



# OTTAWA ORTHOPAEDICS QUARTERLY

Let us *Move You!*  
Notre vie n'est que *mouvement!*

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**“The best way to predict the  
future is to create it.”**

~Abraham Lincoln



Paul E. Beulé MD FRCS  
Head, Division of Orthopaedic Surgery  
University of Ottawa

It is with great sadness that we share the news of the passing of **Dr. Michael Cochran, PGY-5**, after battling with a chronic illness. Our condolences go out to his family, three young children and friends. Mike will be remembered for his excellent patient care, good nature and kindness towards all. Thank you to all of you who supported him through the years here in Ottawa!

Congratulations to our PGY-5 residents for successfully passing their Royal College examinations! May I say how appropriate that the **Jacques Robichon Award** was presented to **Dr. Karl-André Lalonde**, Program Director, who throughout this pandemic has kept our residency program energetic and productive.

A big thank you once again to **Dr. George Grammatopoulos** and our **Research Team** for making our annual Hans K. Uthoff Research Day a great success where the quality of our research shines on the world stage.

New and “old” staff arrivals! A huge welcome back to **Dr. Braden Gammon**, one of the premier hand/wrist surgeons in the country! **Dr. Gammon** will be leading our new Orthopedics Biomechanical Laboratory... more information to follow. **Dr. Simon Garceau** has joined our Adult Reconstruction Team with a focus on primary hip and knee replacements as well as the management of periprosthetic joint infections. **Dr. Garceau** will be based at the General Campus as well as our outpatient joint program at the Hawkesbury & District General Hospital. **Dr. Mazen Ibrahim** has joined the PJI basic science research team as well as providing clinical support in the OR. *Bienvenue à l'équipe!*

We welcome once again this year fellows from around the world: France, Belgium, Netherlands, USA, Canada, Saudi Arabia, which reflects our strong clinical programs and high-level quality of care.

Farewell to our friend and colleague **Dr. Ken Kontio**. Thank you for your excellent care, teaching and leadership for two decades.

This pandemic has led us to re-examine how to best deliver health care as well as working with one another. It has taken a toll on our allied health care professionals as well as highlighting the continued plight of our minorities and more specifically of our indigenous population. Hence, I felt it would be timely to highlight our long-standing relationship between the **Ottawa Orthopaedic Program and the Nunavut region** initiated by our former Chair, **Dr. Alan Giachino**.

As we enjoy the last few weeks of the summer, through our individual dedication and team effort, we completed yet another very successful and rewarding year despite the ongoing COVID pandemic. Having said that, it is important to acknowledge how disruptive this pandemic has been to our professional and personal lives having to adjust our expectations and how we do things: *ever changing clinical schedules, lockdowns*. The words of the greatest American President, Abraham Lincoln, as he persevered to save the Union, are as relevant today as they were during his time.

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## Nunavut Orthopaedic Program



Figure 1

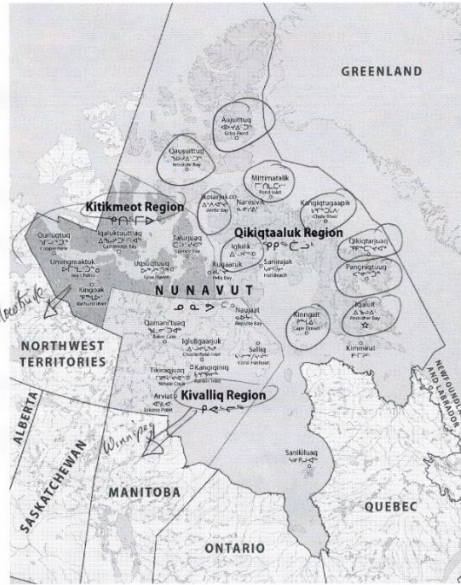


Figure 2

In 1997, under the leadership of **Dr. Alan Giachino** (Head of Orthopaedics) and **Dr. William Keon**, Chair of Surgery, it was agreed to encourage all the Baffin region emergency and elective surgical treatment to move from Montreal to Ottawa. The medical group did the same. This was two years before that area actually became Nunavut (figure 1). Nunavut has become a growing community and has now become larger than the Yukon. The map in figure 2 shows how Nunavut is divided into three sections with respect to travelling south. There is no orthopaedic surgeon permanently in Iqaluit but there is a full-time general surgeon.

