



Let us Move You!  
Notre vie n'est que mouvement!

# Ottawa Orthopaedics Quarterly

From the Desk of the Chief

Vol 3 No. 2

November 2017

As our knowledge continues to progress in improving the **Quality of Care**, it is now clear that the three pillars of: *Improving Care, Patient Experience, Lower per Capita Cost* was lacking a key stakeholder. Hence the fourth pillar: *Physician Engagement*. I would encourage all of my colleagues to be present at the table in order that the interests of our patients are always represented. Recognizing physician engagement is especially important as for the last two years our Division has been implementing our Continuous Quality initiative to improve patient care and safety as well as maximizing the quality of our care. I am very pleased to announce that our **ConEHR software is now live** with our *Foot and Ankle CPU* being the first to implement. Thank you all for your efforts.



Paul E. Beaulé MD FRCS  
Head, Division of Orthopaedic Surgery  
University of Ottawa  
[www.uottawaortho.ca](http://www.uottawaortho.ca)

## DIVISION NEWS

### FOUNDERS' MEDAL – CANADIAN ORTHOPAEDIC RESEARCH SOCIETY 2017

Dr. Philippe Phan and a team of researchers (*Katharine E. Hicks, Yichen Zhao, Nader Fallah, Carly S. Rivers, Vanessa K. Noonan, Tova Plashkes, Eugene K. Wai, Darren M. Roffey, Eve C. Tsai, Jerome Paquet, Najmedden Attabib, Travis Marion, Henry Ahn, The RHSCIR Network*) were awarded this award for their work:

**“A Simplified Clinical Prediction Rule for Prognosticating Independent Walking after Spinal Cord Injury: A Prospective Study from a Canadian Multi-Centre Spinal Cord Injury Registry.”**

**BRAVO À TOUS!**



Dr. Philippe Phan

**Dr J Pollock initiates the Comprehensive Orthopaedic Service at the General Campus.** This endeavor is supported by **Dr Mazen Younes (hospitalist)** and our new Nurse Clinical Lead.



Dr. J Pollock



Dr. Mazen Younes

## ACADEMIC NEWS

### Recent publications from our Division members

Gofton W, Illicial E, Feibel R, Kim P, Beaulé P. A Single-Center Experience With a Titanium Modular Neck Total Hip Arthroplasty. *The Journal of arthroplasty*. 2017 Aug;32(8):2450-2456.

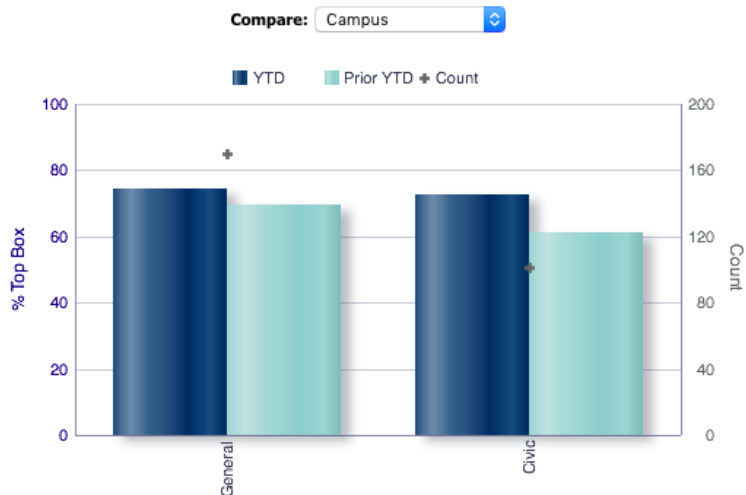
Morellato J, Louati H, Bodrogi A, Stewart A, Papp S, Liew A, Gofton W. The Effects of Varying Tension of a Suture Button Construct in Fixation of the Tibiofibular Syndesmosis-Evaluation Using Stress Computed Tomography. *Journal of orthopaedic trauma*. 2017 Feb;31(2):103-110.

Sanders D, Bryant D, Tieszer C, Lawendy AR, MacLeod M, Papp S, Liew A, Viskontas D, Coles C, Gurr K, Carey T, Gofton W, Bailey C, Bartley D, Trenholm A, Stone T, Leighton R, Foxall J, Zomar M, Trask K. A Multicenter Randomized Control Trial Comparing a Novel Intramedullary Device (InterTAN) Versus Conventional Treatment (Sliding Hip Screw) of Geriatric Hip

## Patient Experience Dashboard Most Significant Improvement

CONGRATULATIONS TO ALL!

