	Planning Committee /Shoulder Moderator, Canadian Arthroscopy Meeting (CAM) , Clear Water, Florida, Dec 4-7 2025
2025	Committee Member, Scientific and Academic Program Committee 2025 Annual Canadian Orthopaedic Association Meeting, CSES Specialty Day June 2025, Vancouver BC, Canada
2025	Co-Chair, Planning Committee, BiAnnual Resident CSES Shoulder and Elbow Course Canadian Shoulder and Elbow Society (CSES), Ottawa ON, Canada, Jan 31 – Feb 2, 2025
2024	Planning Committee /Shoulder Moderator, Canadian Arthroscopy Meeting (CAM) , Clear Water, Florida, Dec 5-8 2024
2024	Co-Chair CSES First Annual Members Meeting, Toronto ON, Canada, Sept 2024
2024	Committee Member, Scientific and Academic Program Committee 2024 Annual Canadian Orthopaedic Association Meeting, CSES Specialty Day 2024, Halifax NS, Canada
2024	Co-Chair , University of Ottawa, Division of Orthopaedic Surgery Alumni CME Update III. Ottawa, ON June 7, 2024
2024	Educational Program Committee , Current Trends in Orthopaedic Surgery; Seville, Spain. May 2024
2023	Planning Committee /Shoulder Moderator, Canadian Arthroscopy Meeting (CAM) , Clear Water, Florida, Dec 1-3 2023
2023	CSES Education Chair, Scientific and Academic Program Committee Annual Canadian Orthopaedic Association (COA) Meeting, CSES Specialty Day, Calgary AB, Canada
2022	Co-Chair, Annual Donald D. Johnson Sports Medicine Visiting Professor Day Ottawa ON
2022 - 2023	CSES Education Chair, Scientific and Academic Program Committee 2023 Annual Canadian Orthopaedic Association (COA) Meeting, CSES Specialty Day, Calgary AB, Canada
2022	CSES Education Chair, Scientific and Academic Program Committee 2022 Annual Canadian Orthopaedic Association (COA) Meeting, CSES Specialty Day, Quebec QC, Canada
2021	Committee Member, Scientific and Academic Program Committee 2021 Annual Canadian Orthopaedic Association, CSES Specialty Day 2021 (virtual)
2020- 2021	Planning Committee Member, Clearwater Sports Arthroscopy Update Course , Florida
2017	Co-Chair, Planning Committee, Canadian Orthopaedic Association 2017 Annual Canadian Orthopaedic Association (COA) Meeting, Ottawa ON

2016-pres	Co-Chair, Planning Committee, BiAnnual Resident CSES Shoulder and Elbow Course Canadian Shoulder and Elbow Society (CSES), Ottawa ON, Canada
2014-2017	Co-Chair, National Capital Orthopaedic Association Annual Meeting Montebello QC
2009	Program Committee Member, University of Ottawa Upper Extremity Course Ottawa ON

JOURNAL AND ABSTRACT REVIEW ACTIVITIES

- Reviewer, American Journal of Sports Medicine (2025-pres)
- Reviewer, Journal of Shoulder and Elbow Surgery International (2024-pres)
- Western University Peer Reviewer for Academic Promotion (Associate to Full Professor) 2025
- Reviewer, Abstract Submissions Canadian Orthopaedic Association Annual Meeting 2024
- Reviewer, Abstract Submissions Canadian Orthopaedic Association Annual Meeting 2023
- Reviewer, Abstract Submissions Canadian Orthopaedic Association Annual Meeting 2022
- Reviewer, Abstract Submissions Canadian Orthopaedic Association Annual Meeting 2021
- Reviewer, Journal of Shoulder and Elbow Arthroplasty (2018-pres)
- Reviewer, Abstract Submissions Canadian Orthopaedic Residency Association Annual Meeting 2017
- Reviewer, Abstract Submissions Canadian Orthopaedic Association Annual Meeting 2016
- Reviewer, Journal of Orthopaedics & Traumatology: Surgery & Research (2016-pres)
- Reviewer, Abstract Submissions Canadian Orthopaedic Association Annual Meeting 2014
- Reviewer, Journal of Shoulder and Elbow Surgery (2013-pres)

SCHOLARLY and EXAMINER ACTIVITIES

April 2024	Academic Staff Member, Residency Teaching Curriculum Development Committee University of Ottawa, Orthopaedic Residency Training Program, Ottawa ON, Canada
2018-2023	Examiner, Royal College of Physicians and Surgeons of Canada Orthopaedic Surgery Examination Board Royal College of Physicians and Surgeons of Canada, Ottawa ON, Canada
2015-pres	Member, Division of Orthopaedic Surgery Residency Training Committee University of Ottawa, Ottawa ON, Canada
2014-2019	Director, Orthopaedic Surgery Ottawa Biomechanics Laboratory University of Ottawa, Ottawa ON, Canada
2012-2014	Co-Supervisor, Master's Degree Department of Engineering, Carleton University, Ottawa ON, Canada
2009-pres	Co-Director and Co-Supervisor, Shoulder and Elbow Surgery Clinical Fellowships Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada
2008-pres	Practice Oral Examination for Final Year Residents Royal College Exam Preparation University of Ottawa, Ottawa ON
2009-2016	Examiner, R2-R4 Bi-Annual Formal Oral Exams University of Ottawa, Division of Orthopaedic Surgery
Oct 2015	Examiner, Canadian Academy of Sport and Exercise Medicine (CASEM) Ottawa, ON
June 2010	Examiner, Advanced Trauma Life Support (ATLS) Ottawa, ON
Feb 2005	International Medical Graduate (IMG) Examiner, Medical Council of Canada University of Ottawa, Ottawa ON
2004-2005	MSK PBL Leader – Resident Instructor / Moderator Faculty of Medicine, University of Ottawa, Ottawa ON, Canada

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| 2002-2003 | Surgical Block Examiner of 3rd Year Medical Students, Faculty of Medicine
University of Ottawa, Ottawa ON |
| 2002-2003 | OSCE Medical Examiner of 3rd Year Medical Students, Faculty of Medicine
University of Ottawa, Ottawa ON |

INTERNATIONAL AND NATIONAL INVITED / CME PRESENTATIONS

1) *TOTAL* Invited Presentations / Lectures / Instructions: 185 (63 International, 122 National)

2) INVITED / CME International and National:

CME / Invited International

1. Pollock J, Shoulder Instability Diagnosis, Treatment, Return to Play. Current Trends in Orthopaedic Surgery; Sept 27-Oct 3, 2026; Alsace, France. – *Invited Speaker*
2. Pollock J, Proximal Humerus Fractures. Current Trends in Orthopaedic Surgery; Sept 27-Oct 3, 2026; Alsace, France. – *Invited Speaker*
3. Pollock J, HA (Hyaluronic Acid) Injections for Osteoarthritis, Current Trends in Orthopaedic Surgery; Sept 27-Oct 3, 2026; Alsace, France. – *Invited Speaker*
4. Pollock J, Arthroscopic Treatment of Elbow Fractures: 16th International Congress on Shoulder and Elbow Surgery (ICES), Hosted by the American Shoulder and Elbow Society (ASES). Vancouver, BC. Sept 25, 2026 - Invited Expert Panellist
5. Pollock J, Elbow Trauma: Olecranon Fractures Non-op, Fix, Replace: Case Based Discussion. 16th International Congress on Shoulder and Elbow Surgery (ICES), Hosted by the American Shoulder and Elbow Society (ASES). Vancouver, BC. Sept 25, 2026 – Invited Expert Panelist
6. Pollock J, Elbow Instability: Acute & Chronic: 16th International Congress on Shoulder and Elbow Surgery (ICES), Hosted by the American Shoulder and Elbow Society (ASES). Vancouver, BC. Sept 24, 2026 - Invited Moderator
7. Pollock J, Elbow Trauma: Olecranon Fractures Non-op, Fix, Replace: Case Presentation. 16th International Congress on Shoulder and Elbow Surgery (ICES), Hosted by the American Shoulder and Elbow Society (ASES). Vancouver, BC. Sept 25, 2026 – Invited Speaker
8. Pollock J, Elbow Instability: Acute & Chronic: 16th International Congress on Shoulder and Elbow Surgery (ICES), Hosted by the American Shoulder and Elbow Society (ASES). Vancouver, BC. Sept 24, 2026 - Invited Speaker/Panelist/Video Presenter
9. Pollock J, Elbow Instability: Acute & Chronic: Case Based Panel Discussion. 16th International Congress on Shoulder and Elbow Surgery (ICES), Hosted by the American Shoulder and Elbow Society (ASES). Vancouver, BC. Sept 24, 2026 - Invited Speaker/Panelist/Video Presenter
10. Pollock J, Tennis Elbow Revisited: 16th International Congress on Shoulder and Elbow Surgery (ICES), Hosted by the American Shoulder and Elbow Society (ASES). Vancouver, BC. Sept 22, 2026 - Invited Speaker/Panelist
11. Pollock J, Lateral Elbow Pain: 16th International Congress on Shoulder and Elbow Surgery (ICES), Hosted by the American Shoulder and Elbow Society (ASES). Vancouver, BC. Sept 22, 2026 – Invited Panelist
12. Pollock J, Concussions in the Canadian Professional Football League (CFL): Diagnosis, Treatment and Prevention. The Canadian Football League. Ottawa, ON. May 10, 2026 (Instructor)
13. Pollock J. Surgical Repair of Pectoralis Major Tears: Indications, techniques, tips and tricks. **Canadian Arthroscopy Meeting (CAM)**, Clear Water, Florida, Dec 4-9 2025 – Invited Expert Panellist
14. Pollock J. Update on Augments for Rotator Cuff Repair. **Canadian Arthroscopy Meeting (CAM)**, Clear Water, Florida, Dec 4-9 2025 – Invited Instructor

15. Pollock J. Advanced Shoulder Arthroscopy Surgical Skills Lab. **Canadian Arthroscopy Meeting (CAM)**, Clear Water, Florida, Dec 4-9 2025 – Invited Instructor
16. Pollock J. **Canadian Arthroscopy Meeting (CAM)**, Clear Water, Florida, Dec 4-9 2025 – Invited Co-Chair / Faculty / Instructor / Program Committee
17. Pollock J. Advanced Surgical Treatment of Rotator Cuff Tears. Nova Scotia Innovations and Advancement In Shoulder (NOVAS) Shoulder Course. Fox Harbor, Nova Scotia , NB; Sept 25-26, 2025 – Invited Moderator / Faculty
18. Pollock J. Landmark Shoulder Paper Review – This Paper Changed My Practice and Here’s Why. Nova Scotia Innovations and Advancement In Shoulder (NOVAS) Shoulder Course. Fox Harbor, Nova Scotia , NB; Sept 25-26, 2025 – Invited Instructor / Faculty
19. Pollock J. Failed Bankart Repair – Is Revision Arthroscopic Bankart Repair Feasible? Nova Scotia Innovations and Advancement In Shoulder (NOVAS) Shoulder Course. Fox Harbor, Nova Scotia , NB; Sept 25-26, 2025 – Invited Instructor / Faculty
20. Pollock J. Debate Rotator Cuff Repair alone vs Rotator Cuff Repair with Augment. Nova Scotia Innovations and Advancement In Shoulder (NOVAS) Shoulder Course. Fox Harbor, Nova Scotia , NB; Sept 25-26, 2025 – Invited Instructor / Faculty
21. Pollock J. Advanced Rotator Cuff Repair with Augment / Advanced Shoulder stabilization with Remplissage and Distal Tibia Graft using Tight Rope Cerclage). Tribe / Arthrex Advanced Surgical Skills Course – Shoulder and Elbow. Toronto, ON; May14, 2025 – Invited Skills Lab Instructor / Faculty
22. Pollock J. Sholder Instability with Humeral head and Glenoid Bone Loss. Treatment options and tips and tricks. Distal Tibia Allograft and Remplissage. Tribe / Arthrex Advanced Surgical Skills Course – Shoulder and Elbow. Toronto, ON; May14, 2025 – Invited Instructor / Faculty
23. Pollock J. Complex Revision Rotator Cuff Repair Using Augments. Indications, Outcomes, Tips and Tricks. Tribe / Arthrex Advanced Surgical Skills Course – Shoulder and Elbow. Toronto, ON; May14, 2025 – Invited Instructor / Faculty
24. Pollock J, Concussions in the Canadian Professional Football League (CFL): Diagnosis, Treatment and Prevention. The Canadian Football League. Ottawa, ON. May 10, 2025 – Instructor
25. Pollock J. DePuy Synthes – Enhance Shoulder Arthroplasty Global Advisory Board. Tampa, FL; Feb 7, 2025 – Invited Consultant / Expert
26. Pollock J. Prevention and Surgical Repair of Pectoralis Major Tears in Professional Football Players. CFL Medical / Team Physician Meeting. Las Vegas, NV; Jan 25, 2025 (Committee Member, Invited Speaker)
27. Pollock J. Canadian Arthroscopy Meeting (CAM), Clear Water, Florida, Dec 5-8 2024 – Invited Moderator / Program Committee
28. Pollock J. Bio-Brace Rotator Cuff Augmentation – Arthroscopic Technique. American Orthopaedic Society of Sports Medicine (AOSSM), Investigators Meeting. Denver, Colorado. July 12 2024 – Invited Speaker
29. Pollock J. Team Physician Experience: The Good, The Bad and The Ugly. University of Ottawa, Division of Orthopaedic Surgery Alumni CME Update III. Ottawa, ON June 7, 2024 – Invited Speaker / Co-Chair
30. Pollock J. *Assessment and Treatment of the Athletes Elbow*. Current Trends in Orthopaedic Surgery; May 2024; Seville, Spain. – *Invited Speaker / Program Committee*
31. Pollock J. *Advances in Rotator Cuff Tears – Augmentation*. Current Trends in Orthopaedic Surgery; May 2024; Seville, Spain. – *Invited Speaker / Program Committee*
32. Pollock J. *Rotator Cuff Tears – Bio Brace Augmentation – Surgical Technique*. International Investigators Meeting; May 13 2024; Ottawa, ON (Virtual Meeting). – *Invited Speaker*
33. Pollock J, Concussions in the Canadian Professional Football League (CFL): Diagnosis, Treatment and Prevention. The Canadian Football League. Ottawa, ON. May 10, 2024

34. Pollock J, Pectoralis Major Injuries in Professional Football Players Diagnosis, Treatment and Prevention. The Canadian Football League Medical Meeting. Scottsdale, AZ. Jan 26-27, 2024
35. Pollock J, Complex Case Panel: Rotator Cuff Tears. *Canadian Complex Sports Medicine Symposium*; Dec 7-9, 2023; Naples, FL. – *Invited Expert Panellist*
36. Pollock J, Complex Case Panel: Shoulder Instability. *Canadian Complex Sports Medicine Symposium*; Dec 7-9, 2023; Naples, FL. – *Invited Expert Panellist*
37. Pollock J, Revision Rotator Cuff Tears – CuffMend RTC augmentation. *Canadian Complex Sports Medicine Symposium*; Dec 7-9, 2023; Naples, FL. – *Invited Speaker*
38. Pollock J, Complex Arthroscopic Shoulder Surgery – *Canadian Complex Sports Medicine Symposium*; Dec 7-9, 2023; Naples, FL. – *Invited Instructor*
39. Pollock J, *Shoulder Arthroscopy*. Clearwater Sports and Arthroscopy Update Course; Dec 2023; Clearwater, FL. – *Invited Moderator / Program Committee*
40. Pollock J, *Shoulder arthroscopy*. Clearwater Sports and Arthroscopy Update Course; Dec 2023; Clearwater, FL. – *Invited Cadaver Lab Instructor*
41. Pollock J, *Shoulder Arthroplasty Scientific Paper Session*. American Shoulder and Elbow Society (ASES) Annual Meeting; Oct 4-7, 2023; Scottsdale, AZ. – *Invited Moderator*
42. Pollock J, *Shoulder arthroscopy*. Clearwater Sports and Arthroscopy Update Course; Nov 2022; Clearwater, FL. – *Invited Cadaver Lab Instructor*
43. Pollock J, *Elbow traumatic injuries*, Argentine Congress of Trauma and Orthopaedics (AAOT) Conference; Dec 1-4, 2021; Rosario, Argentina (virtual). – *Expert Panel, Invited Speaker*
44. Pollock J, *Shoulder arthroscopy*, 2021 ConMed Arthroscopy Meeting; Nov 3-6, 2021; Clearwater, FL (virtual). – *Invited Moderator / Program Committee*
45. Pollock J, *Shoulder anterior shoulder superior capsular reconstruction (SCR) update - Tips and Tricks*. Granada Shoulder Course: Updates in Arthroscopic Surgery; Dec 3, 2020; Granada, Spain (virtual). – *Invited Guest Speaker*
46. Pollock J, *Shoulder arthroscopy*. 2020 ConMed Clearwater Arthroscopy Meeting; Nov 20, 2020; virtual. – *Invited Moderator / Program Committee*
47. Pollock J, *Management of complex massive rotator cuff tears*. 2020 ConMed Clearwater Sports Arthroscopy Meeting; Nov 20, 2020; virtual. – *Invited Expert Panelist*
48. Pollock J, *Superior capsular reconstruction vs partial repair*. 2020 ConMed Clearwater Sports Arthroscopy Meeting; Nov 20, 2020; virtual. – *Invited Debate Presenter*
49. Pollock J, *Current trends in orthopaedics: Medial elbow pain in athletes*. VuMedi; Nov 1, 2019; virtual. – *Featured Speaker*
50. Pollock J, *Current trends in orthopaedics: Lateral elbow pain in athletes*. VuMedi; Nov 4, 2019; virtual. – *Featured Speaker*
51. Pollock J, *Shoulder arthroscopy*. Clearwater Sports and Arthroscopy Update Course; Dec 2018; Clearwater, FL. – *Invited Cadaver Lab Instructor*
52. Pollock J, *Update on surgical techniques for radial head fractures*. Current Trends in Orthopaedic Surgery; May 2018; Loire Valley, France. – *Invited Guest Speaker*
53. Pollock J, *Sports injuries of the elbow, clinical evaluation and treatment*. Current Trends in Orthopaedic Surgery; May 2018; Loire Valley, France. – *Invited Guest Speaker*
54. Pollock J, *Current concepts of the shoulder – Review of recent literature*. Canadian Orthopaedic Association (COA) Shoulder Webinar, Dec 2017 – *Invited Expert Panelist*
55. Pollock J, *Shoulder arthroscopy*. Clearwater Sports and Arthroscopy Update Course; Dec 2015; Clearwater, FL. – *Invited Cadaver Lab Instructor*