  
**"Nunavut has become a growing community and has now become larger than the Yukon."**



Pangnirtung Fjord



ER in Pond Inlet



Nursing Station in Pond Inlet

Since then, hundreds of patients with musculoskeletal disorders have been assessed and treated by our group of orthopaedic surgeons including some of our famous alumni, **Drs. Warren Castle and Hans K. Uthhoff**. We were the first to go to all the hamlets on Baffin Island. By going to each community where we saw approximately 80 patients, we would save costly visits for the patients to go to Iqaluit (plane flight, accommodation) and avoid disruptions in the family as the mothers would not need to leave their children.



Dr. Warren Castle



Drs. Warren Castle and Alan Giachino  
Hip Hip Hooray Orthopaedic Walk



Dr. Warren Castle



Dr. Hans K. Uthhoff

We usually went up north three times a year as we found out that in the summer, Inuits preferred to venture on the land rather than staying at home to see a doctor. Our ten-day stay started with a two-day visit of one or two communities which could only be reached by small planes. It was followed usually by five days in Iqaluit. Each community has a nursing station led by outstanding, competent and devoted nurses. Our working day started at 0800, patients were scheduled every 20 minutes. Lunch breaks in Iqaluit were taken at the hospital cafeteria whereas in the settlements, we had to buy our supplies at the Northern Stores (always more expensive than down south). After the afternoon session, we would have dinner around 1700-1800 at the excellent restaurants in Iqaluit.

A few words about **Dr. Warren Castle** who was initially trained as a physiatrist at the University of Toronto but after further training at Vanderbilt University became an orthopaedic surgeon with a specialty in hand surgery. He ultimately gravitated towards joint replacement surgery and was our residency program director from 1983 to 1993. He was instrumental in establishing the *Hip Hip Hooray* fundraising event in Ottawa. For those who had the chance to be in the OR with him, he demanded perfection while still maintaining a joyful environment inquiring about our favourite movies or pastimes.

The program has grown all subspecialties coming from both The Ottawa Hospital and CHEO and is now able to provide outpatient surgeries. For those requiring joint replacement surgeries, **Dr. Robert Feibel** is instrumental in organizing the delivery of that care. The problems that are sent south for the surgical domain are the problems that you can imagine. The main problem that we saw was related to the knee joint and this was because nearly 100% of the Inuit population has major varus knee problems. Not only is the area becoming increasingly important both for national and international security interests, as the populace continues to grow dramatically, the need for orthopaedic care is growing as well.

**Dr. Alan Giachino** continues to have a personal connection as his son has piloted the ATR's across all regions and now flies a 737 up to Iqaluit. Thank you to all who have facilitated the orthopaedic care for these patients.



From left to right: Drs. Alan Giachino and Karl-André Lalonde



Iqaluit Airport

# The Annual Hans K. Uthoff Research Day was held virtually on June 4, 2021 with Visiting Professor, Dr. Jay D. Keener, from Washington University in St. Louis



**Dr. Keener** is a Professor of Orthopaedic Surgery at Washington University. He is currently the Chief of Service for the Shoulder and Elbow subspecialty, Washington University, Department of Orthopaedic Surgery. Dr. Keener has served as faculty at Washington University for 15 years.

The focus of his research relates to the natural history of degenerative rotator cuff disease and clinical outcomes for rotator cuff and shoulder arthroplasty surgeries. In 2014, Dr. Keener, along with Drs. Yamaguchi and Teefey, received the Kappa Delta Ann Doner Vaughan Award for their collaborative efforts in research related to rotator cuff disease. Dr. Keener is actively involved in resident and fellowship education and has received numerous awards related to his teaching efforts.