Question (Click question below for Response Analysis)	YTD	Prior YTD	Prior Variance
51416 - Overall, do you feel you were helped by your hospital stay? Please answer on a scale where 0 is "not helped at all" and 10 is "helped completely." (Not helped at all 0 / 1 / 2 / 3 / 4 / 5 / 6 / 7 / 8 / 9 / Helped completely 10)	82.4	77.4	6.4%
51417 - Overall Rating of Experience (I had a very poor experience 0 / 1 / 2 / 3 / 4 / 5 / 6 / 7 / 8 / 9 / I had a very good experience 10)	73.4	66.2	11.0%



**Rattle me Bones (RMB)** was held on October 29, 2017 this year with over 1300 runners and 40 volunteers. Thank you to all the staff and residents for their support!



*Drs. Robert Feibel and Joel Werier*



*Dr. Caleb Netting*



*Dr. Joel Werier*



*"On your mark, get set, go!!!!"*

Fractures. Journal of orthopaedic trauma. 2017 Jan;31(1):1-8

Huang AL, Thavorn K, van Katwyk S, MacDonald P, Lapner P. Double-Row Arthroscopic Rotator Cuff Repair Is More Cost-Effective Than Single-Row Repair. J Bone Joint Surg Am. 2017 Oct 18;99(20):1730-1736. doi: 10.2106/JBJS.16.01044. PubMed PMID: 29040127.

Beaulé PE, Speirs AD, Anwander H, Melkus G, Rakhra K, Frei H, Lamontagne M. Surgical Correction of Cam Deformity in Association with Femoroacetabular Impingement and Its Impact on the Degenerative Process within the Hip Joint. J Bone Joint Surg Am. 2017 Aug 16;99(16):1373-1381. doi: 10.2106/JBJS.16.00415. PubMed PMID: 28816897.

Akanda ZZ, Taha M, Abdelbary H. Current review - The rise of bacteriophage as a unique therapeutic platform in treating peri-prosthetic joint infections. J Orthop Res. 2017 Oct 2. doi: 10.1002/jor.23755. [Epub ahead of print] Review. PubMed PMID: 28971508.

Layne EI, Roffey DM, Coyle MJ, Phan P, Kingwell SP, Wai EK. Activities performed and treatments conducted before consultation with a spine surgeon: are patients and clinicians following evidence-based clinical practice guidelines? Spine J. 2017 Sep 4. pii: S1529-9430(17)30976-2. doi: 10.1016/j.spinee.2017.08.259. [Epub ahead of print]

Jhase A Sniderman, Darren M Roffey, Richard Lee, Gabrielle D Papineau, Isabelle H Miles, Eugene K Wai, Stephen P Kingwell Treatment options for back pain provided: Canadian magazines: Comparison against evidence from a clinical practice guideline Health Education Journal

## Valerie's Flutter Foundation Fundraiser October 14, 2017

The sarcoma fundraiser was a huge success once again this year! This year's theme was "The Great Gatsby".



Dr. Kenneth Au, Dr. Joel Werier, Christopher Goneau (Valerie's father), Kristina Vogel, Johanna Dobransky, Dr. Yusra Al Mosuli, Dakota Warkentin

## FACULTY NEWS

**Dr. Sasha Carsen completes ISHA Traveling Fellowship** visiting Drs. Chris Larson in Minneapolis, Michael Dienst in Germany, Bent Lund in Denmark and Bryan Kelly in New York. Dr. Carsen had two over-arching take away points: 1) that a comprehensive view and approach to the hip joint is necessary and 2) that this can be accomplished through a number of different approaches, dependent on resources, techniques, and skills.



## TWO CHEO RESEARCH GROWTH AWARDESS OF \$30 000 EACH

**Congratulations to Dr. Sasha Carsen:** *Impact of Physical Activity on Cam Deformity*  
**and Dr Leanne Ward:** *Intermittent oral versus daily vitamin D supplementation: A pilot study in the community pediatric care setting*

## FLS (FRACTURE LIAISON SERVICE) REGISTRY ADMISSION AND RECOGNITION

Congratulations to **Dr. Paul Kim, Dr. Philippe Phan, Dr. Algis Jovaisas and Reece Bearnas** for receiving on behalf of The Ottawa Hospital a Certificate of Achievement for the admission to the Osteoporosis Canada FLS registry.