56. Pollock J, *Rotator cuff tears of the shoulder*. International Shoulder Meeting, Oct 2014, Shanghai, China. – *Invited Guest Speaker*
57. Pollock J, *Live surgery demonstration arthroscopic rotator cuff repair*. International Shoulder Meeting; Oct 2014; Shanghai, China. – *Invited Guest Speaker*
58. Pollock J, *Partial rotator cuff tears of the shoulder*. 2nd Spanish Arthroscopy Meeting, Joint AEA-SEROD Congress; Apr 2014; Seville, Spain. – *Invited Guest Speaker*
59. Pollock J, *PLRI of the elbow - Limits of arthroscopy*. 2nd Spanish Arthroscopy Meeting, Joint AEA-SEROD Congress; Apr 2014; Seville, Spain. – *Invited Guest Speaker*
60. Pollock J, *Shoulder arthroscopy*. Clearwater Sports and Arthroscopy Update Course; Dec 2013; Clearwater, FL. – *Invited Cadaver Lab Instructor*
61. Pollock J, *Elbow Injuries in the throwing athlete*. Clearwater Sports and Arthroscopy Update Course. Dec 2012; Clearwater, FL. – *Invited Presenter*
62. Pollock J, *Elbow arthroscopy*. Sarasota Arthroscopy Update Course; Oct 2011; Sarasota, FL. – *Invited Instructor*
63. Pollock J, *Shoulder arthroscopy surgical techniques*. Sarasota Arthroscopy Update Course; Oct 2011; Sarasota, FL. – *Invited Instructor*

CME / Invited National

1. Pollock J, Orthobiologics National Advisory Board Meeting, Pendopharm; July 18, 2026 Toronto, ON. – *Invited Expert / Session Moderator*
2. Pollock J, *Complex Elbow Fracture Dislocations: Get it right the first time. Terrible Triads, Trans-Olecranon, Distal Humerus ORIF, Hemiarthroplasty and Total Elbow Arthroplasty – Case Presentation / Review, Surgical Tips, Tricks and Key Steps*. Canadian Orthopaedic Association (COA) Annual Meeting; June 13, 2026; St Johns, NL. – *Invited Moderator*
3. Pollock J, *Complex Elbow Fracture Dislocations: Get it right the first time. ORIF Distal Humerus – Surgical Tips, Tricks and Key Steps*. Canadian Orthopaedic Association (COA) Annual Meeting; June 13, 2026; St Johns, NL. – *Invited Speaker / Expert Panellist*
4. Pollock J, *Rotator Cuff Repair: The Healing Paradigm (ICL). The Role of patch augmentation, grafts and biologics in optimizing repair integrity*. Canadian Orthopaedic Association (COA) Annual Meeting; June 13, 2026; St Johns, NL. – *Invited Speaker / Expert Panellist*
5. Pollock J, *The Role of Visco-supplementation for Osteoarthritis, Rotator Cuff Disease, Adhesive Capsulitis*. Canadian Orthopaedic Association (COA) Annual Meeting; June 12, 2026; St Johns, NL. – *Invited Speaker / Expert Panellist*
6. Pollock J. *Reconstruction Symposium*. University of Ottawa Division of Orthopaedic Surgery Alumni Update 4th edition. The Ottawa Hospital. Ottawa, ON; May 15, 2026
7. Pollock J. *Advanced Rotator Cuff Repair with Augment / Advanced Shoulder stabilization with Remplissage and Distal Tibia Graft using Tight Rope Cerclage*. Tribe / Arthrex Advanced Surgical Skills Course. Toronto, ON; May 2, 2026 – *Invited Surgical Skills Lab Instructor / Faculty*
8. Pollock J. *Ultrasound guided MSK Injections (Cadaver Skills Lab)*. April 23, 2026; UOttawa Surgical Skills Center, Ottawa, ON – *Instructor/Chair*
9. Pollock J, *Team Physician / Professional Sports Experience*. *Sports Medicine Interest Group*. University of Ottawa Department of Medicine; Jan 27 2026; Ottawa, ON. – *Invited Instructor*
10. Pollock J. *DePuy Synthes VersaLoop all Suture Anchor National Launch: Clinical Uses, Surgical Technique, Tips and Tricks for Rotator Cuff, Labral Repair and General Use*. Virtual, Ottawa ON Dec 18 2025 – *Invited Instructor*

11. Pollock J, The Role of Visco-supplementation for Osteoarthritis, Rotator Cuff Disease, Adhesive Capsulitis. National Capital Orthopaedic Association (NCOA): Nov 28, 2025; Montebello, QC. Invited Lecturer / Chair
12. Pollock J, Ultrasound Guided Visco-supplementation Injections: Skill development and training strategies. National Capital Orthopaedic Association (NCOA): Nov 28, 2025; Montebello, QC. Invited Lecturer / Chair
13. Pollock J. ConMed Advanced Shoulder Arthroscopic Surgical Skills Lab. Toronto, ON Oct 25 2025 – Invited Faculty / Instructor
14. Pollock J, *Reinforce Soft Tissue with Biology. How BioBrace Augments My Clinical Practice. Lunch and Learn Session.* Canadian Orthopaedic Association (COA) Annual Meeting; June 13, 2025; Vancouver, BC. – *Invited Speaker / Expert*
15. Pollock J, Team Physician / Professional Sports Experience. *Sports Medicine Interest Group.* University of Ottawa Department of Medicine; Feb 13 2025; Ottawa, ON. – *Invited Instructor*
16. Pollock J, *Shoulder Arthroplasty Lab: Anatomic and Reverse Total Shoulder Replacement – Cadaver lab* Canadian Shoulder and Elbow Society 11th Annual Shoulder / Elbow Course; Feb 1 2025; Ottawa, ON. – *Invited Lead Instructor/Moderator*
17. Pollock J, *Shoulder Instability Work-up, Treatment Algorithms and Bone Loss Management.* Canadian Shoulder and Elbow Society 11th Annual Shoulder / Elbow Course; Jan 31 2025; Ottawa, ON. – *Invited Moderator*
18. Pollock J, *Shoulder arthroscopic RTC repair, SLAP repair, stabilization – Cadaver lab* Canadian Shoulder and Elbow Society 11th Annual Shoulder / Elbow Course; Jan 31 2025; Ottawa, ON. – *Invited Lead Instructor/Moderator*
19. Pollock J, *Ultrasound Guided Injections of the Shoulder and Elbow – Cadaver lab* Canadian Shoulder and Elbow Society 11th Annual Shoulder / Elbow Course; Jan 31 2025; Ottawa, ON. – *Invited Moderator*
20. Pollock J, *Update on Irreparable Rotator Cuff Tears .* Canadian Shoulder and Elbow Society 11th Annual Shoulder / Elbow Course; Jan 31 2025; Ottawa, ON. – *Invited Moderator*
21. Pollock J, *Tommy John Surgery / UCL Reconstruction - demonstration.* Canadian Shoulder and Elbow Society 10th Annual Shoulder / Elbow Course; Jan 30 2025; Montreal, QC. – *Invited Instructor*
22. Pollock J, *Elbow arthroscopy – Cadaver lab.* Canadian Shoulder and Elbow Society 11th Annual Shoulder / Elbow Course; Jan 30 2025; Ottawa, ON. – *Invited Lead Instructor/Moderator*
23. Pollock J, *Distal Humerus Fractures - Group interactive discussion.* Canadian Shoulder and Elbow Society 11th Annual Shoulder / Elbow Course; Jan 30 2025; Ottawa, ON. – *Invited Moderator / Instructor*
24. Pollock J, *Elbow Arthroscopy: How to get Started.* Canadian Shoulder and Elbow Society 11th Annual Shoulder / Elbow Course; Jan 30 2025; Ottawa, ON. – *Invited Instructor*
25. Pollock J, Optimizing healing of Rotator Cuff Repairs (BioBrace Augmentation). Thunder Bay Regional Health Science Center, Northern Ontario School of Medicine. December 12, 2024; Thunder Bay, ON. (virtual) – *Invited Speaker*
26. Pollock J, The Role of Visco-supplementation for Osteoarthritis. National Capital Orthopaedic Association (NCOA): Nov 22, 2024; Montebello, QC. Invited Lecturer / Chair
27. Pollock J, *Elbow Injuries in the Throwing Athlete.* Carlton University Sports Medicine Rounds. Oct 8, 2024; Ottawa, ON. – *Invited Lecturer*
28. Pollock J, *Single vs Double Incision Repair of Distal Biceps Rupture – Debate.* Canadian Shoulder and Elbow Society First Annual Members Meeting; Sept 27, 2024; Toronto, ON. – *Invited Lecturer*
29. Pollock J, *UCL Injuries in the Elbow and Tommy John Surgery. Combined ICL.* Canadian Orthopaedic Association (COA) Annual Meeting; June 15, 2024; Halifax, NS. – *Invited speaker / Expert Panellist*
30. Pollock J, *Proximal Humerus Fractures. Combined ICL COTS/ASES.* Canadian Orthopaedic Association (COA) Annual Meeting; June 15, 2024; Halifax, NS. – *Invited Moderator/Expert Panellist*

31. Pollock J, 1st Bi-Annual Canadian Shoulder and Elbow Society Closed Meeting. Sept 26-27, 2024; Toronto ON. – Invited Speaker / Program Committee
32. Pollock J, University of Ottawa Orthopaedic Surgery Alumni Update II. University of Ottawa; June 8, 2024; Ottawa ON. – Co-Chair / Program Committee
33. Pollock J, Rotator Cuff Repair with Patch Augmentation: What do we know. Western University Sports Medicine Day; January 30, 2024; London, ON. – *Invited Visiting Professor, Instructor*
34. Pollock J, Complex Shoulder and Sports Injuries – Case Presentation: Western University Sports Medicine Day; January 30, 2024; London, ON. – *Invited Visiting Professor, Instructor*
35. Pollock J, Anterior Shoulder Arthroscopic Stabilization / Remplissage – Update and Surgical Technique. ConMed Expert Shoulder Arthroscopy Discussion Panel. June 27, 2023 Saskatoon, SK– Invited Guest Speaker
36. Pollock J, Virtual Reality (VR) Rotator Cuff Repair – Tips and Tricks. ConMed Expert Shoulder Arthroscopy Discussion Panel. June 27, 2023 Saskatoon, SK– Invited Guest Speaker
37. Pollock J, *Complexities of Posterior Shoulder and Multidirectional Instabilities. ACC/ASES Combined Session*, Canadian Orthopaedic Association (COA) Annual Meeting; June 24, 2023; Calgary, AB. – *Invited Moderator*
38. Pollock J, *Evaluation and Treatment of Distal Biceps Tendon Injuries*. Canadian Orthopaedic Association (COA) Annual Meeting; June 24, 2023; Calgary, AB. – *Invited Moderator*
39. Pollock J, *Single Incision Repair of Distal Biceps Rupture – Tips and Tricks*. Canadian Orthopaedic Association (COA) Annual Meeting; June 24, 2023; Calgary, AB. – *Invited Lecturer*
40. Pollock J, *Distal Biceps Rupture (Demographics, Anatomy, non-operative management*. Canadian Orthopaedic Association (COA) Annual Meeting; June 24, 2023; Calgary, AB. – *Invited Lecturer*
41. Pollock J, *Total Elbow Arthroplasty for Distal Humerus Fractures*. Canadian Orthopaedic Association (COA) Annual Meeting; June 24, 2023; Calgary, AB. – *Invited Lecturer*
42. Pollock J, *Assessment and Examination of the Athletes Elbow- Work Shop*. Ontario Medical Association, Sports Medicine Conference; April 21, 2023; Toronto, ON. – *Invited Instructor/Moderator*
43. Pollock J, *Examination of Shoulder - Interactive Session*. Queens University Sports Medicine Day; March 1, 2023; Kingston, ON. – *Invited Guest Professor, Instructor*
44. Pollock J, *Assessment and Treatment of Shoulder Instability*. Queens University Sports Medicine Day; March 1, 2023; Kingston, ON. – *Invited Guest Professor, Instructor*
45. Pollock J, *Advanced Arthroscopic Knot Tying Skills lab*. Queens University Sports Medicine Day; March 1, 2023; Kingston, ON. – *Invited Guest Professor, Lab Instructor*
46. Pollock J, *Shoulder arthroscopic RTC repair, SLAP repair, stabilization – Cadaver lab*. Queens University Sports Medicine Day; March 1, 2023; Kingston, ON. – *Invited Guest Professor, Lab Instructor*
47. Pollock J, *Superior Capsular Reconstruction Tips and Tricks*. Canadian Shoulder and Elbow Society 1st Open Canadian Shoulder and Elbow Meeting: Arthroscopy Tips and Tricks; Feb 5, 2023; Montreal, QC. – *Invited Lead Instructor/Moderator*
48. Pollock J, *Elbow fracture dislocations - Group interactive discussion*. Canadian Shoulder and Elbow Society 10th Annual Shoulder / Elbow Course; Feb 2023; Montreal, QC. – *Invited Moderator / Instructor*
49. Pollock J, *Radial head arthroplasty surgical demonstration*. Canadian Shoulder and Elbow Society 10th Annual Shoulder / Elbow Course; Feb 2023; Montreal, QC. – *Invited Instructor*
50. Pollock J, *Elbow arthroscopy – Cadaver lab*. Canadian Shoulder and Elbow Society 10th Annual Shoulder / Elbow Course; Feb 2023; Montreal, QC. – *Invited Lead Instructor/Moderator*
51. Pollock J, *Shoulder arthroscopic RTC repair, SLAP repair, stabilization – Cadaver lab*. Canadian Shoulder and Elbow Society 10th Annual Shoulder / Elbow Course; Feb 2023; Montreal, QC. – *Invited Lead Instructor/Moderator*