## Congratulations to all abstract award winners!

### Resident Papers



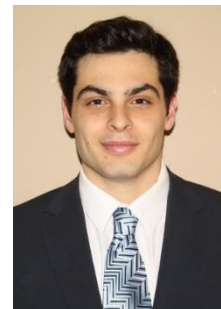
**First prize – Stephanie Coupal MD**

*“Intra-operative Channeling in Arthroscopic Cuff Repair: A Randomized, Controlled Trial”*

**Second prize – Amedeo Falsetto MD**

*“Patient Specific Cup Orientation Can Be Achieved by Integrating the Combined Sagittal Index Further Minimizing Risk of Dislocation”*

Congratulations to Dr. Falsetto on being awarded the first prize as well at the Research Symposium - McMaster University Resident Research Day!



### Poster



**Mazen Ibrahim MD, PhD**

**Recipient of the 2020-2021 Hans K. Uthoff MD FRCSC Graduate Fellowship**

*“Establishment of a Reliable Biofilm Based Periprosthetic Joint Infection Rat Model”*

## ***Fellow Papers – It’s a tie for first place!***



***Niall McGoldrick MD***

*“Radiographic Predictors of Fracture Associated with Using a Short Cementless Stem Inserted Through the Anterior Approach”*

***Ana Alfonso Fernández MD***

*“Diagnostic Accuracy of Synovial Biopsy for Implant-Related Shoulder Infections”*



## ***Student Paper***



***Erik Kowalski PhD Candidate***

**Recipient of the 2020-2021 Hans K. Uthoff MD FRCSC Graduate Fellowship**

*“Gait Variability before and after Total Knee Arthroplasty: A Comparison of Medial Pivot and Posterior Stabilized Implants”*

## **Congratulations to all Division of Orthopaedic Surgery annual award winners!**

### ***Jacques Robichon Award for Exemplary Service Recipient***

***Karl-André Lalonde MD, MEd, FRCSC***



*Drs. Paul Beaulé and Karl-André Lalonde*

**Staff Teaching Award Recipient**

**Geoffrey Wilkin MD, FRCSC**



*Drs. Paul Beaulé and Geoffrey Wilkin*

**Resident Teaching Award Recipient**

**Brendan Swift MD**



*Drs. Paul Beaulé and Brendan Swift*

**Merv Letts Award Recipients (best Orthopaedic in-training exam scores)**

**Alexandra Bunting MD and Amedeo Falsetto MD**



*Drs. Alexandra Bunting, Paul Beaulé, Amedeo Falsetto*

**Anatomy Cup Recipient (best anatomy exam score)**

**Alexandra Bunting MD**



*Drs. Karl-André Lalonde and Alexandra Bunting*

**Andry Nicholas Sports Trophy Recipient**

**Marie-Claude Magnan MD**



**Let us Move You Team Award Recipients**

**Clinical Care Team**



*Kelly Lafontaine RN, Kathryn Bickerton RN, Nadia Balaa MD, Natasha Casey PA, Daniel Etarsky MD, Maeghn Green RN, Mazen Younes MD*

## Best Edmodo Scores

Faculty member: **Geoffrey Wilkin MD, FRCSC**

Resident: **Alenko Šakanović MD**



*Drs. Alenko Šakanović, Paul Beaulé, Geoffrey Wilkin*

## Retirement of Patient Relations Specialist Leslie Patry

The Division of Orthopaedic Surgery gave a gratitude award pin to **Leslie Patry** to thank her for her excellent work and support dealing with difficult/delicate issues involving patient care in Orthopaedic Surgery.

Here are a few words from Leslie:

*"Dear Dr. Beaulé and the entire Division of Orthopaedic Surgery,*

*I wish to thank all of the staff and physicians in the Division of Orthopaedic Surgery, for the honor of receiving this Gratitude Award Pin. I am very humbled and touched by your kind words. I will be forever grateful to have had such a wonderful opportunity to work with this team of incredible professionals.*

*I have included a photo with the pin. To inspire me during my training and runs, I carry with me a few special mementos in my running vest. This Gratitude Award Pin will now be taken along on all my runs and will help to "keep me going when the going gets tough." To celebrate my retirement, I will be running my 10<sup>th</sup> marathon, a virtual marathon in October. (I am running the virtual Boston Marathon that has been opened up to 70,000 runners of all abilities, to celebrate their 125<sup>th</sup> anniversary).*

*Thank you once again for this very special recognition. Merci beaucoup. Sincerely, Leslie"*





## New addition to the Orthopaedic family!

**Meaghan Dufresne**, Clinical Research Coordinator, and her husband Phil, welcomed their beautiful baby boy, Ivan, on June 17<sup>th</sup> at 4:00 am! All are doing very well and adjusting to their new (tiring) lifestyle!