This honour of admission to the registry acknowledges Canadian Hospitals that have demonstrated a commitment to the principles of identification, investigation, initiation of treatment which will ensure fracture patients will receive the care they need to help prevent future fractures.

## CLINICAL NEWS

### **New signage** **Civic Campus**



### **General Campus**



**Chris Smeaton**, former CCL on 6NE: now the HIS Analyst for 6NE. A warm welcome to **Kelly Lafontaine** as 6NE's new CCL.

*New Orthopaedic Surgery brochure being developed for patients using crutches by*  
**Dr. Gartke and Kathryn Young**  
*from Communications*



Johanna Dobransky and Dr. Gartke

**Dr. Steven Papp MD, MSc, FRCSC**, is past President of the OOA and current Section Leader for Orthopaedic Surgery with the OMA.

**Dr. Stephen Kingwell** is in the process of obtaining his master's degree in Health Systems.

### VISITING PROFESSORS

**Annual Don Johnson Sports Medicine Visiting Professor – Dr. Laith Jazrawi, Chief of Sports Medicine at New York University Hospital for Joint Diseases**



*Drs. Don Johnson, Michael Pickell, Laith Jazrawi, Geoffrey Dervin, Allan Liew and Peter Lapner*

This two-day event included a “Table Ronde” at the Ottawa Hunt and Golf Club and a full day at the University of Ottawa Skills Simulation Centre.

**Adult Reconstruction Visiting Professor – Dr. Thomas Fehring, Co-Director of Hip and Knee Center OrthoCarolina, Charlotte, North Carolina, October 24-25, 2017**



*First row: Drs. Paul Kim, Thomas Fehring, Paul Beaulé, Geoffrey Dervin, Youjin Chang and Wade Gofton  
Second row: Drs. Michael Pickell, Alberto Carli and Hesham Abdelbary*

### RESEARCH NEWS

**Congratulations to Johanna Dobransky** for obtaining her CCRP designation (Certified Clinical Research Professional)!

**Congratulations to Drs. Gartke and Gammon for their continued efforts in improving patient experience as well as delivering excellent musculoskeletal care:**

**Dr. Kathleen Gartke received her second TOHAMO Quality and Patient Safety Grant entitled:** "Evaluating the Association between Orthopedic Surgeon Empathy Using the Consultation and Relational Empathy (CARE) Measure and Patient Experience."

**Dr. Gammon recently featured in the Stethoscope Journal for:** "His ability to listen was extraordinary, he was profoundly empathetic, and very present when he was with me."

## RESIDENT NEWS

*Drs. Meaghan Marien and Caleb Netting are this year's winners at the annual "Orthoman" competition hosted by Dr. Don Johnson, class of '73*



*Drs. Caleb Netting and Meaghan Marien*

The residents' academic year continues to fly by with the annual orthopaedic in training exam approaching as well as the research in progress day, where the hard work of the residents and entire orthopaedic research team will be presented and reviewed.

The resident group would like to formally welcome back **Shay Seth** and **Kevin Rasuli** who have successfully completed their masters. Shay completed a two-year master's degree in education here in Ottawa and Kevin completed a one year Master of Science in London, England. The resident group congratulates them and is very happy to have them back.

There are some new additions to the orthopaedic resident family! Andrew Adamczyk recently had a beautiful healthy baby girl Taylor Adamczyk. Additionally, Kamal Bali is about to welcome his second child and Caleb Netting is expecting his first! We are all very proud of our resident parents and appreciate a residency program that is accepting and accommodating to our families.



Baby Taylor Adamczyk, 7 lb 13 oz, born October 8, 2017

## ALUMNI NEWS

*Drs. McAuley and Beaulé, class of '98 are part of the 50<sup>th</sup> Hip Society Celebrations*



**Dr. Chris Carruthers, class of '73** has been named the new Chair of the Board for the Ottawa International Airport Authority. He is currently a member on the boards of Carleton University and the Mach-Gaensslen Foundation of Canada.



*Dr. Chris Carruthers*

**Alumni Challenge for our Research Chair in Regenerative Orthopedic Surgery**

*HAVE YOU MADE YOUR DONATION YET?*



**UNIVERSITY OF OTTAWA  
ORTHOPAEDIC SURGERY  
FUNDRAISING EVENT**

**What does this mean?**



**Ask your healthcare provider.**

Repair. Restore. Regenerate.



**ALUMNI PLEASE SEND US NEWS ABOUT YOU!**