52. Pollock J, *Surgical Fixation of Distal Humerus Fracture – Tips and Tricks*. Ontario Orthopaedic Association (OOA) Annual Meeting; Nov 4, 2022; Toronto, ON. – *Invited Lecturer*
53. Pollock J, *Proximal Humerus Fractures*. Ontario Orthopaedic Association (OOA) Annual Meeting; Nov 4, 2022; Toronto, ON. – *Invited Expert Panelist*
54. Pollock J, *Distal Radius Fractures*. Ontario Orthopaedic Association (OOA) Annual Meeting; Nov 4, 2022; Toronto, ON. – *Invited Expert Panelist*
55. Pollock J, *Elbow dislocation – How I choose my repair sequence – Tips and Tricks*. Canadian Orthopaedic Association (COA) Annual Meeting, CSES Specialty Day; Jun 11, 2022; Quebec, QC. – *Invited Lecturer*
56. Pollock J, *Position Statement / Practice Guidelines on lateral epicondylitis*. Canadian Orthopaedic Association (COA) Annual Meeting, CSES Specialty Day; Jun 11, 2022; Quebec, QC. – *Invited Lecturer / Expert Panelist*
57. Pollock J, *Position Statement / Practice Guidelines on Rotator Cuff Tears*. Canadian Orthopaedic Association (COA) Annual Meeting, CSES Specialty Day; Jun 11, 2022; Quebec, QC. – *Invited Expert Panelist*
58. Pollock J, *Position Statement / Practice Guidelines on Proximal Humerus Fractures*. Canadian Orthopaedic Association (COA) Annual Meeting, CSES Specialty Day; Jun 11, 2022; Quebec, QC. – *Invited Expert Panelist*
59. Lapner P, Alfonso A, Davies J, Pollock JW, Marsh J, King GJW. Non-operative treatment of lateral epicondylitis: A systematic review and meta-analysis, Canadian Orthopaedic Association (COA) Annual Meeting, CSES Subspecialty Day; Jun 2022, Quebec, QC. – *Invited Expert Panelist*
60. Pollock J, *Superior capsular reconstruction - Massive cuff tears - Tip and Tricks*. Canadian Orthopaedic Association (COA) Annual Meeting, Subspecialty Day; Jun 2020; Virtual meeting. – *Invited Lecturer*
61. Pollock J, *Elbow arthroscopy for osteoarthritis – Tips and Tricks*. Canadian Orthopaedic Association (COA) Annual Meeting, Subspecialty Day; Jun 2020; Virtual meeting. – *Invited Lecturer*
62. Pollock J, *Elbow fracture dislocations - Group interactive discussion*. Canadian Shoulder and Elbow Society 9th Annual Shoulder / Elbow Course; Jan 2020; Ottawa, ON. – *Invited Moderator*
63. Pollock J, *Radial head arthroplasty surgical demonstration*. Canadian Shoulder and Elbow Society 9th Annual Shoulder / Elbow Course; Jan 2020; Ottawa, ON. – *Invited Instructor*
64. Pollock J, *Elbow arthroscopy – Cadaver lab*. Canadian Shoulder and Elbow Society 9th Annual Shoulder / Elbow Course; Jan 2020; Ottawa, ON. – *Invited Lead Instructor/Moderator*
65. Pollock J, *Shoulder arthroplasty primary and reverse – Cadaver lab*. Canadian Shoulder and Elbow Society 9th Annual Shoulder / Elbow Course; Feb 2020; Ottawa, ON. – *Invited Lead Instructor/Moderator*
66. Pollock J, *Shoulder arthroscopic RTC repair, SLAP repair, stabilization – Cadaver lab*. Canadian Shoulder and Elbow Society 9th Annual Shoulder / Elbow Course; Feb 2020; Ottawa, ON. – *Invited Lead Instructor/Moderator*
67. Pollock J, *Management of massive unreparable rotator cuff tears: Reverse total shoulder arthroplasty*. Ontario Orthopaedic Association 42nd Annual General Meeting; Nov 2019; Toronto, ON. – *Invited Instructor*
68. Pollock J, *Acute triceps injuries*. Canadian Orthopaedic Association (COA) Annual Meeting; June 2019; Montreal, QC. – *Invited Lecturer*
69. Pollock J, *Shoulder and elbow injuries in competitive athletes – Evaluation, treatment, return to play*. Canadian Orthopaedic Association (COA) Annual Meeting; June 2019; Montreal, QC. – *Invited Instructor*
70. Pollock J, *My superior capsular reconstruction (SCR) experience: Tips, tricks, and patient selection*. Arthrex Surgical Skills Training, Advancements in Knee and Shoulder Arthroscopy; Apr 2019; Montreal, QC. – *Invited Instructor*
71. Pollock J, *Advancements in shoulder arthroscopy: Instability, knotted and knotless repair options, proximal and distal biceps repair, remplissage techniques, rotator cuff repair options (speed bridge /*

- speedfix*), SCR. Arthrex Surgical Skills Training, Advancements in Knee and Shoulder Arthroscopy; Apr 2019; Montreal, QC. – *Invited Lab Instructor*
72. Pollock J, *Clinical Evaluation of the Shoulder*. 68th Refresher Course for Family Physicians; Apr 2019; Ottawa, ON. – *Invited Instructor*
 73. Pollock J, *Anterior shoulder instability – Sub-critical glenoid bone loss: Treatment options and evidence*. McMaster University Residents Shoulder Arthroscopy Course; Mar 2019; Toronto, ON. – *Invited Guest Speaker*
 74. Pollock J, *Managing the failed rotator cuff repair – Approach to revision*. McMaster University Residents Shoulder Arthroscopy Course; Mar 2019; Toronto, ON. – *Invited Guest Speaker*
 75. Pollock J, *Rotator cuff repair / shoulder stabilization - Surgical techniques*. McMaster University Residents Shoulder Arthroscopy Course; Mar 2019; Toronto, ON. – *Invited Guest Lab Instructor*
 76. Pollock J, *Distal humerus fractures – Small group interactive discussion*. Canadian Shoulder and Elbow Society 8th Annual Shoulder / Elbow Course; Jan 2019; Calgary, AB. – *Invited Instructor / Moderator*
 77. Pollock J, *Proximal humerus fractures – Small group interactive discussion*. Canadian Shoulder and Elbow Society 8th Annual Shoulder / Elbow Course; Jan 2019; Calgary, AB. – *Invited Expert Panelist*
 78. Pollock J, *Total elbow arthroplasty surgical demonstration*. Canadian Shoulder and Elbow Society 8th Annual Shoulder / Elbow Course; Jan 2019; Calgary, AB. – *Invited Instructor*
 79. Pollock J, *Elbow arthroscopy – Cadaver lab*. Canadian Shoulder and Elbow Society 8th Annual Shoulder / Elbow Course; Jan 2019; Calgary, AB. – *Invited Lead Instructor/Moderator*
 80. Pollock J, *Shoulder arthroplasty primary and reverse*. Canadian Shoulder and Elbow Society 8th Annual Shoulder / Elbow Course; Jan 2019, Calgary, AB. – *Invited Cadaver and Virtual Reality Lab Instructor*
 81. Pollock J, *Shoulder arthroscopic RTC repair, SLAP repair, stabilization*. Canadian Shoulder and Elbow Society 8th Annual Shoulder / Elbow Course; Jan 2019; Calgary, AB. – *Invited Cadaver Lab Instructor*
 82. Pollock J, *Ortho evidence journal club session*. Ontario Orthopaedic Association 41st Annual General Meeting; Nov 2018; Toronto, ON. – *Invited Expert Panelist*
 83. Pollock J, *Proximal humeral fractures debate: ORIF vs non-operative management*. Ontario Orthopaedic Association 41st Annual General Meeting; Nov 2018; Toronto, ON. – *Invited Instructor*
 84. Pollock J, *Clinical Evaluation of the Shoulder*. 67th Refresher Course for Family Physicians; Apr 2018; Ottawa, ON. – *Invited Instructor*
 85. Pollock J, *Radial head fractures – Tips and tricks and current concepts*. Canadian Orthopaedic Association Annual Meeting; Jun 2018; Victoria, BC. – *Invited Instructor*
 86. Pollock J, *Elbow fracture dislocations*. Canadian Shoulder and Elbow Society (CSES) 7th Annual Shoulder Course; Feb 2018; Ottawa, ON. – *Invited Moderator*
 87. Pollock J, *Elbow Fracture Dislocations Case Presentation*. Canadian Shoulder and Elbow Society (CSES) 7th Annual Shoulder Course; Feb 2018; Ottawa, ON. – *Invited Instructor*
 88. Pollock J, *Elbow fracture dislocations – Small group interactive discussion* – Canadian Shoulder and Elbow Society (CSES) 7th Annual Shoulder Course; Feb 2018; Ottawa, ON. – *Invited Instructor/Moderator*
 89. Pollock J, *Elbow arthroscopy*. Canadian Shoulder and Elbow Society (CSES) 7th Annual Shoulder Course, Ottawa; Feb 2018; Ottawa, ON. *Invited Lead Cadaver Lab Instructor/Moderator*
 90. Pollock J, *Shoulder Arthroplasty Primary and Reverse*. Canadian Shoulder and Elbow Society (CSES) 7th Annual Shoulder Course; Feb 2018; Ottawa, ON. – *Invited Cadaver Lab Instructor / Moderator*
 91. Pollock J, *Elbow injuries in Football*. Canadian Academy of Sports and Exercise Medicine (CASEM) Football Injuries Course; Nov 2017; Ottawa, ON. – *Invited Instructor*
 92. Pollock J, *Football injuries and Return to Play*. Canadian Academy of Sports and Exercise Medicine (CASEM) Football Injuries Course; Nov 2017; Ottawa, ON. – *Invited Instructor*

93. Pollock J, *MCL elbow injuries in the throwing athlete*. Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2017; Ottawa, ON. – *Invited Lecturer*
94. Pollock J, *ORIF complex elbow fractures – Tips and Tricks*. Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2017; Ottawa, ON. – *Invited Lecturer*
95. Pollock J, *Shoulder instability in the athlete*. Canadian Academy of Sports and Exercise Medicine (CASEM), Junior Hockey Course; Jun 2017; Mont-Tremblant, QC. – *Invited Lecturer*
96. Pollock J, *Arthroscopic shoulder stabilization and remplissage – Tips and Tricks*. PanAm Sports Medicine Shoulder Arthroscopy Course; Mar 2017; Winnipeg, MB. – *Invited Guest Lecturer*
97. Pollock J, *Arthroscopic stabilization and rotator cuff repair*. PanAm Sports Medicine Shoulder Arthroscopy Course; Mar 2017; Winnipeg, MB. – *Invited Guest Cadaver Lab Instructor*
98. Pollock J, *Arthroscopic rotator cuff repair – Tips and Tricks*. PanAm Sports Medicine Shoulder Arthroscopy Course; Mar 2017; Winnipeg, MB. – *Invited Guest Lecturer*
99. Pollock J, *Arthroscopic stabilization and rotator cuff repair*. Canadian Shoulder and Elbow Society (CSES) Shoulder and Elbow Course; Feb 2017; Calgary, AB. – *Invited Cadaver Lab Instructor*
100. Pollock J, *Surgical approach and technique for ORIF of distal humerus fractures*. Canadian Shoulder and Elbow Society (CSES) Shoulder and Elbow Course; Feb 2017; Calgary, AB. – *Invited Lecturer*
101. Pollock J, *Surgical approach and technique for ORIF of elbow fracture dislocations*. Canadian Shoulder and Elbow Society (CSES) Shoulder and Elbow Course; Feb 2017; Calgary, AB. – *Invited Lecturer*
102. Pollock J, *Arthroscopic rotator cuff repair - Case presentation*. Canadian Shoulder and Elbow Society (CSES) Shoulder and Elbow Course; Feb 2017; Calgary, AB. – *Invited Instructor*
103. Pollock J, *Reverse total shoulder arthroplasty for proximal humerus fractures*. Lima Corporate Comprehensive Shoulder Course, University of Calgary; Oct 2016; Calgary, AB. – *Invited Lecturer*
104. Pollock J, *Reverse and primary total shoulder replacement*. Lima Corporate Comprehensive Shoulder Course, University of Calgary; Oct 2016; Calgary, AB. – *Invited Cadaver Lab Instructor/Moderator*
105. Pollock J, *ORIF distal humerus fracture*. Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2016; Quebec City, QC. – *Invited Lecturer*
106. Pollock J, *Rotator cuff tears*. Canadian Shoulder and Elbow Society (CSES) 5th Annual Shoulder Course; Feb 2016; Ottawa, ON. – *Invited Lecturer*
107. Pollock J, *Reverse and primary total shoulder replacement*. Canadian Shoulder and Elbow Society (CSES) 5th Annual Shoulder Course; Feb 2016; Ottawa, ON. – *Invited Cadaver Lab Instructor/Moderator*
108. Pollock J, *Arthroscopic stabilization and rotator cuff repair*. Canadian Shoulder and Elbow Society (CSES) 5th Annual Shoulder Course; Feb 2016; Ottawa, ON. – *Invited Cadaver Lab Instructor*
109. Pollock J, *Assessment and evaluation of the elbow in the throwing athlete*. Canadian Academy of Sport and Exercise Medicine (CASEM) / Ontario Medical Association (OMA) Sport Medicine Conference Symposium; Feb 2015; Ottawa, ON. – *Invited Workshop Instructor*
110. Pollock J, *Rotator cuff tears*. JOINTS Canada 4th Annual Shoulder Course; Feb 2015; Ottawa, ON. – *Invited Lecturer*
111. Pollock J, *Reverse and primary total shoulder replacement*. JOINTS Canada 4th Annual Shoulder Course; Feb 2015; Ottawa, ON. – *Invited Cadaver Lab Instructor/Moderator*
112. Pollock J, *Rotator cuff tears*. JOINTS Canada 3rd Annual Shoulder Course; Jan 2014; Ottawa, ON. – *Invited Lecturer*
113. Pollock J, *Reverse and primary total shoulder replacement*. JOINTS Canada 3rd Annual Shoulder Course; Jan 2014; Ottawa, ON. – *Invited Cadaver Lab Instructor/Moderator*
114. Pollock J, *Soft tissues injuries around the elbow*. Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2013; Winnipeg, MB. – *Invited Moderator*

115. Pollock J, *Medial collateral ligament injuries in the athlete's elbow*. Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2013; Winnipeg, MB. – *Invited Lecturer*
116. Pollock J, *Arthroscopic repair of subscapularis*. Canadian Orthopaedic Association (COA) Annual Meeting; Jul 2011; St. Johns, Nfld. – *Invited Lecturer*
117. Pollock J, *Total elbow replacement for distal humerus fractures*. Canadian Orthopaedic Association (COA) Annual Meeting; Jul 2011; St. Johns, Nfld. – *Invited Lecturer*
118. Pollock J, *Proximal humerus fractures*. Canadian Orthopaedic Association (COA) Annual Meeting; Jul 2011; St. Johns, Nfld. – *Invited Lecturer*
119. Pollock J, *Coronoid fractures*. Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2010; Edmonton, MB. – *Invited Lecturer*
120. Pollock J, *Distal radius fractures*. University of Ottawa Upper Extremity Course, The University of Ottawa; May 2009; Ottawa, ON. – *Invited Instructor*
121. Pollock J, *Shoulder and elbow injuries*. Occupational and Environmental Medical Association of Canada 27th Annual Meeting; Oct 2009; Ottawa, ON. – *Invited Lecturer*
122. Pollock J, *SLAC wrist*. University of Ottawa National Wrist Course, The University of Ottawa; May 2008; Ottawa, ON. – *Invited Instructor*

f) RESIDENT, GRADUATE AND FELLOW SUPERVISION & MENTORING DETAILS

Co-Supervisor Master of Engineering Degree (2012-2014)

Department of Engineering, Carleton University, Ottawa ON, Canada

Supervised Master's Candidate:

Hakim Louati, Department of Engineering, Carleton University, Sep 2012-Sep 2014

Co-Director and Co-Supervisor, Shoulder and Elbow Surgery Clinical Fellowships (2009-pres)

Division of Orthopaedic Surgery, University of Ottawa, Ottawa ON, Canada

Supervised Fellows: 23 completed

Dr. Ahmed Al Mulhim (Saudi Arabia), Shoulder/Elbow Fellowship, Principal Supervisor, Aug 2025-July 2026

Dr. Mikaela Peters (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, Aug 2024- July 2025

Dr. Cristina Bassi (Switzerland), Shoulder/Elbow Fellowship, Principal Supervisor, Aug 2023- Sept 2024

Dr. Kellen Walsh (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, Aug 2023- July 2024

Dr. Julien Caron (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, Aug 2023- Jan 2024

Dr. Jillian Fairley (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, Aug 2022- July 2023

Dr. Jonathan Doyon (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, Aug 2021- July 2022

Dr. Amarpal Cheema (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, Aug 2021-July 2022

Dr. Ana Alfonso (Spain), Shoulder/Elbow Fellowship, Principal Supervisor, July 2020- June 2021

Dr. Louis-Philippe Baisi (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, July 2020- June 2021

Dr. Ang Li (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, Aug 2019-June 2020

Dr. Orlyn Collins (Africa), Shoulder/Elbow Fellowship, Principal Supervisor, Dec 2018 -June 2020

Dr. Saif Aldhuhoori (UAE), Shoulder/Elbow Fellowship, Principal Supervisor, Aug 2018-June 2019

Dr. Pascale Derome (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, July 2017-June 2018

Dr. Carlos Pena Rodrigues (Spain), Shoulder/Elbow Fellowship, Principal Supervisor, July 2017-June 2018

Dr. Meaghan Rollins (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, Sep 2016-June 2017

Dr. Lisa Howard (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, July 2016 - June 2017

Dr. Randa Berdusco (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, July 2015 – June 2016

Dr. Liangfu Jiang (China), Shoulder/Elbow Fellowship, Principal Supervisor, July 2012 - June 2013

Dr. Milton Parai (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, July 2011 - June 2012

Dr. Rey Chaudhary (CAN), Shoulder/Elbow Fellowship, Principal Supervisor, July 2010 - June 2011

Dr. Emilio Lopez-Vidriero (Spain), Shoulder/Elbow Fellowship, Principal Supervisor, July 2009 - Jun 2010

Co-Supervisor, Shoulder and Elbow Surgery Clinical Resident Rotation (2008-pres)

g) RESEARCH GRANT FUNDING

LIFETIME FUNDING (as Co-Investigator): \$4,434,559.00

PSI Research Grant – Physicians’ Services Incorporated (PSI) Foundation (2025-2027)