## CQI corner with Dr. Randa Berdusco



### Tips for Reducing Patient Complaints in Orthopaedic Care

Be proactive – inquire about patient’s state/satisfaction with care.

Listen and address concerns individually in a timely manner.

Set realistic expectations (ex. regarding recovery, wait times in clinic).

Open communication and positive interpersonal skills.

Identify their goals and accommodate - patients are most satisfied when outcomes of their care/surgery align with their goals.

Provide safe space and time for patients to voice their concerns during appointments visits.

Patients who feel “rushed” are more likely to have outstanding questions and submit complaints.

**Remember** - the key principle is prevention! All patients have the potential to complain but by addressing expectations from the outset, you can avert many issues.



## Farewell to Dr. Ken Kontio



**Dr. Kontio** will be leaving us at the end of August to take on a new challenge in the Middle East where he will be joining the staff at the Sheikh Khalifa Medical City Hospital in Abu Dhabi, UAE. Dr. Kontio has been at CHEO since 2002 and we will miss him.

Dr. Kontio did his undergraduate training, residency, and Sports Medicine fellowship at McMaster University in Hamilton. This was followed by a year as an orthopaedic fellow at CHEO before briefly taking a staff position at the University of Western Ontario in July 2001. Ken saw the light in July 2002 and returned to CHEO/University of Ottawa to join us on the academic staff and has been with us for nearly 20 years.

During his time at CHEO, Dr. Kontio has been active and ever present. Although his main focus was Sports Medicine, he obtained special training in clubfoot with Dr. Ponseti in Iowa and also did a mini-fellowship with Dr. Dror Paley at the International Center for Limb Lengthening. He was the CHEO's team go to person for the most complex and challenging limb deformities.

Dr. Kontio is inquisitive, always asking questions, and always challenging dogma but he is also an excellent teacher. He was presented with the Orthopaedic Staff Teaching Award in 2007 and also received the designation of "University of Ottawa – Distinguished Teacher". For the past three years, Dr. Kontio served as Chief, Division of Orthopaedic Surgery at CHEO, and guided us through many challenges, including a pandemic, while at the same time recruiting and expanding the Division.

Whether playing CHEO pick-up hockey, extolling the virtues of the sauna, or exclaiming "you're killing me" in the OR, Dr. Kontio always brings his joy and exuberance of life. It is probably this infectious enthusiasm, loved by patients and colleagues alike, that we shall miss the most.

We are sad to see them go but also excited for them as Ken, Ginette, and their daughter Seija embark on their great new adventure!

## Introducing our new faculty members



### ***Simon Garceau MDCM, FRCSC***

**Dr. Garceau** is an orthopaedic surgeon specializing in primary and revision hip and knee replacement surgery. Having grown up in Quebec City, he is proficient in both French and English. Dr. Garceau completed his medical training at McGill University where he also met his wife. Dr. Garceau then moved across the country to complete an orthopaedic surgery residency at the University of British Columbia in Vancouver.

Having developed an interest in arthroplasty, he pursued further training specializing in complex primary and revision joint replacement surgery at Mount-Sinai Hospital in Toronto. Subsequently, he then completed a second fellowship in adult joint reconstruction in New York City at NYU Langone and the Insall-Scott-Kelly Institute before returning to Canada. Dr. Garceau has a heavy interest in hip and knee arthroplasty research and has been the recipient of several awards in this regard.

Dr. Garceau proudly joins The Ottawa Hospital's orthopaedic surgery team. The focus of his practice will be primary, complex and revision hip and knee arthroplasty. He will be joining a multidisciplinary team focusing on improving the care of patients suffering from periprosthetic joint infections.