- Title: TransFER of the lower trapezius tendon versus Partial Cuff Repair Trial (TENET trial).
- PSI Grant Number 25-04
- Total Funding: \$145,000
- Co-Investigator: J Pollock, Lead Investigator: Peter Lapner
- Study design / protocol / grant application/ lab work/ surgical dissection

Canadian Shoulder and Elbow Society (CSES) – Canadian Orthopaedic Foundation (2024)

- Title: Glenoid Bone Loss Treatment with Osseous Augmentation with Coracoid vs Allograft [BLOC Trial]
- Total Funding: \$25,000.00
- Co-Investigator/Collaborator: J Pollock, Lead Investigator: Dr. Peter Lapner
- Protocol Design, Ethics, Recruitment, Manuscript

Canadian Shoulder and Elbow Society (CSES) – Canadian Orthopaedic Foundation (2024)

- Title: Lower Trapezius Tendon Transfer vs Partial Arthroscopic Rotator Cuff Repair for Massive Rotator Cuff Tears: A Pilot Randomized Control Trial [LIFT trial]
- Total Funding: \$20,000.00
- Co-Investigator/Collaborator: J Pollock, Lead Investigator: Dr. Peter Lapner
- Protocol Design, Ethics, Recruitment, Manuscript

BioBrace – Conmed (2023)

- Title: A prospective single blind, multi-center, randomized controlled, pivotal study to evaluate the safety and effectiveness of the BioBrace Implant during arthroscopic repair of the full thickness rotator cuff tears.
- CIP Number CSP-BB0003
- Total Funding: approx. \$150,000 (\$9500 / patient)
- Lead Principal Investigator / Site PI: J Pollock
- Protocol Design, Recruitment, Data Analysis, Manuscript

Workplace Safety and Insurance Board (WSIB) – Canadian Orthopaedic Foundation (2023)

- Title: Revisiting Value and Efficacy (REVIVE) a quality improvement initiative in arthroscopic cuff repair.
- Total Funding: \$283,868.00
- Co-Investigator: J Pollock
- Protocol Design, Recruitment, Manuscript

Canadian Shoulder and Elbow Society (CSES) – Canadian Orthopaedic Foundation (2023)

- Title: A randomized double-blinded sham-controlled trial on the efficacy of arthroscopic tennis elbow release for the management of lateral epicondylitis
- Total Funding: \$19,195.00
- Lead Principal Investigator: J Pollock
- Protocol Design, Ethics, Recruitment, Manuscript

TOHAMO Innovation Fund – Innovation Fund Provincial Oversight Committee Approval (2022-23)

- Title: Revisiting value and efficacy (*REVIVE*) A quality improvement initiative in arthroscopic cuff repair
- Total Funding: \$99,500
- Co-Investigator/Collaborator: J Pollock, Lead Investigator: Dr. Peter Lapner
- Recruitment

MTF Biologics – Clinical Research Grant (2020-pres)

- Title: Arthroscopic partial repair vs. Superior capsular reconstruction for massive irreparable rotator cuff tears: A Pilot randomized and controlled trial

- Budget: \$500/patient (partial repair) + \$2,500/patient (SCR)
- Site Principal Investigator: J Pollock, Lead Investigator: Patrick Henry
- Ethics, Recruitment

Wright Medical Group – Research Grant (2020-pres)

- Title: Multicenter randomized study of personalized instrument in total shoulder arthroplasty: The P.I.T.S.A. Study
- Budget Agreement: \$1,000/patient
- Site Co-Investigator: J Pollock, Lead Investigator: Dominique Rouleau
- Recruitment

Canadian Orthopaedic Foundation, CSES Research Grant (2020-pres)

- Title: Immersive virtual reality effectiveness in orthopaedic education: RCT
- Total Funding: \$20,000
- Co-Investigator: J Pollock, Principal Investigator: Danny Goel
- Study design, recruitment, interpretation of results

Resident Research Grant – Physicians’ Services Incorporated (PSI) Foundation (2020-2021)

- Title: Comparison of standard versus posterior augmented components in shoulder arthroplasty, a biomechanical study.
- Total Funding: \$30,000
- Co-Investigator: J Pollock, Lead Investigator: Peter Lapner
- Study design / protocol / grant application/ lab work/ surgical dissection

Linovatec (Canada) – Research Grant (2020-2021)

- Title: Approach to instability: A randomized controlled trial comparing two treatment algorithms
- Total Funding: \$25,000
- Co-Investigator: J Pollock, Lead Investigator: Peter Lapner
- Study design / protocol

Department of Surgery Research Grant (2019-2021)

- Title: Approach to management of the retroverted glenoid in shoulder arthroplasty: A pilot randomized control trial
- Total Funding: \$120,000 (\$60,000/year)
- Study Co-Investigator: J Pollock, Lead Investigator: Peter Lapner
- Study Design, grant application, recruitment, interpretation of results

DND Department of National Defense Research Grant (2018-pres)

- Title: PERK II study: Prevention of post-traumatic contractures with Ketotifen II.
- Total Funding: \$2,440,796
- Budget: \$1275/patient
- Site Principal Investigator: J Pollock, Study Principal Investigator: Kevin Hildebrand
- Recruitment, grant application, study protocol

Physicians’ Services Incorporated (PSI) Foundation Grant (2018-2019)

- Title: Quantification of the exposure of the glenohumeral joint achieved with long head of biceps and pectoralis major release in the deltopectoral approach to the shoulder
- Total Funding: \$19,500
- Co-Investigator: J Pollock, Principal Investigator: Peter Lapner
- Study design, laboratory work, surgical dissection, interpretation of results, manuscript

Canadian Orthopaedic Research Legacy (CORL) Grant (2015-2016)

- Title: Validation of synovial biopsy for diagnosis of infection in shoulder arthroplasty – synovial biopsy
- Total Funding: \$20,000
- Co- Investigator: J Pollock, Principal Investigator: Peter Lapner
- Study design, recruitment, interpretation of results, manuscript review

Canadian Institutes of Health Research (CIHR) Grant (2011-2016)

- Title: Stem cell augmentation of rotator cuff repair
- Total Funding: \$865,000

- Co- Investigator: J Pollock, Principal Investigator: Guy Trudel
- Study design, grant application, recruitment, interpretation of results, manuscript

Department of Surgery Grant (2014-2015)

- Title: Validation of synovial biopsy for the diagnosis of infection in shoulder arthroplasty - synovial biopsy
- Total Funding: \$25,000
- Co-Investigator: J Pollock, Principal Investigator: Peter Lapner
- Role: Study design, recruitment, interpretation of results, manuscript

The Ottawa Hospital Academic Medical Organization (TOHAMO) (2013-2015)

- Title: Trephination in rotator cuff repair: a randomized controlled trial
- Total Funding: \$97,000
- Co-Investigator: J Pollock, Principal Investigator: Peter Lapner
- Role: Study design, grant application, recruitment, interpretation of results, manuscript

Resident Research Grant – Physicians’ Services Incorporated (PSI) Foundation (2011-2012)

- Title: Biomechanical evaluation of the long and short heads of the distal biceps contribution to elbow flexion strength and forearm supination strength
- Total Funding: \$18,000
- Co-Investigator: J Pollock, Principal Investigator: Marc Prud’Homme-Foster
- Study design, grant application, laboratory work, interpretation of results, manuscript

Resident Research Grant – Physicians’ Services Incorporated (PSI) Foundation (2005-2006)

- Title: Assessment of back and/or leg pain: Which questions are valid and reliable?
- Total Funding: \$5500
- Principal Investigator: J Pollock
- Study design, data collection, interpretation of results, manuscript

Department of Spinal Surgery Research Travel Grant (2004)

- University of Ottawa, Ottawa ON
- Total Funding: \$1200
- Study design, data collection, interpretation of results, podium presentation, manuscript

h) PUBLICATIONS

1) LIFE-TIME SUMMARY ACCOUNT ACCORDING TO THE FOLLOWING CATEGORIES:

- Invited Book Chapters: 7
- Refereed Journal Articles: 46
- Invited Review Articles: 7
- Peer-Reviewed Conference Publications: 60 (22 International, 38 National)
- Other Contributions: 34 Regional/Local Scientific Presentations; 86 Teaching Presentations

2) DETAILS, same CATEGORIES AS ABOVE:

Invited Book Chapters

1. King GJ, Beingessner DM, **Pollock JW**. Elbow dislocations and terrible triad injuries. In: Tornetta P, Court-Brown CM et. al. eds. *Rockwood and Green’s Fractures in Adults*. 10th ed. Philadelphia, PA, Walters Kluwer. Sept 13, 2024.
2. **Pollock JW**, King GJ. Elbow dislocations and terrible triad Injuries. *Rockwood & Green On-Call, OTA Online*, 2023.
3. Howard LC, **Pollock JW**. Elbow dislocations. In: Bhandari M, ed. *Evidence-Based Orthopedics*. 2nd ed. Wiley-Blackwell; 2019:499-504.
4. King GJ, Beingessner DM, **Pollock JW**. Elbow dislocations and terrible triad injuries. In: Tornetta P, Court-Brown CM et. al. eds. *Rockwood and Green’s Fractures in Adults*. 9th ed. Philadelphia, PA, Walters Kluwer; 2019:1414-1468.

5. Beingessner DM, **Pollock JW**, King GJ. Elbow fractures and dislocations. In: Tornetta P, Court-Brown CM et. al. eds. *Rockwood and Green's Fractures in Adults*. 8th ed. Philadelphia, PA, Walters Kluwer; 2015:1179-1228.
6. Daneshvar P, **Pollock JW**, Athwal G. Fractures and dislocations of the proximal ulna and radial head. In: Antuna S, Barco R, eds. *Essentials in Elbow Surgery*. 1st ed. Springer; 2014:61-89.
7. Chaudrey R, Tompack M, **Pollock JW**. Fracture-dislocations of the elbow. In: Bhandari M, ed. *Evidence-Based Orthopedics*. 1st ed. Wiley-Blackwell; 2011:383-396.

Refereed Journal Articles

1. Peters, M, Fairley J, Bassi C, McIlquham K, **Pollock J**, Lapner P. Primary Glenohumeral Osteoarthritis and Posterior Humeral Head Subluxation: A Systematic Review: Part II – Soft Tissue and Patient Factors. JSES 2026 (in submission).
2. Fairly J, **Pollock JW**, McIlquham K, Lapner P. Shoulder Prosthetic Joint Infections: A Systematic Review and Meta-Analysis of Comparative Studies Between Single and Two Stage Revision. JSES 2026 (in submission)
3. Woolnough T, Standing S. **Pollock JW**, Elmasry W, Caines AM, Papp S. What factors influence outcomes in olecranon fractures in older adults? A cohort study of operative and non-operative management. *J Shoulder Elbow Surg*. Feb 2026. <https://doi.org/10.1016/j.jse.2026.01.004>
4. Bassi C, Nam D, , Sabri E, Drosdowech D, Pollock JW, Rouleau D. *J Shoulder Elbow Surg*. Accuracy of clinical symptoms and nuclear imaging in the diagnosis of infection in revision shoulder arthroplasty. *Orthopaedic Proceedings*. Jan 26, 2026:108-B(supp 1) doi:[10.1302/1358-992X.2026.1.104](https://doi.org/10.1302/1358-992X.2026.1.104)
5. Lapner P, **Pollock JW**, Li A, Al Ahmed R, McIlquham K, Zhang T, MacDonald P. Approach to Shoulder Instability: A Randomized Controlled Trial. *Orthopaedic Proceedings*, Nov 2025 107-B(SUPP_14):51-51. DOI:10.1302/1358-992X.2025.14.051
6. Antoniadou S, Pollock JW, Sabri E, MacDonald P, Bouliane M, McIlquham K, Lapner P. A multicentre retrospective cohort study comparing conventional double-row with suture bridge fixation in arthroscopic rotator cuff repairs. October 2025. *Orthopaedic Proceedings* 107-B(SUPP_10):115-115. DOI:[10.1302/1358-992X.2025.10.115](https://doi.org/10.1302/1358-992X.2025.10.115)
7. DeVeres Z, AlAhmed R, Parisien A, Nucci N, Spears A. Walsh K, **Pollock JW**, McIlquham K, Lapner P. Eccentric reaming versus posterior augmentation in the retroverted glenoid in total shoulder arthroplasty: A cyclic loading study. JSES Jan 2025. doi.org/10.1016/j.jse.2024.12.015
8. Beaulieu P, Alharthi H, Juric M, Parisien A, Lapner P, **Pollock JW**, Pickell M, Dervin G, Gramatopoulos G, Poitras S. Joint Instability of the Hip, Knee and Shoulder: Are they all made equal? *Journal of Hip Preservation Surgery*. March, 2025 (Supplement_1). DOI:[10.1093/jhps/hnaf011.183](https://doi.org/10.1093/jhps/hnaf011.183)
9. Hayes E, Pollock JW, Matache B, Pickell M. Arthroscopic labral repair and stabilization in National Hockey League (NHL) Players are associated with decreased performance in the first year of return to play with return to baseline in the second year. JSES International January 21, 2025. doi.org/10.1016/j.jseint.2024.12.015
10. Cristina Bassi, MD FRCSC; Diane Nam, MSc MD FRCSC; Elham Sabri, MSc; Darren Drosdowech, MD FRCSC; **J W. Pollock**, MSc MD FRCSC; Dominique Rouleau, MD FRCSC; Taryn Hodgdon, MD FRCPC; Katie McIlquham, HBSchK; Jonathan Doyon, MD FRCSC, Peter Lapner MD FRCSC. Accuracy of Clinical Symptoms and Nuclear Imaging in the Diagnosis of Infection in Revision Shoulder Arthroplasty. JSES March 2025. DOI:10.1016/j.jseint.2025.02.005
11. Lohre R, Lobo A, **Pollock JW**, Lapner P, Athwal G, Goel D Bois A. Errors in implant orientation estimation in novice versus experienced surgeons during RSA for a superior glenoid wear pattern. *J Shoulder Elbow Surg International*. Jan 12, 2025. JSEINT-D-24-00141R1

12. Lapner P, **Pollock JW**, Li A, Zhang T, McIlquham K, McRae S, MacDonald P. A multicenter retrospective cohort study comparing conventional double-row with suture bridge in arthroscopic rotator cuff repairs: *Ortho J Sports Med.* Jan 2025. V13(1) doi:10.1177/23259671241307673
13. Diagnostic Accuracy of preoperative percutaneous synovial biopsy and aspirate compared with open biopsy for prosthetic shoulder infections. Lapner P, Nam D, Cheema A, Sheikh A, Hodgdon T, Pollock JW, Ramsay T, Sabri E, Drosdowech D, McIlquham K, Toye B, Rouleau D. *J Shoulder Elbow Surg.* Oct 9, 2024:S1058-2746(24). doi: 10.1016/j.jse.2024.08.016
14. Caron J, Walsh K, Zhang T, Alahmed R, MacDonald P, Bassi C, Pollock J, McIlquham K, Lapner P. Approach to shoulder instability: A randomised control trial. *JSES International* Sept 30, 2024. DOI: [10.1016/j.jseint.2024.09.015](https://doi.org/10.1016/j.jseint.2024.09.015)
15. Kerhoulas Z, Ojaghi R, Hayes E, Khoury J, **Pollock JW**. What are the common factors that lead to failure to achieve minimal clinically important difference after shoulder surgery. A scoping review. *European Journal of Orthopaedic Surgery.* March 13, 2024. doi: 10.1007/s00590-024-03867-0
16. Woolnough T, **Pollock JW**, Elmasry W, Caines AM, Papp S. Treatment of Olecranon Fractures in older individuals: A cross-sectional survey of surgeon treatment preferences. *J Shoulder Elbow Surg International.* Nov 20, 2023. Doi: <https://doi.org/10.00910.1016/j.jseint.2023.10.009>.
17. Fairley J, **Pollock JW**, McIlquham K, Lapner P. Bone channelling in arthroscopic rotator cuff repair: A Systematic review and meta-analysis of level 1 studies. *J Shoulder Elbow Surg.* 2024 Jan;33(1):210-222. doi: 10.1016/j.jse.2023.08.012. Epub 2023 Sep 26
18. Lapner P, Bouliane M, **Pollock JW**, Coupal S, Sabri E, Hodgdon T, Old J, McIlquham K, MacDonald P, and CSES Investigators. Intra-operative channeling in arthroscopic cuff repair: A multicenter randomized controlled trial. *Am J Sports Med.* 2023;51(2):323-330. doi: 10.1177/03635465221138562
19. Lapner P, Alfonso A, Davies J, **Pollock JW**, Marsh J, King GJW. Non-operative treatment of lateral epicondylitis: A systematic review and meta-analysis: Position Statement. *Can. J. Surg.* 2022 Sep 21; 65 (5):E625-E629. doi: 10.1503/cjs.019221
20. Baisi LP, Athwal GS, **Pollock JW**, Zhang T, Sheikh A, Hodgdon T, McIlquham K, Lapner P. Ultrasound determined healing rates with subscapularis tenotomy versus peel after anatomic shoulder arthroplasty. *JSES.* 2022 August 13; (22) S1058-2746. doi: 10.1016/j.jse.2022.07.003.
21. Alduhoori S, Almasri M, Nicholls SG, **Pollock JW**, Rollins M, Howard L, Lapner P. What outcomes are important in the recovery from acromio-clavicular (AC) joint pathology? A focus group study with patients and surgeons. *Disabil. Rehabil.* 2022 May;44(10):1830-1838. doi: 10.1080/09638288.2020.1805800.
22. Lapner P, Alfonso A, Davies J, **Pollock JW**, Marsh J, King GJW, and Canadian Shoulder and Elbow Society (CSES). Non-operative treatment of lateral epicondylitis: A systematic review and meta-analysis. *JSES Int.* 2021 Dec 18;6(2):321-330. doi: 10.1016/j.jseint.2021.11.010.
23. Lapner P, Li A, **Pollock JW**, Zhang T, McIlquham K, McRae S, MacDonald P. A multicenter randomized controlled trial comparing single-row with double-row fixation in arthroscopic cuff repair: Long-term follow-up. *Am J Sports Med.* 2021 Sep;49(11):3021-3029. doi:10.1177/ 03635465211029029
24. Gouveia K, Zhang K, Kay J, Memon M, Simunovic N, Garrigues GE, **Pollock JW**, Ayeni OR. The use of elbow arthroscopy for management of the pediatric elbow: A systematic review of indications and outcomes. *Arthroscopy.* 2021 Jun; 37(6):1958-1970.e1. doi: 10.1016/j.arthro.2021.01.047.
25. Lapner P, **Pollock JW**, Laneuville O, Uhthoff HK, Zhang T, Sheikh A, McIlquham K, Trudel G. Pre-operative bone marrow stimulation does not improve functional outcomes in arthroscopic cuff repair: a prospective randomized controlled trial. *Bone Joint J.* 2021 Jan; 103B(1):123-130. doi: 10.1302/0301-620X.103B1.BJJ-2020-0011.R2.

26. Lohre R, Bois AJ, **Pollock JW**, Lapner P, McIlquham K, Athwal GS, Goel DP. Effectiveness of immersive virtual reality on orthopaedic surgical skills and knowledge acquisition among senior surgical residents: A randomized clinical trial. *JAMA Network Open*. 2020 Dec 1;3(12):e2031217 doi: 10.1001/jamanetworkopen.2020.31217.
27. Lohre R, Bois A, Athwal G, Goel D, **Canadian Shoulder and Elbow Society (CSES)**. Improved complex skill acquisition by immersive virtual reality training. A randomized control trial. *J Bone Joint Surg Am*. 2020 Mar 18;102(6):e26. doi: 10.2106/JBJS.19.00982.
28. Lovse L, Culliton K, **Pollock JW**, Derome P, Louati H, Lapner P. Glenoid exposure in shoulder arthroplasty: The role of soft tissue releases. *JSES Int*. 2020 Apr 8;4(2):377–381. doi: 10.1016/j.jseint.2020.01.008.
29. Lapner P, **Pollock JW**, Zhang T, Ruggiero S, Momoli F, Sheikh A, Athwal G. A randomized controlled trial comparing subscapularis tenotomy with peel in anatomic shoulder arthroplasty. *J Shoulder Elbow Surg*. 2020 Feb;29(2):225-234. doi: 10.1016/j.jse.2019.09.028.
30. Matache BA, Culliton K, Chang Y, Cron GO, Louati H, **Pollock JW**. Lateral trochlear ridge: A non-articulating zone for anterior-to-posterior screw placement in fractures involving the capitellum and trochlea. *J Bone Joint Surg Am*. 2019 Aug 7;101(15):e75. doi: 10.2106/JBJS.18.01270.
31. Howard L, Berdusco R, Momoli F, **Pollock JW**, Liew A, Papp S, Lalonde KA, Gofton W, Ruggiero S, Lapner P. Open reduction internal fixation vs non-operative management in proximal humerus fractures: a prospective, randomized controlled trial protocol. *BMC Musculoskeletal Disorders*. 2018 Aug 18; 19(1):299. doi: 10.1186/s12891-018-2223-3.
32. Brownhill JR, **Pollock JW**, Ferreira LM, Johnson JA, King JWG. The effect of implant linking and ligament integrity on humeral loading of a convertible total elbow arthroplasty. *Shoulder and Elbow*. 2019 Feb;11(1):45-52.
33. Howard L, Berdusco R, Momoli F, **Pollock J**, Liew A, Papp S, Lalonde KA, Gofton W, Ruggiero S, Lapner P. Open reduction internal fixation vs non-operative management in proximal humerus fractures: a prospective, randomized controlled trial protocol. *BMC Musculoskeletal Disorders*. 2018 Aug;19(1):299.
34. Morellato J, Louati H, Deslodge W, Papp S, **Pollock JW**. Fixation of anteromedial coronoid facet fractures: A biomechanical evaluation of plate vs screw constructs. *J Orthop Trauma*. 2018 Nov;32(11):e451-e456.
35. **CSES Canadian Shoulder and Elbow Society**. Canadian orthopaedic residents perception of their needs in elbow surgery teaching. *Journal of Education and Training Studies*. 2018 March;6(3):152-159
36. Matache B, Berdusco R, Momoli F, Lapner P, **Pollock JW**. A randomized, double-blind sham-controlled trial on the efficacy of arthroscopic tennis elbow release for the management of chronic lateral epicondylitis. *Journal of BMC Musculoskeletal Disorders*. 2016 June;17:239.
37. Prud'homme-Foster M, Louati H, **Pollock JW**, Papp S. Proper placement of the distal biceps tendon during repair improves supination strength – a biomechanical analysis. *J Shoulder Elbow Surg*. 2015 Apr;24(4):527-32.
38. Hansen G, Smith A, Pollock JW, Werier J, Nairn R, Rakhra K, Benoit D, Papp S. Anatomic repair of the distal biceps tendon cannot be consistently performed through a classic single-incision suture anchor technique. *J Shoulder Elbow Surg*. 2014 Dec;23(12):1898-904.
39. Desloges W, Louati H, Papp S, Pollock JW. Objective analysis of lateral elbow exposure with the extensor digitorum communis split compared with the Kocher interval. *J Bone Joint Surg Am*. 2014 Mar 05;96(5):387-93.
40. Brownhill J, McDonald C, Ferreira LM, Pollock JW, Johnson JA. Kinematics and laxity of a linked total elbow arthroplasty following computer navigated implant positioning. *Computer Aided Surg*. 2012; 17(5):249-58.

41. Brownhill J, Pollock JW, Ferreira LM, Johnson JA, King GJ. The effect of implant malalignment on joint loading in total elbow arthroplasty: an in vitro study. *J Shoulder Elbow Surg.* 2012 Aug;21(8): 1032-38.
42. Pollock JW, Giachino AA, Rakhra K, DiPrimio G, Hrushowy H, Conway AF, Andreyechen M. SLAC wrist in the absence of trauma and CPPD: A Prospective blinded kinematic comparative analysis. *Hand Surg.* 2010;15(3):193-201.
43. Pollock JW, Brownhill J, Ferreira LM, MacDonald CP, Johnson JA, King GJ. The effect of anteromedial facet fractures of the coronoid and associated ligament injury on elbow stability and kinematics. *J Bone Joint Surg Am.* 2009 Jun; 91:1448-1458.
44. Pollock JW, Brownhill J, Ferreira LM, McDonald CP, Johnson JA, King GJ. The Effect of the posterior bundle of the medial collateral ligament on elbow stability. *J Hand Surg Am.* 2009;34A:116-123.
45. Pollock JW, Pichora J, Ferreira LM, Brownhill J, Johnson JA, King GJ. Effectiveness of internal fixation of Type 2 coronoid fractures on elbow kinematics and stability with and without collateral ligament repair. *J Shoulder Elbow Surg.* 2009;18:408-417.
46. Wai EK, Howse K, Pollock JW, Dornan H, Vexler L, Dagenais S. The Reliability of determining "Leg dominant pain". *The Spine Journal* 2009;9(6):447-453.

Invited Review Articles

1. MacEwan M, **Pollock JW**. Debate on the remplissage procedure for shoulder instability. *Canadian Orthopaedic Association (COA) Bulletin*, Issue 112, June 2016; 26-27.
2. Berdusco R, Louati H, Desloges W, Papp SR, **Pollock JW**. Lateral elbow exposures: The Extensor digitorum communis split compared with the Kocher approach. *JBJS Essent Surg Tech.* 2015 Dec 23; 5(4)e30.
3. Pollock JW. Section Editor: Complex fractures dislocations of the elbow. *Canadian Orthopaedic Association (COA) Bulletin*, Issue 87, June 2010.
4. Pollock JW. Anteromedial coronoid fractures of the elbow. *Canadian Orthopaedic Association (COA) Bulletin*, Issue 87, June 2010.
5. Pollock JW, Steinman SP, Athwal GS. Surgical exposures for the distal humerus: a review. *Clin Anat*, 2008 Nov;21(8):757-768.
6. Athwal GS, Goetz TJ, Pollock JW, Faber KJ. Prosthetic replacement for distal humerus fractures. *Orthop Clin North Am.* 2008 Apr;39(2):201-212.
7. Pollock JW, Faber KJ, Athwal GS. Distal humerus fractures. *Orthop Clin North Am.* 2008 Apr;39(2): 187-200.

PEER-REVIEWED SCIENTIFIC CONFERENCE PUBLICATIONS (*underline denotes presenter*)

International Podium

1. Antoniadis S, **Pollock JW**, Sabri E, MacDonald P, Bouliane M, McIlquham K, Lapner P. A multicentered retrospective cohort study comparing conventional double-row with suture bridge fixation in arthroscopic rotator cuff repairs. Presented at the American Shoulder and Elbow Surgeons (ASES) Annual Meeting; October 7, 2023; Phoenix, AZ.
2. Lapner P, **Pollock JW**, Sabri E, MacDonald P, T, Tinghua Z, , Bouliane M, McIlquham K. A multicentered randomized controlled trial comparing single-row with double row fixation in arthroscopic cuff repair: Long term follow-up. Presented at the American Association of Orthopaedic Surgeons (AAOS) Annual meeting; August 2021, virtual.
3. Goel D, Bois A, **Pollock JW**, Athwal G, Lohre R. Transfer effectiveness of surgical education using immersive virtual reality: A randomized intervention-control trial. Presented at the American Association of Orthopaedic Surgeons (AAOS) Annual meeting; Aug 2021, virtual.

4. Goel D, Bois A, **Pollock JW**, Athwal G, Lohre R. Immersive virtual reality reduces real-world training time. A randomized, intervention control study with validation of virtual ratings scale of performance. Presented at the British Elbow and Shoulder Society Meeting; Jun 30, 2021; Virtual Conference (*Awarded American Shoulder and Elbow Society Top Ten Scientific Paper*).
5. Goel D, Bois A, **Pollock JW**, Athwal G, Lohre R. Determining transfer effectiveness of immersive virtual reality skills training: A randomized intervention-control trial. Presented at the Orthopaedic Research Society (ORS) Annual meeting, Feb 13-16, 2021; Long Beach, California (virtual).
6. Goel D, Bois A, **Pollock JW**, Athwal G, Lohre R. Transfer effectiveness of surgical education using immersive virtual reality: A randomized intervention-control trial. Presented at the American Shoulder and Elbow Surgeons (ASES) Annual meeting; Mar 2020; virtual.
7. Lapner P, Laneuville O, Uthoff HK, Tinghua Z, Howard L, **Pollock JW**, Ruggiero S, Trudell G. Pre-operative microfracture in arthroscopic rotator cuff repair: A prospective randomized control trial. Presented at the 28th SECEC-ESSSE Congress (European Society for Surgery of the Shoulder and Elbow); Sept 2018, Geneva, Switzerland.
8. Matache B, Chang Y, Culliton K, Cron G, Berdusco R, Louati H, **Pollock JW**. Lateral trochlear ridge: A non-articulating safe zone for anterior to posterior screw placement for capitellum and trochlea fractures. Presented at the American Shoulder and Elbow Surgeons (ASES) Annual Meeting; Oct 2017, New Orleans, LA.
9. Lapner P, **Pollock JW**, Rollins M, Trudell G. Subscapularis tenotomy vs peel: a multicenter randomized controlled Trial. Presented at the 27th SECEC-ESSSE Congress (European Society for Surgery of the Shoulder and Elbow); Sept 2017, Berlin, Germany.
10. Pollock JW, Brownhill J, Ferreira LM, MacDonald CP, Johnson JA, King GJ. The Effect of anteromedial facet fractures of the coronoid and associated ligament injury on elbow stability and kinematics. Presented at the American Association of Orthopaedic Surgeons (AAOS) 2009 Annual Meeting (ASES subspecialty day); Feb 2009; Las Vegas, NV.
11. Pollock JW, Brownhill J, Ferreira LM, McDonald CP, Johnson JA, King GJ. The Effect of the posterior bundle of the medial collateral ligament on elbow stability. Presented at the American Association of Orthopaedic Surgeons (AAOS) 2009 Annual Meeting; Feb 2009; Las Vegas, NV.
12. Ferreira LM, Pollock JW, King GJ, Johnson JA. Development of a novel in-vitro simulator for elbow motion. Presented at the 2008 Summer Bioengineering Conference, Bioengineering Division of the American Society of Mechanical Engineers; June 2008; Marco Island, FL.
13. Pollock JW, Brownhill J, Ferreira LM, Johnson JA, GJ King. The Effectiveness of open reduction and internal fixation of Type II coronoid fractures on elbow kinematics and stability with and without collateral ligament repair. Presented at the 6th Biennial AAOS/ASES Shoulder and Elbow Meeting, Apr 2008; Orlando, FL.
14. Pollock JW, Brownhill J, Ferreira LM, Johnson JA, GJ King. The Effectiveness of internal fixation of Type II coronoid fractures on elbow kinematics and stability with and without collateral ligament Repair. Presented at the 54th Annual Meeting of the Orthopaedic Research Society; Mar 2008; San Francisco, CA.
15. Pollock JW, Giachino AA, Rakhra K, DiPrimio G, Hrushowy H, Conway AF, Andreyechen M. SLAC Wrist in the absence of trauma and CPPD: A Prospective blinded kinematic comparative analysis. Presented at the International Wrist Investigators Workshop (IWIW); Sept 2005; San Antonio, TX.

International Poster

1. Lapner P, **Pollock JW**, McIlquham K, Cheema A, Drosdowech D, Nam D, Hodgdon T, Rouleau D. Diagnostic accuracy of pre-operative percutaneous synovial biopsy and aspirate compared with open biopsy for implant related shoulder infections. 30th European Society for Surgery of the Shoulder and Elbow (SECEC-ESSSE) Congress. Sept 2022, Dublin, Ireland.
2. Lapner P, **Pollock JW**, Sheikh A, Tinghua Z, Ruggiero, S, Athwal GS. Comparison of subscapularis tenotomy to subscapularis peel in shoulder arthroplasty: Instability and radiographic lucencies. Poster

session presented at the 28th SECEC-ESSSE Congress (European Society for Surgery of the Shoulder and Elbow); Sept 2018, Geneva, Switzerland.

3. Morellato J, Louati H, **Pollock JW**. Fixation of anteromedial coronoid fractures: Locking vs non-locking vs screw constructs. Poster session presented at the Orthopaedic Research Society (ORS) meeting; Mar 2016, Orlando, FL.
4. Pollock JW, Brownhill J, Ferreira LM, McDonald CP, Johnson JA, King GJ. The Effect of the posterior bundle of the medial collateral ligament on elbow stability. Poster session presented at the 55th Annual Meeting of the Orthopaedic Research Society (ORS); Feb 2009; Las Vegas, NV.
5. Brownhill J, Pollock JW, Ferreira LM, Johnson JA, King GJ. The Effect of humeral component malalignment on the loading of total elbow arthroplasty: An in-vitro study. Poster session presented at the American Academy Orthopaedic Surgeons (AAOS) 75th Annual Meeting; Mar 2008; San Francisco, CA.
6. Brownhill J, Pollock JW, Ferreira LM, Johnson JA, King GJ. The Effect of implant constraint, ligament sectioning and radial head management on joint loading in total elbow arthroplasty. Poster session presented at the 54th Annual Meeting of the Orthopaedic Research Society (ORS); Mar 2008; San Francisco, CA.
7. Brownhill J, Pollock JW, Ferreira LM, Johnson JA, King GJ. The Effect of humeral component malalignment on the loading of total elbow arthroplasty: An in-vitro study. Poster session presented at the 54th Annual Meeting of the Orthopaedic Research Society (ORS); Mar 2008; San Francisco, CA (*Best Poster – Shoulder and Elbow Category*).