### ***Alicia Kerrigan MD, MSc, FRCSC***

**Dr. Kerrigan** completed her BSc at McGill University followed by her MD training at Western University in London, Ontario. She then completed her five years of orthopaedic surgery residency at Western University. During her orthopaedic residency, she successfully completed a Masters of Science in Surgery degree, focusing on upper extremity biomechanics. After graduating from Western University, Dr. Kerrigan completed a one-year pediatric orthopaedic surgery fellowship at the Children's Hospital of Eastern Ontario in Ottawa.



Dr. Kerrigan now proudly joins CHEO's fantastic pediatric orthopaedic team. Her areas of interest include adolescent sport injuries, patellofemoral disorders and complex limb deformity correction. She looks forward to joining the prestigious faculty at the University of Ottawa Division of Orthopaedic Surgery.



### ***Mazen Ibrahim MD, PhD***

**Dr. Ibrahim** has joined the University of Ottawa Orthopaedics Division at the rank of assistant professor after completing his medical and orthopaedic training at Mansoura University in Egypt and fellowships in both pediatric and adult reconstruction in Bern, Switzerland, Singapore, Philadelphia and Ottawa. He is currently completing his Masters of Science in Microbiology and Immunology at the Faculty Medicine focusing on bio-film formation in PJI.

Dr. Ibrahim will be working in close collaboration with **Dr. Abdelbary** and the **PJI Team**. He is blessed with a beautiful family, his wife Hend and three sons, Omar (16 years old), Yehia (12 years old) and Yassen (8 years old), who all dream of becoming professional soccer players!





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## A warm welcome to Zina Sabir, Research Assistant for Pediatric Spine at CHEO

Zina has recently completed a four-year Honours Bachelor of Health Sciences degree at the University of Ottawa. During her studies, Zina was involved in a variety of research activities and labs within the sciences and social sciences department.

In addition to research, Zina is passionate about making a difference and raising awareness within her community. This led her to start her own non-profit organization at the University of Ottawa known as Cure the Curve which aims to raise awareness about scoliosis and its life

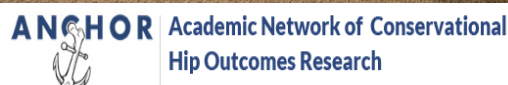
changing symptoms. This is achieved by fundraising events to help promote research about the main causes of scoliosis and improve the latest treatments available.

Zina's other passions include fitness, walking the dog, and finding different trails to hike with friends and family. She is extremely excited to join the Orthopaedics Division at CHEO and is looking forward to connect with the team!

## Our congratulations to all grant recipients!

Funding Agency	Principal Investigator	Title	Amount Awarded
CIHR Spring 2021 Project Grant	Dr. P. E. Beaulé Dr. G. Grammatopoulos Dr. G. Wilkin Dr. K. Smit Stéphane Poitras PhD Gerd Melkus PhD	Periacetabular Osteotomy with or without Arthroscopic Management in Patients with Hip Dysplasia: A Multicenter Randomized Controlled Trial	\$669,376.00
PSI Foundation	Dr. N. Alves Batista Dr. G. Grammatopoulos	Characterizing the Spino-pelvic Movements that Occur in Young Adult Hip Pathology	\$29,500.00
PSI Foundation	Dr. A. AlDuwaisan Dr. H. Abdelbary	Investigating the Feasibility of Using Bacteriophages as a Potential Therapeutic Agent for Patients with Periprosthetic Joint Infections	\$29,500.00

A few words about our recent CIHR grant which would not have been possible without the involvement of the ANCHOR group led by **Dr. John Clohisy** from Washington University, St-Louis.





## General Campus



### Welcome to Susan Saulnier, new Clinical Manager on 6 North East

**Susan** graduated from the University of New Brunswick in 2006 and began her nursing career at the Dr. Everett Chalmers Regional Hospital in Fredericton on a medicine/palliative care unit.

After a short stay in Regina, Susan moved to Ottawa where she began her career at The Ottawa Hospital in 2008 as a clinical nurse on 5NE. In 2013, Susan joined the Transitional Care Unit team on 4W as the Care Facilitator and transitioned to the Clinical Care Leader role later that year.