National Podium

1. **Lapner P**, Pollock T, McIlquham K, Ottawa Methods Center, **Pollock J**, MacDonald P. Approach to Shoulder Instability: A Long-Term Follow-Up of a Randomized, Controlled Trial. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; June 13, 2026; St. Johns, NF.
2. Shing D, Werier J, Mollon B, Robertson M, Pollock T, McIlquham K, **Pollock J**, Lapner P. Revisiting Value and Efficacy (REVIVE): A Quality Improvement Initiative in Arthroscopic Cuff Repair. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; June 12, 2026; St. Johns, NF.
3. Bassi C, Nam D, Sabri E, Lapner P, Dronsdownech D, Rouleau D, **Pollock JW**, Hodgdon T, McIlquham K, Doyon J, Lapner P. Accuracy of clinical symptoms and nuclear Imaging in the Diagnosis of Infection in Revision Shoulder Arthroplasty. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; June 13, 2025; Vancouver, BC.
4. **Hayes E**, Pollock J, Matache B, Pickell M. Arthroscopic Labral Repair and Shoulder Stabilization in NHL Hockey League Players are associated with Decrease Performance in First Year of Return to Play with Return to Baseline in Second Year. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; June 14, 2025; Vancouver, BC.
5. Lapner P, Pollock JW, Li A, Al Ahmed R, McIlquham K, Zhang T, MacDonald P. Approach to Shoulder Instability: A Randomized Control Trial. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; June 15, 2024; Halifax, NS.
6. Fairley J, Bassi C, McIlquham K, Pollock JW, Lapner P. Etiology of Glenohumeral Arthritis: A Systematic Review of the Literature. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; June 12, 2024; Halifax, NS.
7. **Pollock JW**, Antoniadou S, Sabri E, MacDonald P, T, Tinghua Z, Bouliane M, McIlquham K, Lapner P. A multicentered retrospective cohort study comparing conventional double-row with suture bridge fixation

- in arthroscopic rotator cuff repairs. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; June 24, 2023; Calgary, AB.
8. Woolnough T, **Pollock JW**, Elmasry W, Caines AM, Papp S. Olecranon Fractures in Patients 70 Years of Age and Older: A Retrospective Cohort Study of Operative versus Non-Operative Management. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; June 24, 2023; Calgary, AB.
 9. Antoniades S, **Pollock JW**, Sabri E, MacDonald P, T, Tinghua Z, , Bouliane M, McIlquham K, Lapner P A multicentered retrospective cohort study comparing conventional double-row with suture bridge fixation in arthroscopic rotator cuff repairs. Presented at the Ontario Orthopaedic Association (OOA) Annual Meeting; Nov 5, 2022; Toronto, ON.
 10. Lohre R, Bois A, **Pollock JW**, Lapner P, Athwal G, Goel D. Error in implant orientation by novice versus experienced surgeons: The positive impact of hands-on learning. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 11, 2022; Quebec, QC.
 11. Lapner P, **Pollock JW**, Hodgdon T, Tinghua Z, McIlquham K, Coupal S, Bouliane, McRae S, Dubberley J, Burdusco R, Stranges G, Marsh J, Old J, MacDonald P. Intra-operative channeling in arthroscopic cuff repair: A multicenter randomized controlled trial. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 11, 2022; Quebec, QC.
 12. Lapner P, **Pollock JW**, Hodgdon T, Sheikh A, Shamloo A, Alfonso Fernandez A, Desjardins M, Dronsdowne D, Nam D, Rouleau D. Diagnostic accuracy of synovial biopsy for implant-related shoulder infections. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 10, 2022; Quebec, QC.
 13. Goel D, Bois A, **Pollock JW**, Athwal G, Lohre R. Effectiveness of immersive virtual reality for orthopaedic skills and knowledge acquisition: A randomized control trial. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 16-19, 2021; Vancouver, BC (virtual).
 14. Lapner P, Laneuville O, Uhthoff HK, Tinghua Z, Howard L, **Pollock JW**, Ruggiero S, Trudell. Pre-operative microfracture in arthroscopic rotator cuff repair: A prospective randomized control trial. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2019; Montreal, QC.
 15. Matache B, Chang Y, Culliton K, Cron G, Berdusco R, Louati H, **Pollock JW**. Lateral trochlear ridge: a non-articulating safe zone for anterior to posterior screw placement for capitellum and trochlea fractures. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2018; Victoria, BC.
 16. Lapner P, **Pollock JW**, Trudell G. Comparison of subscapularis tenotomy to subscapularis peel in shoulder arthroplasty: A prospective randomized control trial. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2017; Ottawa, ON.
 17. Morellato J, Louati H, **Pollock JW**. Fixation of anteromedial coronoid fractures: Locking vs non-locking vs screw constructs. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2016; Quebec, QC.
 18. MacNiven I, Louati H, Papp S, **Pollock JW**. Biomechanical comparison of two suture techniques for distal biceps tendon repair: A novel method of measuring tendon-bone contact area. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2015; Vancouver, BC.
 19. McGuffin W, Louati H, Pollock JW, Lapner P. Comparing the deltoid splitting approach to the anterolateral deltopectoral approach: A novel method of measuring articular surface area. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2014; Montreal, QC.
 20. McGuffin W, Louati H, Pollock JW, Lapner P. Comparing the deltoid splitting approach to the anterolateral deltopectoral approach: A Novel Method of measuring articular surface area. Presented at the Canadian Orthopaedic Resident Association (CORA) Annual Meeting, Jun 2013; Winnipeg, MB.
 21. Desloges W, Louati H, Papp S, Pollock JW. Comparing the extensor digitorum communis splitting approach to the posterolateral Kocher approach: A novel method of measuring articular surface area. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting, Jun 2012; Ottawa, ON.

22. Prud'homme-Foster M, Pollock JW, Louati H, Papp S. Ulnar placement of the distal biceps tendon during repair improves supination strength: A biomechanical analysis. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2012; Ottawa, ON.
23. Hansen G, Pollock JW, Werier J, Nairn R, Rakhra K, Papp S. Anatomic placement of the distal biceps tendon on the radial tuberosity may not be possible through a single anterior incision. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jul 2011; St. Johns, Nfld.
24. Prud'homme-Foster M, Pollock JW, Louati H, Papp S. Biomechanical evaluation of the long and short heads of the distal biceps contribution to elbow flexion strength and forearm supination strength. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jul 2011; St. Johns, Nfld.
25. Pollock JW, Brownhill J, Ferreira LM, McDonald CP, Johnson JA, King GJ. The Effect of the posterior bundle of the medial collateral ligament on elbow stability. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jul 2009, Vancouver, BC.
26. Brownhill J, Pollock JW, LM Ferreira, Johnson JA, King GJ. The Effect of implant linkage, collateral ligament sectioning and radial head management on the kinematics and loading in total elbow arthroplasty. Presented at the Combined meeting of the American Orthopaedic Association/ Canadian Orthopaedic Association; Jun 2008; Quebec, QC.
27. Brownhill J, Pollock JW, Ferreira LM, Johnson JA, King GJ. The Effect of humeral component alignment on the loading of total elbow arthroplasty: An in-vitro study. Presented at the Combined meeting of the American Orthopaedic Association/ Canadian Orthopaedic Association, Jun 2008, Quebec, QC.
28. Pollock JW, Giachino AA, Rakhra K, DiPrimio G, Hrushowy H, Conway AF, Andreyechen M. SLAC wrist in the absence of trauma and CPPD: A Prospective blinded kinematic comparative analysis. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2007; Halifax, NS.
29. Brownhill J, Pollock JW, Ferreira LM, Johnson JA, King GJ. Influence of the radial head on the stability and loading of the latitude total elbow arthroplasty: MANUS. Presented at the Canadian Orthopaedic Association (COA) Annual Meeting; Jun 2007; Halifax, NS.
30. Howse K, Dornan H, Gruszczynski A, Vexler L, Pollock JW, Wai E. The reliability of commonly used questions to determine whether lumbar spine patients have leg or back dominant pain — Phase II. Presented at the 6th Annual Meeting of the Canadian Spine Society; Mar 2006; Lake Louise, AB.
31. Pollock JW, Vexler L, Wai E. Assessment of back and/or leg pain: Which questions are valid and reliable? Presented at the Canadian Spine Society Annual Meeting, Mar 2005, Quebec, QC.
32. Pollock JW, Vexler L, Wai E. Back pain or leg pain. Presented at the Canadian Orthopaedic Residency Association (CORA) 2004 Annual Meeting; Feb 2004; Toronto, ON.

National Poster

1. Lapner J, Peters M, Caron J, MacKay B, **Pollock J**, McIlquham. Shoulder Prosthetic Joint Infections: A Systematic Review and Meta-Analysis of Comparative Studies between Single- and Two-Stage Revisions Canadian Orthopaedic Association (COA) 2025 Annual Meeting; Jun 13, 2025; Vancouver, BC
2. Fairley J, Bassi C, McIlquham K, **Pollock J**, Lapner P. Etiology of glenohumeral osteoarthritis: A systematic review of the literature. Canadian Orthopaedic Association (COA) 2024 Annual Meeting; Jun 12, 2024; Halifax, NS.
3. Woolnough T, Elmasry W, Cains A, **Pollock J**, Papp S. Olecranon fractures in patients 70 years of age or older: A retrospective cohort study of operative versus non-operative management. Virtual Poster session at the Canadian Orthopaedic Residents' Association (CORA) 2023 Annual Meeting; Jun 21, 2023; Calgary, AB.
4. Fairley J, **Pollock J**, McIlquham K, Lapner P. Bone Channeling as an adjunct in rotator cuff repair: A systematic review and meta-analysis of level 1 studies. Virtual Poster session at the Canadian Orthopaedic Residents' Association (CORA) 2023 Annual Meeting; Jun 21, 2023; Calgary, AB.

5. Woolnough T, Cains A, Papp S, **Pollock J**. Treatment of olecranon fractures in older individuals: A survey of surgeon treatment decision making. Virtual Poster session at the Canadian Orthopaedic Residents' Association (CORA) 2022 Annual Meeting; Jun 8, 2022; Quebec, QC.
6. Pollock JW, Brownhill J, Ferreira LM, Johnson JA, King GJ. Internal fixation of Type 2 coronoid fractures and repair of both collateral ligaments are essential to stabilize fracture-dislocations of the elbow. Poster session presented at the Combined Meeting of the American Orthopaedic Association/ Canadian Orthopaedic Association; Jun 2008; Quebec, QC.
7. Brownhill J, Ferreira LM, McDonald C, Pollock JW, Johnson JA, King GJ. The Development and validation of computer assisted total elbow arthroplasty. Poster session presented at the Canadian Orthopaedic Research Society (CORS) 2008 Annual Meeting; Jun 2008; Quebec, QC.

OTHER CONTRIBUTIONS

Scientific Regional Podium / Poster Presentations (*underline denotes presenter*)

1. Hayes E, Pollock J, Matache B, Pickell M. Advanced statistic, pitch tracking, and machine learning prediction of ulnar collateral ligament ruptures in major league baseball players. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2026; Ottawa, ON (**Best Resident Paper HKU**)
2. Al Mulhim A, Pollock T, McIlquham K, Ottawa Methods Center, Pollock J, MacDonald P, **Lapner P**. Approach to shoulder instability: a long-term follow-up of a randomized, controlled trial. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2026; Ottawa, ON.
3. Mikaela J. Peters MD, FRCSC, Julien Caron MD, FRCSC, Bridget Mackay, J W. Pollock MD, MSc, FRCSC, Katie McIlquham HBSCHK, RKin, Peter Lapner MD, FRCSC. Shoulder prosthetic joint infections: a systematic review and meta- analysis of comparative studies. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2025; Ottawa, ON. (**Best Fellow Paper HKU**)
4. Mikaela J. Peters MD, FRCSC, Jillian A. Fairley MSc, MD, FRCSC, Cristina Bassi MD, Katie McIlquham HBSCHK, RKin, J Pollock MD, FRCSC, Peter Lapner MD, FRCSC. Primary glenohumeral osteoarthritis and posterior humeral head Subluxation: a systematic review: Part 2 – Soft Tissue and Patient Factors. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2025; Ottawa, ON.
5. Mikaela J. Peters MD, FRCSC, Jillian A. Fairley MSc, MD, FRCSC, Cristina Bassi MD, Katie McIlquham HBSCHK, RKin, J Pollock MD, FRCSC, Peter Lapner MD, FRCSC. Primary glenohumeral osteoarthritis and posterior humeral head Subluxation: a systematic review: Part 1 - Bony Etiologies. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2025; Ottawa, ON.
6. Walsh K, **Pollock JW**, Fairley J, Mavromatis A, McIlquham K, Beaulé P, Hodgdon T, Lapner P. Prevalence of posterior humeral head subluxation in the normal population and comparison of scapulohumeral and glenohumeral subluxation indices in the non-pathologic shoulders. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2024; Ottawa, ON.
7. DeVries Z, Walsh K, Nucci N, Parisien A, **Pollock JW**, Spears A. McIlquham K, Lapner P. Comparison of eccentric reaming to posterior augmentation with varying degrees of correction in total shoulder arthroplasty with posterior glenoid wear. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2024; Ottawa, ON.
8. Caron J, Walsh K, Bassi C, Zhang T, **Pollock JW**, McIlquham K, MacDonald P, Lapner P. Approach to shoulder instability: A randomized control trial. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2024; Ottawa, ON.
9. Fairley J. Bassi C, McIlquham K, **Pollock J**, Lapner P. Etiology of glenohumeral osteoarthritis: A systematic review of the literature. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2024; Ottawa, ON.
10. Bassi C, **Pollock JW**, Sheikh A, Sabri E, McIlquham K, Hodgdon T, Rouleau D, Nam D, Drosdowech D, Lapner P. Diagnostic accuracy of inflammatory markers, symptoms, WBC Bone Scan compared with open

- biopsy for prosthetic shoulder infections. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2024; Ottawa, ON.
11. Alharthi H, Matey J, Parisien A, Lapner P, **Pollock JW**, Pickell M, Dervin G, Grammatopoulos G, Poitras S, Beaulé P. Joint instability of the hip, knee and shoulder: Are they all made equal? Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2024; Ottawa, ON.
 12. Fairley J, **Pollock JW**, McIlquham K, Lapner P. Bone channeling in arthroscopic rotator cuff repair. A systematic review and meta-analysis of level 1 randomized studies. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2023; Ottawa, ON. (best surgical fellow paper)
 13. Doyon J, **Pollock JW**, Sheikh A, Hodgdon T, Rouleau D, Nam D, Drosdowech D, Lapner P. Are standard indices of infection reliable in shoulder arthroplasty? A multicenter prospective cohort study. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2022; Ottawa, ON.
 14. Cheema A, **Pollock JW**, McIlquham K, Drosdowech D, Nam D, Hodgdon T, Rouleau D, Lapner P. Diagnostic accuracy of pre-operative percutaneous synovial biopsy and aspiration compared with open biopsy for implant-related shoulder infections. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2022; Ottawa, ON.
 15. Alfonso A, Sheikh A, Rouleau D, Nam D, **Pollock JW**, Drosdowech D, McIlquham K, Toye B, Desjardins M, Lapner P. Diagnostic accuracy of synovial biopsy for implant-related shoulder infections. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; Jun 2021; Ottawa, ON. (*Best Fellow Paper*).
 16. Coupal S, **Pollock JW**, McIlquham K, Hodgdon T, Trudel G, Laneuville O, Lapner P. Intra-operative channeling in arthroscopic cuff repair: a randomized controlled trial. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; Jun 2021; Ottawa, ON. (*Best Resident Paper*).
 17. Matache B, Chang Y, Culliton K, Cron G, Berdusco R, Louati H, **Pollock JW**. Lateral trochlear ridge: a non-articulating safe zone for anterior to posterior screw placement for capitellum and trochlea fractures. Presented at H.K. Uthoff Research Day, Division of Orthopaedics, University of Ottawa; Apr 2017; Ottawa, ON. (*2nd Place Paper*).
 18. Matache B, Chang Y, Culliton K, Cron G, Berdusco R, Louati H, **Pollock JW**. Lateral trochlear ridge: a non-articulating safe zone for anterior to posterior screw placement for capitellum and trochlea fractures. Poster session presented at the W.E. Collins Surgical Department Research Day, Department of Surgery, University of Ottawa; May 2016; Ottawa, ON.
 19. MacNiven I, Louati H, Papp S, Pollock JW. Biomechanical comparison of two suture techniques for distal biceps tendon repair: A novel method of measuring tendon-bone contact area. Presented at H.K. Uthoff Research Day, Division of Orthopaedics, University of Ottawa; Apr 2014, Ottawa, ON (*Best Resident Paper*).
 20. McGuffin W, Louati H, Lapner P, Pollock JW. Comparing the deltoid splitting approach to the anterolateral deltopectoral approach: A novel method of measuring articular surface area. Presented at H.K. Uthoff Research Day, Division of Orthopaedics, University of Ottawa; Apr 2013; Ottawa, ON (*2nd Place Paper*).
 21. Desloges W, Louati H, Papp S, Pollock JW. Comparing the extensor digitorum communis splitting approach to the posterolateral Kocher approach: A novel method of measuring articular surface area. H.K. Uthoff Research Day, Division of Orthopaedics, University of Ottawa; Apr 2012, Ottawa, ON. (*First Prize – Best Overall Paper*).
 22. Prud'homme-Foster M, Pollock JW, Louati H, Papp S. Ulnar placement of the distal biceps tendon during repair improves supination strength: A biomechanical analysis. Presented at H.K. Uthoff Research Day, Division of Orthopaedics, University of Ottawa; Apr 2012; Ottawa, ON.
 23. Hansen G, Pollock JW, Werier J, Nairn R, Rakhra K, Papp S. Anatomic placement of the distal biceps tendon on the radial tuberosity may not be possible through a single anterior incision. Presented at H.K. Uthoff Research Day, Division of Orthopaedics, University of Ottawa; May 2011; Ottawa, ON.