In 2017, she became the Clinical Manager of 4W. During wave 1 of the pandemic, Susan was seconded to long term care where she provided leadership support. Upon her return, she began her new role as Clinical Manager of Ward A (Spinal Cord Injury/Amputation Unit) at The Rehabilitation Centre. She is currently also the Clinical Manager of Ward C (Acquired Brain Injury Unit).

Susan has taken on many leadership roles during her career at The Ottawa Hospital. She has completed Management Foundations and Leadership Academy.

## Civic Campus

### Kelly Lafontaine accepts the Clinical Manager's position on D7

**Kelly** began her career at The Ottawa Hospital in Emergency as a staff RN. She joined the Clinical Management team in 2013 as CCL on 8 West CTU Medicine unit. From there, she continued as Clinical Care Leader on 6NE, Inpatient Orthopaedics and became Clinical Manager in 2019. Kelly is excited to continue her career in Inpatient Orthopaedic Surgery at the Civic Campus.



OWN at The Ottawa Hospital is as busy as ever. We received our scorecard from WSIB and we ranked #1 in back and neck, #4 in lower extremity and #2 in upper extremity out of all the providers in Ontario. We are currently working at improving the quality of the care we provide as well as managing length of stay (LOS) in the program with several different initiatives.

We are in the process of developing an integrated pain rehabilitation program to provide patients with tools to manage pain in a functional setting. We have added a psychology lead to help us navigate through the mental health challenges of our patients and will be adding a pharmacist to our team in September to help our patients manage polypharmacy. We have also teamed up with The Ottawa Hospital pain clinic to utilize unfunded time to provide quick access to pain procedures for our patients. The fall is looking exciting and full of new initiatives and challenges.



## Congratulations to our graduating PGY-5's!



*From left to right: Drs. Karl-André Lalonde, Program Director, Massimo Petrera, Amedeo Falsetto, Mohammad AlSaqabi, Alexandra Bunting, Matthew Coyle, Alenko Šakanović, Paul Beaulé, Division Head*



*Dr. Youjin Chang*

# IN MEMORIAM



**Dr. Michael Cochran**

**July 17, 1982 - August 6, 2021**

*“Mike was from Salisbury, New Brunswick. Prior to medicine, he had completed a chiropractor degree and started a small chiro firm with his twin brother Matt, who is also a chiropractor. He got into medical school shortly thereafter and then decided to pursue Orthopaedics with hopes of returning to the Moncton area to continue to serve his community.*

*Mike always made time for a call with his kids. He would always make sure to FaceTime them to say goodnight if stuck on call or at any event. Mike was either working in Ottawa or making the 13-hour drive home to sneak as much time with his three children Jacob, Audrey and Emma. Mike’s greatest joy was showing us all the videos of his kids excelling at sports... and maybe a video or two of Jacob on his first ATV.*

*Mike’s presence was immense. He always had captivating stories to tell and when you got him going, he could laugh for hours. Mike excelled in Ortho. He definitely was the best arthroscopist of the bunch and he made sure we knew that!*

*It is hard to think of what he has left behind but we will always remember him for his love for his family and his plans for Salisbury. “*

**Drs. Matthey Coyle and Alenko Šakanović**

[Michael Cochran | Obituary | Telegraph Journal](#)





## Introducing our fellows...



### ***Dr. Louis-Philippe Baisi MD, FRCSC, Hand and Wrist Fellow***

**Dr. Baisi** was born and raised in Ottawa. He obtained his undergraduate degree in Human Kinetics at the University of Ottawa. Prior to attending medical school at the University of Ottawa in the “*volet francophone*”, he spent a winter working as a ski instructor at Whistler-Blackcomb.

Dr. Baisi completed his residency training at McMaster University. He is very pleased to have completed a shoulder and elbow surgery fellowship this past year with Drs. Peter Lapner and J Pollock. None of this would have been possible without the love and support of his wife Julie. He is a very proud father of two daughters, Laurence-Madeleine and

Marie-Juliette, who are 8 and 4 years old. Dr. Baisi enjoys camping, skiing, hanging out with family, movies and telling dad jokes. He looks forward to spending another year in Ottawa working with Dr. Braden Gammon.