24. Prud'homme-Foster M, Pollock JW, Louati H, Papp S. Biomechanical evaluation of the long and short heads of the distal biceps contribution to elbow flexion strength and forearm supination strength. H.K. Uthoff Research Day, Division of Orthopaedics, University of Ottawa, May 2011; Ottawa, ON. (*2nd Place Paper*).
25. Pollock JW, Brownhill J, Ferreira LM, Johnson JA, King GJ. Anteromedial coronoid fractures and associated elbow instability: When is surgery required? Presented at the Medical Biophysics Graduate Seminar, University of Western Ontario; Mar 2007; London, ON.
26. Ferreira LM, Pollock JW, Johnson JA, King GJ. Modeling elbow flexion in vitro: Are active flexion simulators necessary? Presented at the Lawson Research Day, Hand and Upper Limb Centre, Lawson Health Research Institute Department of Biomedical Engineering, The University of Western Ontario; Feb 2007; London, ON.
27. Pollock JW, Giachino AA, Rakhra K, DiPrimio G, Hrushowy H, Conway AF, Andreyechen M. Non-traumatic SLAC wrist. Presented at W.E. Collins Surgical Department Research Day, Department of Surgery, University of Ottawa; May 2005; Ottawa, ON (*Best Senior Resident Paper*).
28. Pollock JW, Giachino AA, Rakhra K, DiPrimio G, Hrushowy H, Conway AF, Andreyechen M. Non-traumatic SLAC wrist. Presented at H.K. Uthoff Research Day, Division of Orthopaedics, University of Ottawa; Apr 2005, Ottawa, ON. (*Second Place Paper*).
29. Pollock JW, Vexler L, Wai E. Reliability of questionnaires to determine whether spine patients have leg or back dominant pain. Presented at the W.E. Collins Surgical Department Research Day, Department of Surgery, University of Ottawa; May 2004; Ottawa, ON. (*Best Junior Resident Paper*).
30. Pollock JW, Vexler L, Wai E. Reliability of questionnaires to determine whether spine patients have leg or back dominant Pain. H.K. Uthoff Research Day, Division of Orthopaedics, University of Ottawa; Apr 2004; Ottawa, ON. (*Best Resident Paper*).

Regional/Local Presentations

1. Pollock J, *Complex Rotator Cuff Repair with Augment –Update, Indications, tips and tricks*. UE Journal Club, The University of Ottawa; May 21, 2025; Ottawa, ON. – *Presenter*
2. Pollock J, *Monteggia fractures –Update, tips and tricks*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Jan 28, 2025; Ottawa, ON. – *Presenter*
3. Pollock J, Shoulder Arthroplasty. Academic Half Day Sessions / Cadaveric Skills Lab – Shoulder and Elbow Visiting Professor Session. The University of Ottawa May 30, 2024; Ottawa, ON. – *Chair / Moderator / Instructor*
4. Pollock J, Non-operative management of Sports Medicine Injuries. Academic Half Day Sessions – The University of Ottawa March 7, 2024; Ottawa, ON. – *Moderator / Instructor*
5. Pollock J, Clavicle Fractures Update, Operative and Non-Operative Management. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Feb 27, 2024; Ottawa, ON. – *Presenter*
6. Pollock J, *Sports medicine/Orthopaedic surgery Interest Group Discussion*. Faculty of Medicine, The University of Ottawa; Jan 22, 2024; Ottawa, ON. – *Invited Speaker*
7. Pollock J, *MSK Orthopaedic Ultrasound Symposium / Skills Lab*: Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Dec 14, 2023; Ottawa, ON. – *Moderator / Instructor*
8. Pollock J, Rotator Cuff Tears: Diagnosis, Arthroscopic Repair, Rehabilitation. University of Ottawa Shoulder Physiotherapy and Rehabilitation Symposium. The Ottawa Hospital, February 9, 2024; Ottawa, ON (Invited Presenter)
9. Pollock J, Top Scientific Paper in Shoulder and Elbow 2023. Presented at Hans K. Uthoff Research Day, University of Ottawa, Division of Orthopaedics; May 2023; Ottawa, ON. (Invited Presenter)

10. Pollock J, Hans K. Uththoff Research Day, University of Ottawa, Division of Orthopaedics; May 2023; Ottawa, ON. (Moderator Scientific Paper Session)
11. Pollock J, *Visiting Professor Elbow Injuries Symposium / Surgical Skills Lab*: Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); April 6, 2023; Ottawa, ON. – *Chair / Moderator / Instructor*
12. Pollock J, *UCL injuries in throwing athletes*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); April 6, 2023; Ottawa, ON. – *Instructor*
13. Pollock J, *Fracture Dislocations of the Elbow: Case Presentations*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); April 6, 2023; Ottawa, ON. – *Moderator and Instructor*
14. Pollock J, *Medial and Lateral Elbow Surgical Approaches Cadaveric Demonstration*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); April 6, 2023; Ottawa, ON. – *Instructor / Moderator*
15. Pollock J, *UCL Reconstruction Cadaveric Demonstration*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); April 6, 2023; Ottawa, ON. – *Instructor / Moderator*
16. Pollock J, *Elbow Arthroscopy Surgical Skills Lab*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); April 6, 2023; Ottawa, ON. – *Instructor / Moderator*
17. Pollock J, *Radial Head Arthroplasty Cadaveric Demonstration*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); April 6, 2023; Ottawa, ON. – *Instructor*
18. Pollock J, *Elbow: Physical examination of the shoulder and elbow work shop*. Academic Half Day Sessions – The University of Ottawa; Mar 31, 2023; Ottawa, ON. – *Moderator and Instructor*
19. Pollock J, Health and Wellness Day: Stress Management. Division of Orthopaedic Surgery Residency Training Program, University of Ottawa. Dec 8, 2022 – *Chair/Moderator*
20. Pollock J, Health and Wellness Program Development and WellMD Survey Review, Department of Medicine Executive, University of Ottawa. Nov 14, 2022 - *Presenter*
21. Pollock J, Pendophram SportVis Hyaluronic Acid (HA) Injection Virtual Regional Working Group. Nov 2, 2022 – *Consultant / Expert Panelist*
22. Pollock J, Health and Wellness Dept. of Surgery and Medicine Combined Grand Rounds, The Ottawa Hospital; Oct 5, 2022 – *Chair/Moderator*
23. Pollock J, Pendophram Hyaluronic Acid (HA) Injection Virtual Regional Working Group. Nov, 2021 – *Consultant / Expert Panelist*
24. Pollock J, *Surgical approaches to the Elbow I & II*. Upper extremity teaching rounds, The Ottawa Hospital; once yearly from 2008 to present; Ottawa, ON. – *Presenter*
25. Pollock J *Elbow: Physical examination of the elbow*. Upper extremity teaching rounds, The Ottawa Hospital; once yearly from 2008 to present; Ottawa, ON. – *Presenter*
26. Pollock J, *Tips and tricks for distal humerus fractures*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Apr 26, 2022; Ottawa, ON. – *Presenter*
27. Pollock J, *Sports medicine/Orthopaedic surgery Interest Group Discussion*. Faculty of Medicine, The University of Ottawa; Apr 20, 2022; Ottawa, ON. – *Invited Speaker*
28. Pollock J, *Proximal humerus fractures in the elderly – Prefer non-op (Liew A) vs Prefer fix them (Lapner P) vs Prefer reverse them (Pollock JW)*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Mar 29, 2022; Ottawa, ON. – *Presenter*
29. Pollock J, *Upper extremity: elbow instability symposium*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Mar 31, 2022; Ottawa, ON. – *Presenter and Instructor*

30. Pollock J, *Shoulder and elbow examination PSD*. Faculty of Medicine, The University of Ottawa; Nov 2021; Ottawa, ON. – *Lecturer*
31. Pollock J, *PSD teaching*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Nov 11, 2021; Ottawa, ON. – *Presenter and Instructor*
32. Pollock J, *Elbow/shoulder: Summer anatomy course*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Aug 12, 2021; Ottawa, ON. – *Presenter and Instructor*
33. Pollock J, *Sports medicine/Orthopaedic surgery Interest Group Discussion*. Faculty of Medicine, The University of Ottawa; Apr 21, 2021; Ottawa, ON. – *Invited Speaker*
34. Pollock J, *Radial head fracture debate – Fix (Papp S) vs replace (Pollock JW)*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Apr 20, 2021; Ottawa, ON. – *Presenter*
35. Pollock J, *Distal humerus fractures – Tips and tricks to make these easy*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Mar 30, 2021; Ottawa, ON. – *Presenter*
36. Pollock J, *U/E case-based session*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Jan 21, 2021; Ottawa, ON. – *Presenter and Instructor*
37. Pollock J, *Shoulder and elbow examination PSD*. Faculty of Medicine, The University of Ottawa; Nov 2020; Ottawa, ON. – *Lecturer*
38. Pollock J, *Sports medicine symposium; injuries of the throwing athlete*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Sep 10, 2020; Ottawa, ON. – *Presenter and Instructor*
39. Pollock J, *U/E symposium: elbow instability*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Apr 16, 2020; Ottawa, ON. – *Presenter and Instructor*
40. Pollock J, *Distal humerus and radial head – Decision factors in fixation vs replacement*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Mar 10, 2020; Ottawa, ON. – *Presenter*
41. Pollock J, *Proximal humerus fractures – which do we fix?* Trauma/CQI Teaching Rounds, The Ottawa Hospital; Jan 28, 2020; Ottawa, ON. – *Presenter*
42. Pollock J, *Shoulder and elbow examination PSD*. Faculty of Medicine, The University of Ottawa; Nov 2019; Ottawa, ON. – *Lecturer*
43. Pollock J, *Staff teaching of clinical exam – Elbow/PSD teaching*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Nov 7, 2019; Ottawa, ON. – *Presenter and Instructor*
44. Pollock J, *Radial head – fixation vs replacement*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; May 7, 2019; Ottawa, ON. – *Presenter*
45. Pollock J, *Proximal humerus fractures – when to fix, tips and tricks*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Mar 26, 2019; Ottawa, ON. – *Presenter*
46. Pollock J, *Elbow arthritis; the stiff elbow; evolution of total elbow arthroplasty*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Jan 17, 2019; Ottawa, ON. – *Presenter and Instructor*
47. Pollock J, *Shoulder and elbow examination PSD*. Faculty of Medicine, The University of Ottawa; Nov 2018; Ottawa, ON. – *Lecturer*
48. Pollock J, *Staff teaching of clinical exam – Shoulder & elbow/PSD teaching*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Nov 22, 2018; Ottawa, ON. – *Presenter and Instructor*
49. Pollock J, *Distal humerus fractures*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Apr 24, 2018; Ottawa, ON. – *Presenter*

50. Pollock J, *Elbow exam, medial elbow instability, lateral elbow instability*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Mar 22, 2018; Ottawa, ON. – *Presenter and Instructor*
51. Pollock J, *Proximal humerus fractures – which do we fix?* Trauma/CQI Teaching Rounds, The Ottawa Hospital; Feb 27, 2018; Ottawa, ON. – *Presenter*
52. Pollock J, *Shoulder and elbow examination PSD*. Faculty of Medicine, The University of Ottawa; Nov 2017; Ottawa, ON. – *Lecturer*
53. Pollock J, *Radial head – fixation vs replacement*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Apr 25, 2017; Ottawa, ON. – *Presenter*
54. Pollock J, *Distal humerus – Fixing, tips and tricks*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Apr 11, 2017; Ottawa, ON. – *Presenter*
55. Pollock J, *Principles of anatomic shoulder arthroplasty; principles of reverse shoulder arthroplasty; evolution of total elbow arthroplasty*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Mar 30, 2017; Ottawa, ON. – *Presenter and Instructor*
56. Pollock J, *Proximal humerus fractures – When to fix, tips and tricks*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Feb 28, 2017; Ottawa, ON. – *Presenter*
57. Pollock J, *Staff teaching of clinical exam – Shoulder & elbow*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Nov 24, 2016; Ottawa, ON. – *Presenter and Instructor*
58. Pollock J, *Massive rotator cuff tears: Case presentation – Sports Medicine Day*. The University of Ottawa Skills and Simulation Centre (uOSSC); Oct 2016; Ottawa, ON. – *Speaker*
59. Pollock J, *Proximal humerus fractures – Operative vs non-operative*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; May 3, 2016; Ottawa, ON. – *Presenter*
60. Pollock J, *Elbow exam/medial elbow instability/lateral elbow instability*. Academic Half Day Sessions – The University of Ottawa Skills and Simulation Centre (uOSSC); Mar 31, 2016; Ottawa, ON. – *Presenter and Instructor*
61. Pollock J, *Multidirectional instability: Case presentation – Sports Medicine Day*. The University of Ottawa Skills and Simulation Centre (uOSSC); Oct 2015; Ottawa, ON. – *Speaker*
62. Pollock J, *Proximal humerus fractures/humeral shaft fractures/articular fractures of distal humerus*. Academic Half Day Sessions - The University of Ottawa Skills and Simulation Centre (uOSSC); Oct 1, 2015; Ottawa, ON. – *Presenter and Instructor*
63. Pollock J, *Dislocations of the elbow/radial head and capitellum/the stiff elbow*. Academic Half Day Sessions - The University of Ottawa Skills and Simulation Centre (uOSSC); Mar 26, 2015; Ottawa, ON. – *Presenter and Instructor*
64. Pollock J, *Coronoid fractures*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Mar 4, 2015; Ottawa, ON. – *Presenter*
65. Pollock J, *Shoulder skills lab*. Academic Half Day Sessions - The University of Ottawa Skills and Simulation Centre (uOSSC); Feb 19, 2015; Ottawa, ON. – *Presenter and Instructor*
66. Pollock J, *Terrible triad fractures*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Feb 11, 2015; Ottawa, ON. – *Presenter*
67. Pollock J, *Complex shoulder and elbow case presentation*. National Capital Orthopaedic Association Annual Meeting; Nov 2014; Montebello, QC. – *Invited CME Presenter*
68. Pollock J, *Staff teaching of clinical exam – shoulder and elbow*. Academic Half Day Sessions - The University of Ottawa Skills and Simulation Centre (uOSSC); Nov 20, 2014; Ottawa, ON. – *Presenter and Instructor*

69. Pollock J, *Anterior instability in contact athlete: Case presentation – Sports Medicine Day*. The University of Ottawa Skills and Simulation Centre (uOSSC); Oct 2014; Ottawa, ON. – *Speaker*
70. Pollock J, *Distal humerus fractures – The role of hemiarthroplasty*. Trauma/CQI Teaching Rounds, The Ottawa Hospital; Sept 12, 2014; Ottawa, ON. – *Presenter*
71. Pollock J, *Elbow, wrist, ankle arthroscopy skills lab*. Academic Half Day Sessions - The University of Ottawa Skills and Simulation Centre (uOSSC); Apr 10, 2014; Ottawa, ON. – *Presenter and Instructor*
72. Pollock J, *Elbow exam/medial elbow instability/lateral elbow instability*. Academic Half Day Sessions - The University of Ottawa Skills and Simulation Centre (uOSSC); Mar 6, 2014; Ottawa, ON. – *Presenter and Instructor*
73. Pollock J, *SLAP tears: Case presentation – Sports Medicine Day*. The University of Ottawa Skills and Simulation Centre (uOSSC); Oct 2013; Ottawa, ON. – *Speaker*
74. Pollock J, *Proximal humerus fractures/humeral shaft fractures/articular fractures of distal humerus*. Academic Half Day Sessions - The University of Ottawa Skills and Simulation Centre (uOSSC); Sep 26, 2013; Ottawa, ON. – *Presenter and Instructor*
75. Pollock J, *Biceps tendon rupture/TEA/triceps tendon rupture*. Academic Half Day Sessions - The University of Ottawa Skills and Simulation Centre (uOSSC); May 9, 2013; Ottawa, ON. – *Presenter and Instructor*
76. Pollock J, *Dislocations of the elbow/Radial head and capitellum/The stiff elbow*. Academic Half Day Sessions - The University of Ottawa Skills and Simulation Centre (uOSSC); Apr 25, 2013; Ottawa, ON. – *Presenter and Instructor*
77. Pollock J, *Shoulder skills lab*. Academic Half Day Sessions - The University of Ottawa Skills and Simulation Centre (uOSSC); Apr 11, 2013; Ottawa, ON. – *Presenter and Instructor*
78. Pollock J, *Elbow fractures and complications*. Kellam Nursing Conference, The Ottawa Hospital; Nov 2011; Ottawa, ON. – *Invited Guest Speaker*
79. Pollock J, *Upper extremity radiology*. Faculty of Medicine, The University of Ottawa; Nov 2011; Ottawa, ON. – *Lecturer*
80. Pollock J, *Upper extremity clinical radiology*. Faculty of Medicine, The University of Ottawa; May 2011; Ottawa, ON. – *Lecturer*
81. Pollock J, *Upper extremity radiology*. Faculty of Medicine, The University of Ottawa; Nov 2010; Ottawa, ON. – *Lecturer*
82. Pollock J, *Upper extremity radiology*. Faculty of Medicine, The University of Ottawa; Nov 2009; Ottawa, ON. – *Lecturer*
83. Pollock J, *Distal radius fractures*. Faculty of Medicine, The University of Ottawa; Apr 2009; Ottawa, ON. – *Lecturer*
84. Pollock J, *Upper extremity radiology*. Faculty of Medicine, The University of Ottawa; Nov 2008; Ottawa, ON. – *Lecturer*
85. Pollock J, *Shoulder arthroplasty – Live demonstration*. Advanced Clinical Nursing - Kellam Orthopaedic Nursing Conference; Feb 2009; The Ottawa Hospital, Ottawa, ON. – *Invited Instructor*
86. Pollock J, *Proximal humerus fractures*. National Capital Orthopaedic Association Annual Meeting; Nov 2008; Montebello, QC. – *Invited CME Presenter*

i) ATTENDANCE at PROFESSIONAL COURSES / MEETINGS

- COA 2025 Annual Meeting. St Johns, NL; June 2025 (Instructor)
- MSK Ultrasound Injection Cadaveric Lab. Ottawa, ON; April 23, 2026 (Chair / Instructor / Participant)
- Advances Shoulder Arthroscopic Skills Lab (Arthrex), Toronto ON; Mar 22, 2026 (Faculty/Instructor)
- CFL Medical / Team Physician Meeting. Edmonton, AB; Jan 23-24, 2026 (Committee Member)
- Sports Medicine Ultrasound: Learn to Scan Step 1. Virtual 2 hour learning module. Jan 11, 2026

- Canadian Sports and Arthroscopy Meeting. Clearwater, FL; Dec 2025 (Instructor, Moderator, Program committee)
- NCOA Visco-supplementation Symposium. Montebello, QC; Nov 2025 (Meeting Chair / Instructor)
- National Capital Orthopaedic Association Annual Meeting. Montebello, QC; Nov 2025
- Canadian Complex Sports Medicine Symposium. Naples, FL; Nov 2025
- ConMed Advanced Shoulder Arthroscopic Skills Lab. Toronto, ON; Oct 2025 (Faculty / Instructor)
- Nova Scotia Innovations and Advancement In Shoulder (NOVAS) Shoulder Course. Fox Harbor, Nova Scotia, NB; Sept 2025 (Invited Moderator / Faculty)
- COA 2025 Annual Meeting. Vancouver, BC; June 2025 (Planning Committee/Instructor)
- Tribe Advanced Surgical Skills Course – Shoulder / Elbow. Toronto, ON; May, 2025 (Instructor)
- Ottawa MSK Ultrasound Course – From Theory to Practice. Ottawa, ON April 26-27, 2025
- Canadian Shoulder and Elbow Society - Shoulder and Elbow Course. Ottawa, ON; Jan 2025 (Instructor/Chair)
- CFL Medical / Team Physician Meeting. Las Vegas, NV; Jan 2025 (Committee Member)
- Arthrex Orthopaedic Technology & Innovation Forum (OTIF). Naples, FL, Jan 17-18, 2025
- Arthrex Trauma. Naples, FL, Jan 16, 2025
- NCOA Visco-supplementation Symposium. Montebello, QC; Nov 2024 (Meeting Chair / Instructor)
- National Capital Orthopaedic Association Annual Meeting. Montebello, QC; Nov 2024
- CASEM (Canadian Academy of Sport and Exercise Medicine) Football Medicine Symposium. Vancouver BC; November 16, 2024
- CSES 1st Annual Members Meeting, Toronto, ON; Sept 2024 (Co-Chair/Moderator/Instructor)
- COA 2024 Annual Meeting. Halifax, NS; June 2024 (Planning Committee/Moderator/Instructor)
- Current Trends in Orthopaedic Surgery. Seville, Spain; May 2024 (Instructor/Program Committee)
- Ontario Workers Network (OWN_WSIB) 2nd Annual Symposium. Toronto, ON; – April 2024
- Team Physician Controversies, Naples, FL; Feb 2024
- CFL Medical / Team Physician Meeting. Phoenix, AZ; Jan 2024 (Committee Member)
- Canadian Complex Sports Medicine Symposium, Naples, FL; Dec 2023 (Instructor)
- Canadian Sports and Arthroscopy Meeting. Clearwater, FL; Dec 2023 (Instructor, Moderator, Program committee)
- American Shoulder and Elbow Society Annual Meeting, Scottsdale, AZ; Oct 2023 (moderator)
- COA 2023 Annual Meeting. Calgary, AB; June 2023 (Planning Committee/Moderator/Instructor)
- Arthrex Fellow Skills Lab, Toronto, ON; June 2023 (Instructor)
- Basic Life Support (HCP), Canadian Red Cross. Ottawa, ON; April 2023 – April 2024
- Airway Management, Canadian Red Cross. Ottawa, ON; April 2023 – April 2029
- Oxygen Therapy, Canadian Red Cross. Ottawa, ON; April 2023 – April 2029
- Ontario Medical Association, Sports Medicine Conference; April 21, 2023; Collingwood, ON. – *Invited Instructor/Moderator*
- Ontario Workers Network (OWN_WSIB) Symposium. Toronto, ON; – April 2023
- Dalhousie University Cadaveric Surgical Skills Lab – Distal Tibial Allograft for Glenoid Bone Loss (Arthroscopic Screw Fixation). (Virtual Instructor Ivan Wong) Ottawa, ON; March 2023
- Queens University Annual Sports Medicine Day. Kingston, ON; March 2023 (Guest Lecturer)
- Canadian Shoulder and Elbow Society - Shoulder and Elbow Course. Montreal, QC; Feb 2023 (Instructor)
- Developing an In-Flight EAP: Preparing for Medical Emergencies In-Flight. Pro Sports EMS. Las Vegas, NV; Jan 2023 (Certification Course)
- CFL Medical / Team Physician Meeting. Las Vegas, NV; Jan 2023 (Committee Member)
- Arthrex Orthopaedic Technology & Innovation Forum. Naples, FL; Jan 2023 (Invited Faculty)
- Canadian Sports and Arthroscopy Meeting. Clearwater, FL; Dec 2022 (Instructor)
- Dalhousie University Live Surgery Instruction – Distal Tibial Allograft for Glenoid Bone Loss (Arthroscopic Screw Fixation). (Virtual Instructor Ivan Wong) Halifax, NS; Dec 2022
- National Capital Orthopaedic Association Annual Meeting. Montebello, QC; Nov 2022
- OOA 2022 Annual Meeting. Toronto, ON; Nov 2022 (Instructor/Expert Panelist)
- COA 2022 Annual Meeting. Quebec, QC; June 2022 (Planning Committee/Instructor)
- Current Trends in Orthopaedic Surgery. Sicily, Italy; May 2022 (Instructor)
- CFL Medical / Team Physician Meeting. Montreal, QC; Feb 2022
- National Capital Orthopaedic Association Annual Meeting. Montebello, QC; Nov 2021
- Peer Support Training, University of Ottawa, Dr. Jo Shapiro. Ottawa, ON – Oct and Dec 2021

- COA 2021 Annual Meeting. Virtual, June 2021 (Planning Committee)
- Stanford University wellMD Health and Wellness Director Course (virtual); Feb-May 2021
- CFL Medical / Team Physician Meeting (virtual) May 2021
- CFL COVID-19 Vaccine Education Session (virtual) May 2021
- Clearwater Sports and Arthroscopy Update Course (virtual), Dec 2020 (Instructor/Planning committee)
- National Capital Orthopaedic Association Annual Meeting. Montebello, QC. Nov 2019
- COA 2020 Annual Meeting (virtual); June 2020 (Instructor)
- Canadian Shoulder and Elbow Society - Shoulder and Elbow Course. Ottawa, ON; Feb 2020 (Instructor)
- CFL Medical / Team Physician Meeting. Toronto, ON; Feb 2020
- COA 2019 Annual Meeting. Montreal, QC; June 2019 (Instructor)
- CFL Medical / Team Physician Meeting. Montreal, QC; Jan 2019
- Canadian Shoulder and Elbow Society - Shoulder and Elbow Course. Calgary, AB; Jan 2019 (Instructor)
- Clearwater Sports and Arthroscopy Update Course. Clearwater, FL; Dec 2018 (Instructor)
- National Capital Orthopaedic Association Annual Meeting, Mont-Tremblant, QC; Nov 2018
- OOA Annual Meeting. Toronto, ON; Nov 2018 (Instructor)
- COA 2018 Annual Meeting. Victoria, BC; June 2018 (Instructor)
- Current Trends in Orthopaedic Surgery. Loire Valley, France; May 2018 (Instructor)
- Arthrex Sport Medicine Team Physician Meeting. Naples, FL; Feb 2018
- Canadian Shoulder and Elbow Society - Shoulder and Elbow Course. Ottawa, ON. Feb 2018 (Instructor)
- National Capital Orthopaedic Association Annual Meeting. Montebello, QC. Nov 2017 (Co Chair)
- COA 2017 Annual Meeting. Ottawa, ON; June 2017 (Co Chair / Instructor)
- Canadian Academy of Sports and Exercise Medicine (CASEM) Junior Hockey Course. Mont-Tremblant, QC; June 2017 (Instructor)
- PanAm Sports Medicine Shoulder Arthroscopy Course. Winnipeg, MB; March 2017 (Instructor)
- Canadian Shoulder and Elbow Society - Shoulder and Elbow Course. Calgary AB, Feb 2017 (Instructor)
- National Capital Orthopaedic Association Annual Meeting, Montebello, QC; Nov 2016 (Co Chair)
- Lima Corporate Comprehensive Shoulder Course, University of Calgary. AB; Oct 2016 (Instructor)
- Canadian Shoulder and Elbow Society Subspecialty Day. Quebec City, QC; June 2016
- COA 2016 Annual Meeting, Quebec City, QC; June 2016 (Instructor)
- ASES Subspecialty Day. Orlando, FL; March 2016
- AAOS Annual Meeting. Orlando, FL; March 2016
- CSES Shoulder Course. Ottawa, ON; Feb 2016 (Co Chair / Instructor)
- Clearwater Sports and Arthroscopy Update Course. Clearwater, FL; Dec 2015 (Instructor)
- National Capital Orthopaedic Association Annual Meeting. Montebello, QC; Nov 2015 (Co Chair)
- COA 2015 Annual Meeting. Vancouver, BC; June 2015
- CSES Shoulder Course. Ottawa, ON; Feb 2015 (Instructor)
- National Capital Orthopaedic Association Annual Meeting. Montebello, QC. Nov 2014 (Co Chair)
- International Shoulder Meeting. Shanghai, China, Oct 2014 (Guest Speaker)
- COA 2014 Annual Meeting. Montreal, QC. June 2014
- 9th Biennial AAOS/ASES Shoulder and Elbow Meeting. Orlando, FL; April 2014
- 2nd Spanish International Arthroscopy (AEA) Meeting. Seville, Spain. April 2014 (Instructor)
- JOINTS Shoulder Course. Ottawa, ON; Jan 2014 (Instructor)
- Clearwater Sports and Arthroscopy Update Course. Clearwater, FL; Dec 2013 (Instructor)
- COA 2013 Annual Meeting. Winnipeg, MB; June 2013 (Moderator/lecturer)
- AOSS Annual Meeting. Chicago, IL; March 2013
- 8th Biennial AAOS/ASES Shoulder and Elbow Meeting, Miami, Florida, May 2012
- Sarasota Arthroscopy Update Course. Sarasota, FL; Oct 2011 (Instructor)
- COA 2011 Annual Meeting. St. Johns, Nfld, June 2011 (Instructor)
- COA 2010 Annual Meeting. Edmonton, AB; June 2010 (Instructor)
- Arthrex Masters Shoulder Course. Montreal, QC; May 2010
- 7th Biennial AAOS/ASES Shoulder and Elbow Meeting. Miami, FL; Apr 2010
- Research Investigator Training Program. University of Ottawa, ON; Nov 2009
- National Capital Orthopaedic Association Annual Meeting. Montebello, QC; Nov 2009
- Occupational / Environmental Medical Association of Canada 27th Annual Meeting. Ottawa; Oct 2009
- COA 2009 Annual Meeting. Whistler, BC; July 2009 (Presenter)
- University of Ottawa Upper Extremity Course. Ottawa, ON; May 2009

- American Academy of Orthopaedic Surgeons Annual Meeting. Las Vegas, Nevada; Feb 2009
- 6th Biennial AAOS/ASES Shoulder and Elbow Meeting. Orlando, FL; Apr 2008
- Global Symposium on Tissue Regeneration in the Shoulder and UE. Chicago, IL; Sept 2007
- Clinical Concepts in Shoulder Arthroplasty; London, ON; Sept 2007
- 8th Annual AAOS/AOSSM Sports Medicine Course. Steamboat Springs, CO; Mar 2007
- AANA, Masters Experience – Shoulder Arthroscopy. Rosemont, IL; Sept 2006
- Advanced Surgical Techniques: Hip Resurfacing. University of Ottawa, Ottawa ON; Aug 2005
- AO Basic Principles and Techniques of Operative Fracture Management. Toronto, ON; Nov 2004
- The COA 2004 Annual Basic Science Course. Ottawa, ON; Nov 2004

j) MEMBERSHIP

INTERNATIONAL

- 2016-pres Associate Member, American Shoulder and Elbow Surgeons (ASES)
- 2006-2016 Fellow / Candidate Member, American Shoulder and Elbow Surgeons (ASES)
- 2001-pres International Member, American Academy of Orthopaedic Surgeons (AAOS)

NATIONAL

- 2012- pres Member, Arthroscopy Association of Canada (AAC)
- 2008- pres Executive Member, Canadian Shoulder and Elbow Society (CSES)
- 2001- pres Member, Royal College of Physicians and Surgeons of Canada (RCPCS)
- 2001- pres Member, Canadian Medical Association (CMA)
- 2001- pres Member, Ontario Medical Association (OMA)
- 2001- pres Member, College of Physicians and Surgeons of Ontario (CPSO)

k) COMMUNITY EVENT PARTICIPATION AND VOLUNTEER ACTIVITIES

- **Volleyball Nations League (Professional) – Volunteer Event Physician / Orthopaedic Surgeon**
TD place, Ottawa ON. June 2018, June 2019, June 2022, June 2023, June 2024
- **Women’s International Rugby Tournament, Pacific Four Series – Volunteer Orthopaedic Surgeon (New Zealand, Australia, USA, Canada)**
TD Place, Ottawa ON, July 2023
- **Canadian Orthopaedic Association (COA) Annual Mentorship Program – Invited Mentor**
COA Annual Meeting, Calgary AB, June 2023
- **LPGA (Ladies Professional Golf Association), Canadian Pacific Women’s Open-Volunteer Course Physician / Medical Committee**
Ottawa Hunt Club Golf Course, Ottawa ON. August 2022
- **Mavericks Volleyball Club, Volunteer Team Trainer**
Ottawa ON. 2017, 2018, 2019, 2022
- **NorAm Alpine Ski Race Series – Volunteer Race Physician**
Mont Ste-Marie Ski Resort, Lac-Ste-Marie QC, January 2019
- **LPGA (Ladies Professional Golf Association), Canadian Pacific Women’s Open-Volunteer Course Physician**
Ottawa Hunt Club Golf Course, Ottawa ON. August 2017
- **Ice Cross Downhill 2017 World Championship, RedBull Crushed Ice – Volunteer Race Physician**
Ottawa ON, March 2017
- **University Alpine Ski Giant Slalom – International Ski Federation (FIS) – Volunteer Race Physician**
Mont Ste-Marie Ski Resort, Lac-Ste-Marie, QC, February 2017
- **University of Carleton Men’s Varsity Football – Volunteer Team Physician Game Coverage**
Carleton University, Ottawa, ON. October 2016

- **Ontario Race Physicians Safety Team: Toronto Molson Indy Professional Race Series – Volunteer Track Physician**–. Emergency Response Physician responsible for the immediate medical attention, fire protection and safe vehicle extraction of drivers. Toronto, ON, 2003
- **Ontario Race Physicians Safety Team: Mosport International Raceway – Volunteer Race Physician** Toronto, ON, 2003

Supporting documents and written references available on request