### ***Dr. Jonathan Doyon MDCM, FRCSC, Shoulder and Elbow Fellow***

**Dr. Doyon** is one of the two new upper extremity fellows working with Dr. Lapner and Dr. Pollock. He was born and raised in *La Belle Province*, where he inherited his charming, yet occasionally incomprehensible accent.

Dr. Doyon received his medical degree from McGill University in 2016 prior to moving to Toronto to complete his orthopaedic surgery training. There, he was honoured to represent his Division as Chief Resident in the 2019-2020 academic year. Dr. Doyon's research interests focus on improving the efficiency and quality of care of patients that suffer from upper extremity pathologies or traumatic injuries, as well as improving the delivery of medical education at all levels of training.



If not at home or at the hospital, you will most likely find Dr. Doyon sampling the local coffee scene or on hiking trails. Dr. Doyon is thrilled to start his two-year journey in Ottawa with his better half, Diane, and his newborn daughter, Mathilde. He will indeed be continuing his training with a fellowship in Orthopaedic Trauma at the Civic Hospital in 2022-2023.

*Au plaisir!*



### ***Dr. Maitham Yousuf MD, Musculoskeletal Oncology Fellow***

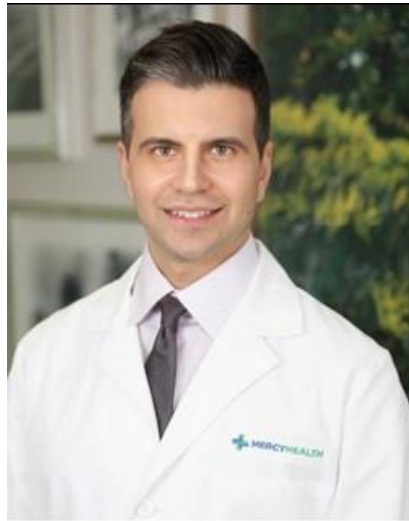
**Dr. Yousuf** was born and raised in Muscat, the capital city of the Sultanate of Oman. He graduated medical school from Oman Medical College and completed his residency training in Muscat.

Outside of medicine, Dr. Yousuf is a well-known filmmaker. He started his filmmaking career after turning heads with his videos in the early days of YouTube. He went on to write and direct six short films that won a total of 17 awards in film festivals around the world.

Dr. Yousuf plans to join his family next year in Australia and do another year of musculoskeletal oncology in Sydney. After the fellowships, he plans on returning home to Oman and working as one of the first musculoskeletal oncologists in the country.



## Dr. Mahmoud Almasri MD, FRCSC, class of 2019, now working in Cincinnati



After completing his Doctorate in Medicine from McGill University in 2014, **Dr. Almasri** did his five-year residency training in orthopaedic surgery at the University of Ottawa, in Canada's capital, also his hometown. This was followed by a position as an Orthopaedic Surgeon and Sports Medicine fellow at the Cincinnati Sports Medicine & Orthopaedic Center, one of the first Sports Medicine training programs in the United States. While in Cincinnati, Dr. Almasri was also involved in the medical care of two major professional sports teams, the FC Cincinnati Major League Soccer Team and the Cincinnati Bengals NFL football team. After completing this fellowship, Dr. Almasri completed a comprehensive hip preservation fellowship at McMaster University, which ranks as one of the leading programs for hip arthroscopy.

Dr. Almasri has published numerous full-length scientific articles in the field of hip preservation and sports medicine. His current practice focus is specializing in hip arthroscopy, athletic hip disorders, and minimally invasive shoulder and knee surgery.

Dr. Almasri currently serves as Director for the Mercy Health Cincinnati Hip Preservation Centre and is surgical consultant for the Cincinnati Ballet. In his free time, Dr. Almasri enjoys the outdoors with his son Faris and wife Reem. He looks forward to keeping in touch and collaborating with his previous mentors and colleagues at the University of Ottawa Division of Orthopaedic Surgery!

<https://cincinnatiportsmed.com/physicians/mahmoud-almasri/>

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